

Diamond Head Clubhouse News



Diamond Head Clubhouse
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Director's Message for 2026

By: Paul



As we begin this exciting New Year, we would be remiss if we did not first reflect on 2025 and the many accomplishments that we were able to achieve, the challenges we were able to overcome, and the shortfalls that tested our resolve. I have been with Clubhouse for more than 24 years, and through the good, the bad, and the challenging, we have always given our best efforts to try and provide support and encouragement to our membership collectively and individually. The Clubhouse model is designed to create opportunities for growth and progress in the lives of its members. To ensure growth and progress for our members, as well as for our Clubhouse, all we have to do is follow and implement the Clubhouse Standards into our daily routines. When the Standards are fully integrated into any Clubhouse, often the natural outcome is growth and progress. The path to improvement is not always easy, but it is almost always worth it.

As a Clubhouse, we decided that if we wanted to start the New Year right, we should focus on cleaning and organizing. Our first social rec activity of the year involved cleaning out our storage units. In addition to organizing both the Business and Kitchen Units, members and staff also scheduled the unit retreats to reflect on 2025 and plan for 2026. It's important for Clubhouses to learn from their past, prepare for their future, but live and perform in the present. As a Clubhouse, we are evaluating our past, planning for our future, and implementing the necessary changes to ensure progress and growth in the present. I wanted to say "wish us luck," but I know with our members, our staff, and the support of our entire team, that we're going to be just fine! Imua! Let's Goooooo!! And a big Happy, Healthy, and Prosperous New Year to all! Aloha!



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Clubhouse Guarantees Its Members:

- The right of place to come to
- A right to meaningful relationships
- A right to meaningful work
- And a place to return to

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Diamond Head Clubhouse Annual Christmas Party

By: Katrina

This year, our Christmas Party was held on Friday December 19. We had such a blast! First of all, we want to thank everyone who came to support our Christmas Fair. All profit from our fundraiser was used to fund our Christmas Party, so thank you for making our holiday season merry and bright! We kicked off the celebration with some games first thing in the morning. One game involved guessing how many coins/total amount of currency was in a jar, and winner took all! The other pre-party game consisted of door prizes for random names drawn. There were many winners! As Jason and Paul were picking up the food, we started the party with festive Christmas carols and some members sure could belt out those notes! The contemporary, pop renditions were most popular so we'll remember that next year. The next game involved passing presents right to left, and vice versa, based on cue words from a story. The presents were opened and winners were revealed! It was fun to see the presents going round and round in different directions, especially when the motions failed to match the cue words! Hahaha!

At last, the food arrived. Our delicious line up included the following: white rice, ginger chicken fried rice, tossed salad, fruit salad, crab potato mac salad, char siu chow mein, roast pork, kalbi, barbecue chicken, char siu, meat jun, and a variety of Korean veggies. For dessert we had pecan pie, custard pie, and a variety of cookies. We had a large turnout and no one left with empty stomachs! Members, staff, and volunteers reveled in the holiday atmosphere full of laughter, friendship, warmth, and joy!

After lunch, kanak attack overtook many who went home for a nap, but those who stayed to participate in the games were experiencing non-stop winning streaks! Boisterous laughter and energetic cacophony could be heard from the conference room as members and staff participated in Anna's table pong game and Esther's Pictionary game. Everyone who stayed ended up a winner!

We would like to thank everyone who made this possible, especially for all your support throughout the year. Because of all the hard work, we were able to play hard this Christmas! We hope you had a fun and safe holiday season and we wish you a healthy, prosperous, and joyful 2026. Aloha!





My Reflections for 2025 and Resolutions for 2026

By: The Members and Staff at the Diamond Head Clubhouse

As 2025 comes to a close, our Clubhouse as a whole, along with the individual units (Business and Kitchen) have been reflecting on the past year's accomplishments and looking forward to our 2026 goals. 'Tis the season, so it is only fitting that members and staff reflect on their own personal goals. Similar to the Gratitude Box for Thanksgiving, Alika created a Resolutions & Reflections Box for members and staff to submit their personal contributions to this newsletter:

Sandra: I will keep going to the Program and I will keep writing the newsletter and poems. Write to my friends and call my friends.

Loreal: To exercise more and eat healthier.

William: Smoke less cigarettes plus stay stable.

Wayne: Keep coming to Clubhouse.

Leighanne: Attend Clubhouse more often and volunteer for more chores.

Danny: Be healthy.

Gary: To kick the habit. I remember watching TV and they showed how to kick the habit.

Anonymous: Be more healthy.

Shardeh: 1) Manage my money; 2) Never stop walking; 3) Try to be more sociable.

Darrell: Quit smoking. More Clubhouse.

Tyler: Fulltime job, three year to two year degree, and get off the drugs!!!!

Fred: Cut down on candy and sweets. Have a better diet.

Anonymous: To lose weight.

Queenie: My New Year's Resolution is to always be honest, open minded, and willing. Recovery is important. Sobriety is always goal. As I reflect on Year 2025, so many blessings, friends, family, fun. =)

Stansen: Getting together with family for an evening. Doing fun activity with Clubhouse. Also be generous.

Adam: Live like there's no tomorrow.

Sky: Enjoy life to the fullest. Love myself first.

Mona: To get into KCC and do as well as I possibly can and graduate top of my class.

Susan: Get healthy.

Frances: Cut down on smoking; Cut down on sweets; Talk to family more often; Come to Clubhouse.

Dena: This year was a great year with people whom I have a wonderful connection with. My New Year's Resolution is to keep that connection strong, but to do it more frequently. And do it with a lot of positive vibes!

Alex: To be helpful and considerate of others.

Michael: Staying in Clubhouse.

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Reflections and Resolutions continued...

Megan: Lose weight!

Rylan: Have a good New Year and a safe one.

Matthew: Make it through another 365 days in a year.

Gwen: Be healthier. Sing karaoke.

Lance: I remembered the Summer and Christmas Fairs. I remembered how the items ran out so fast. I have to make sure that I eat. I shouldn't carry too many things when I attend the Clubhouse. It's so hard to quit smoking.

Melton: Take my meds and focus in a good way; Trying to stay healthy for myself; Try to be more happy and feel the blessing from God and keep me in good health and strength.

Lindsey: Better hygiene; Kept with the Clubhouse (didn't quit); Slowly better managed my time; More productive/accomplished more things.

Jamal: To remember all the folk, who helped me along the way and how much I want to inspire them and make them proud. Disappointment be damned.

Karley: This past year taught me so much. I learned a lot about myself and my life. I gained so much new skills and opportunities. For this new upcoming year I want to continue practicing my new skills and work toward building more healthy relationships.

Zach: To find my true strengths and learn new talents.

Merry Christmas & Happy New Year

By: Sandra



M - Merry Christmas
E - Enjoy every minute
R - Remember the Christmas song
R - Remember this Christmas 25
Y - You are with your loved one

C - Caroling at Christmas
H - Have a good time
R - Remember Christmas
I - I feel happy
S - The Star is Shining on you
T - This is the Time with your loved one
M - Always have good Memories
A - Angel is Always Around
S - Santa Claus



H - Happy New Year
A - Always enjoy the new year
P - Enjoy the People you know
P - Prepared the new year
Y - You will have a good year

N - Always be Nice to one another
E - Everyone has good feeling
W - It is a Wonderful year

Y - You have a someone
E - Enjoy and be happy
A - Always be Around the one you loved
R - Reach out



Kitchen Unit Update

By: Sandra & Jason

Aloha everyone and happy 2026 from the Kitchen Unit! Well, as we exit 2025 and enter the new year, we would like to highlight some of our accomplishments in the Kitchen Unit over the past year. First off, we had another safe year in the Kitchen as safety is our number 1 goal. We were also able to add to our snack shop cashiers, expanded our menu, and incorporated the Business Unit into the meal planning meeting. We implemented regular scheduled cleanings throughout the kitchen and had weekly shopping trips with members to restock the kitchen and snack shop. There was a lot we accomplished over the year but even more we would like to get done in the coming year. We will talk about these things at our upcoming Kitchen Unit Retreat and develop our new goals for the new year. That's it from the Kitchen Unit, Aloohaaaaaa!



Birthdays

BRENDA
CRAIG
RODELL
RONALD
RYLAN
SHAWN
AME
BRYAN
MELTON
STANSEN
EDWIN
DANIEL

Business Unit Update

By: Megan, Ramah & Katrina

This month in the Business Unit, we've been preparing for Christmas. Megan and Karley helped to make goodie bags for all the members, and also prepped some of the games for the Christmas party. The Business Unit, along with Paul, ordered the food. We had teriyaki chicken, potato salad, fruit salad, kalbi, meat jun, roast pork, ginger chicken fried rice, char siu chow mein, Korean veggies, and tossed salad. We also had various pies and cookies for dessert. We've also been thinking of resolutions for the new year, and goals for the Business Unit retreat. As usual, we continue to welcome a handful of new members during orientation each month and are excited to continue to add more members to our ohana. We continue to keep track of member stats and house finances along with the daily unit tasks. We hope to implement an electronic finance system in the snack shop so it will be an exciting cross training session for both units. That's it from our unit for now! We can't wait to see what awaits us in 2026! Aloha!



January Word Search

S C A F E S T I V I T I E S C
 A O M I D N I G H T B I A N G H E
 Y U Z J U B I L A T I O N P E R
 C N T P R L E M B E R S O I E S G
 F I D M E J O L S O P E S B Y R I O A T U
 R E W M K L S O P E S B Y R I O A T U
 W N O I R S V I P K R I O N E U
 O R H I S T P K R I O N E U
 K R E F L E W E N G S N X L X E
 F O R G I N N I N G S
 B E G I N N I N G S

AULD LANG SYNE FORGIVENESS FESTIVITIES KISS
 REMEMBRANCE BEGINNINGS JUBILATION
 REFLECTION CELEBRATE FIREWORKS
 MEMORIES ELATION LAUGHTER
 MIDNIGHT GRATITUDE PROSPEROUS
 COUNTDOWN CONFETTI HEALTHY
 NEW YEAR CHEERS FUTURE

Sudoku

	4				8	9
	1		9			6
	7	5	4	6		
	9		3		4	2
5	3	1				8
	2		8	7	6	3
8		4	6	2	3	
1	3		9		4	
	4				7	8
					9	

Inspirational Message

“You have the power to create the future you desire.” - Anonymous

**“Every step, no matter how small, moves you closer to your goal.”
- Anonymous**



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