

Week 7 Tip

Keep Your Body Still

When lining up your shot, it's crucial to maintain a steady body position. If you find that you need to move left or right after getting down on your shot, stand back up, reposition yourself, and then get back down. The best aiming position starts with your feet; make sure you are in line for the shot before bending down. This discipline helps build consistency and accuracy in your game. If you're unsure how much you move during your shot, ask a friend or coach to observe and show you.

The Danny Diliberto Rule

Known as the "No nonchalantin' your shots" rule, this advice emphasizes the importance of giving each shot your full attention. Treat every shot as if your "sock money" depended on it. Meaning, approach every shot seriously and with purpose. Avoid careless or casual aiming and make every attempt count.

When You Are in a Slump

If your game is off or you're experiencing a slump, focus on shooting with soft and medium strokes. Aim no more than a tip's width from center along the vertical axis. This technique can help restore your confidence and improve your game by simplifying your approach and increasing your control over the cue ball.

Practice with a Purpose

Effective practice means more than just knocking balls around the table. Come to each session with a plan. Select a specific drill or shot to work on and focus on executing it consistently. Plan your position off each shot and reshoot until you can make it reliably. Remember: "Amateurs practice until they make a shot. Pros practice until they don't miss the shot." This mindset will lead to greater progress and a stronger overall game.