

# Diamond Head Clubhouse News



Diamond Head  
Clubhouse  
Volume 21 Issue 12  
December 2025

## Diamond Head Clubhouse's Annual Christmas Fair

By: Karley & Alikā

On December 11<sup>th</sup>, 2025, we had our annual Christmas Fair. We started planning and preparing for this event back in November. We prepared baked goods, like cookies, a variety of bread, and brownies. For the day of the Christmas Fair, along with the baked goods, we had Kalua Pork and Cabbage Plate lunch and Musubi for sale. In front of the Clubhouse, we had multiple vendors with their items to be sold at this event. Some members of the Clubhouse had their stations set up where they sold their items. Wayne was selling his paintings; Mona sold her friendship bracelets; and Chelsea with her station full of different items. We also had Keoni, a friend of the Clubhouse, and his station filled with many different Polyneesian items. We also had Silent Auction items, Christmas presents, crafts and things like potholders. We had a terrific turnout this year. We had many plants from our garden that were sold this year. What I liked most about the Christmas Fair was seeing all the people together in friendship, talking story and eating good food. What I learned from this experience is to expect the unexpected because when I got here I thought it was going to be just a plate sale and it turned out to be a lot more than that. They had four tents up with stations where some people were selling things; inside the Business Unit there were tables full of items; in the conference room the tables were filled with baked goods and silent auction items like a bottle of cologne, necklaces, an Alexa echo, a duffle bag, blankets and various activities. In the kitchen it was really busy and a lot of helpers were keeping the plate sale moving along. Members helped scoop rice, plate the kalua pork, the lomi tomato and the mac salad. We had hot chocolate and a cookie for sale for \$4.00 or you could get just the hot chocolate for \$3.00. We had two cashier stations where you could either pay with cash or use your credit card, and it was successful. We'd like to thank the many hands that were here to help prepare and clean for this event. We'd also like to thank those who went out to advertise. Happy Holidays Everyone!

### Table of Contents

Christmas Fair	1
Member Interview: Fred	2
Garden Harvest	2
What We Are Thankful For	3
What We Are Thankful For (cont.)	4
Poem: Thankful and Grateful	4
Business Unit Update	5
Kitchen Unit Update	5
December Birthdays	5
Word Search/Sudoku/Inspirational Message	6

### Clubhouse Guarantees Its Members:

- The right of place to come to
- A right to meaningful relationships
- A right to meaningful work
- And a place to return to



# Diamond Head Clubhouse News



## Member Interview: Fred

By: Felicia



This morning, I spoke with our member Fred. Fred was first introduced to the Clubhouse through his friends who are also active members. Friendship is an important value of Fred's, and he upholds his friendships through kindness. Growing up in the countryside, Fred has always enjoyed going on walks and spending time outdoors. When he isn't at the Clubhouse, he enjoys drawing, cooking, and listening to music. Rap and love songs are his favorite genres. One of Fred's goals is to learn new recipes especially, ginger chicken.

As Thanksgiving approaches, Fred feels thankful for life and the Clubhouse. The Clubhouse has given Fred a safe place to hang out in the day. His advice for new members is to "stay out of trouble." Fred stays out of trouble by staying home and doing the things he loves to do such as drawing. Drawing has always been a passion of his and he hopes to improve his artwork.

Fred loves the holiday season and looks forward to enjoying stuffing the most during his feast. Following Thanksgiving, Fred will be setting up and decorating a Christmas tree. Christmas is his favorite holiday, and he looks forward to celebrating with the Clubhouse. Decorating the tree is a long-held tradition for Fred. In addition to valuing friendship, Fred values health, knowledge, and the arts.

---

## Garden Harvest

By: Alika & Sky

Alika: Hello everyone! I am happy to report that we have recently harvested some sweet potato, turmeric, oranges, and taro leaves from our garden this month. We harvested about 3 pounds of sweet potatoes. Paul used some to make a sweet potato salad that was oh so delicious. He mixed in some beets, feta cheese, and lettuce. Since we grew it and harvested ourselves it tasted that much better. That was very satisfying. There was also some turmeric that needed to be harvested. We harvested around 5 pounds from only 3 plants! Turmeric is a plant with many health benefits and is a relative to the ginger plant. Some of turmeric's health benefits is, it's an anti-inflammatory, it aids in digestion, improves liver function, and is a natural pain killer, among many other benefits. Staff member Mark, has a family member that processes turmeric into a balm for minor aches and pain, so that's what we will be doing with most of it, and of course we will also be eating it! The orange tree has been very generous this year with her fruit as well. It is hard to keep up with the amount of fruit she is producing, but we are trying our best to not let any go to waste. Members have been eating it right from the tree as well as making orange juice with the fruit. It is so delicious. Members also harvested some taro leaves to make lau lau and luau stew. Also we have had an abundant supply of mint, rosemary, chives and oregano. We also recently planted some green onion that we harvested to put in our delicious fried rice for lunch. We have been focusing on growing more plants that we can eat.



Sky: Tending to the garden at Diamond Head Clubhouse brings me profound peace. Nurturing tai watermelons, papayas, and black eyed peas fill me with joy, and watching them grow is fulfilling. This garden is like my zen haven, where I find relaxation and tranquility. I plan to plant more nutritious goodies.



# Diamond Head Clubhouse News



## What We Are Thankful For

By: Members and Staff from the Diamond Head Clubhouse

We start every morning at the Diamond Head Clubhouse with an inspirational message. Often times, these messages focus on gratitude. With Thanksgiving in the air, now more than ever is the season for thankfulness. This year, we asked everyone at the Clubhouse to write down what they are thankful for, and Alika came up with a wonderful idea where everyone submitted their written responses into a box. Here are the submissions:

- \* Stansen: Family support, money to buy food, clean clothes, and a home to go to
- \* Will: Every new day. Or another day alive (living)
- \* Leighanne: Katrina, Mark, Esther
- \* Mona: Clean and sober friends
- \* Malia: God, Mom, Dad, Family, Recovery, Oxygen I can breathe on my own, shelter, needs met, God's creation, Forgiveness, healing, restoration, peace, gratitude, appreciation, help, blessings, word of God, love, joy, comfort, strength, wisdom, knowledge, understanding, clean clothing, fresh water, food, good health, laughter, compassion, God giving through me and others, Goodness of God, I can travel, visited Hilo, God on my side, eyes to see, ears to hear, legs to walk, hair funds
- \* Anonymous: I am thankful for my sister cause she cares about me when I am down. I am thankful for the clubhouse cause it keeps me active.
- \* Sky: My friends and family; My lil dogs and cats; I am thankful for life.
- \* Darwyn: Goodness and family, people, friends
- \* Tyler: Another day of life; memories back then; songs; singing; rapping; waking up blessed for another day; freedom to do whatever whenever; seeing and reminiscing about family that was here, still here and gone but not forgotten; my ability to still learn, grow and be somebody one day!
- \* Shante: My family and friends
- \* Zachary: Second chances and the breath of life
- \* John Doe: I am thankful for my friends and family, the sun, the moon, and the sky
- \* Alex: I am thankful for clubhouse and all the staff that are doing a great job
- \* Sandra: I am thankful for having my friends and staff at Clubhouse. Thankful I have friends far and near. Thankful I have a place to stay and a nice landlord. Thankful I have William my friend of 15 years together.
- \* Karley: I am thankful for every new lesson and opportunity. I am thankful to be a part of the Diamond Head Clubhouse membership and for my new life.
- \* Crystal: My family and friends
- \* Michael: Living
- \* Wayne: Hot food, happy place to stay
- \* Errol: Katrina, Mark, Paul, my family, Ginger, Browser
- \* Lance: To have shelter, to have meals, having transportation, to relax and breathe
- \* Rylan: I am thankful for coming everyday and appreciation for what you guys have been doing for me.
- \* Zach: I'm thankful for the people in my life close friends and family because without them I wouldn't be the person I am today.
- \* Anonymous: My mom who paid for my stay at my own room for rent my senior year in high school
- \* Katrina: Being able to experience all that life has to offer and the numerous opportunities. I am most thankful for the ones I love, who make me feel important. I am also very grateful to be working here at Clubhouse and the very special ohana we have here. Thank you for all the laughs and memories.

# Diamond Head Clubhouse News



{The thankfulness continues...}

- \* Jamal: "Insight" into my mental state, and knowing when it's time to reach out and ask for help and access resources
- \* Adam: Family
- \* Anonymous: There's a lot to be thankful for. I'm just blessed to know I have a roof over my head. I have a dear mom that cares about me very much and I'm grateful to have clubhouse I can visit for myself.
- \* Ramah: Transportation to and from clubhouse
- \* Danny: Everything
- \* Ayoub: Being alive
- \* Dustin: I am thankful for my kids, roof over my head and my job, and Clubhouse.
- \* Vernon: My friends
- \* Anonymous: I am thankful for life, and the good natured people that make life enjoyable and bearable when times get tough to deal with. I am thankful to my girlfriend and friends. Thankful to the friendly staff at clubhouse.
- \* Squirrel: The opportunity to spend time with my parents in spite of the challenges.
- \* Mark: I am thankful for kind people and random acts of kindness. I am also thankful for all the clubhouse members and the kindness and wisdom they have shown me. Happy Thanksgiving!
- \* Ame: Everything! :)
- \* Anonymous: I'm thankful for a house and food to eat.
- \* Queenie: Thank God, AA sponsor, all my friends, family & sober support for my recovery. On Nov 25, 2025 I celebrated 3 years clean and sober. It was an amazing month besides having Thanksgiving holiday fun and food. I went to my AA meetings and got my 3 years anniversary coins. I also had breakfast with my case manager at Button Up Restaurant in Pearl City to celebrate!

---

## Thankful and Grateful

By: Sandra



T – **T**hankful  
H – be **H**appy  
A – there is **A**lways help  
N – very **N**ice to get along  
K – be **K**ind  
F – **F**ull of happiness  
U – very **U**nderstanding  
L – there is **L**ove

G – **G**rateful  
R – **R**each out  
A – **A**lways there is hope  
T – **T**o have friends  
E – **E**njoy  
F – have **F**amily and **F**riends  
U – be **U**seful  
L – **L**ive a little



# Diamond Head Clubhouse News



## Kitchen Unit Update

By: Queenie & Dustin

Aloha- what's been going on lately in the kitchen? Well this past November we had our Christmas picture taking which our turkey feast followed on Wednesday Nov 26. Our turkey feast menu was turkey, stuffing, mashed potatoes, gravy, green bean casserole, and pumpkin and custard pies. There were about 40+ people that day. It went very well.

Also, the next day, on November 27 Thanksgiving Day, we had a free breakfast brunch from 8 am to 12 pm outside in the court yard. The menu was pancakes, eggs, bacon, chicken breakfast sausages, Portuguese sausage, roasted potatoes, fruit salad, pumpkin pie, and sweet potato haupia bars. Everyone had a good time. We'd like to thank all staff and members who pitched in with preparing food and helping put everything together. Mahalo till next time.

- The Kitchen Unit

## Birthdays



ANTHONY  
PEYMAN  
FRANCES  
CRYSTAL  
KATRINA  
LANCE  
NATHAN  
RAMAH  
ELIJAH  
JOANIE  
DAVID  
KEITH

## Business Unit Update

By: Alike

In the Business Unit things have been very busy. Members have been volunteering to do all the daily tasks like answering phone calls, logging in our daily attendance, inputting the tally for our snack shop, and being diligent about reaching out to our members who we haven't seen in a while. The daily tasks is where most of our energy and effort is spent, but we also find time to do other tasks in between. Another task we have been doing is our Job Search Report. We have been finding and logging in new jobs regularly for anyone interested in employment. Mona Lesa has been the main one doing this and she has been doing an awesome job reporting. On top of that we have been busy making flyers for our Kalua Pig Plate fundraiser, as well as for our Christmas Fair. Esther and some members put up flyers around the building, and other members took some to hand out themselves. We have also been working on keeping track of our expenses for the upcoming Christmas Fair. Things like keeping our receipts, tracking our spending, and logging in all that information. The Christmas Fair has been our main focus and we are preparing for it the best we can. We have been planning for this for some time and we are very excited for it. We hope you will be able to join us and see all the things we have for you. In other news the Business Unit has also been busy drawing new "Welcome" signs for our new members and visitors. Each poster is hand drawn and colored by our members. We have a Lilo and Stitch themed one, a Hello Kitty one, and a Super Mario Bros. one, so far. If you would like to have one of our members draw a particular themed poster please let Katrina or any one of our staff know. The plan is to have a whole bunch of them, and get them laminated so they can be reused and put into some sort of rotation for future orientations or when the Clubhouse has visitors. We look forward to hearing from you soon. Till then the Business Unit will continue to do our best to help you in any way we can. Happy Holidays from all of us here at Clubhouse. Aloha!!!



**Diamond Head Clubhouse**  
**3627 Kilauea Avenue Rm. #410**  
**Honolulu, HI 96816**  
**808-733-9188**

# Sudoku

		7				5
1				9		
						8
			4	2		6
9				1		
	2				6	
	4				2	
		1				8
		3				
				7	1	
		3				5

# December Word Search

QDYDATINSSELPBUWZXZSI  
XOYWOMISTLEETOEFAXLSZ  
CCTCZQMIXRETTIANDERPAJ  
HWYWPONINSEETIABOQXTVH  
RAICIFEXWBKIBOQXZWA  
IKINGTDCMZNJNDBZKTYEUN  
TCNAJEPWCOTAYNGELFVAK  
MCPONHRZOWARXYPMLIJHR  
AARQWZOWAKONSDYQACELLR  
SRECCMAACNDYQACELLR  
POSUGUACNTYXELRAKEBEG  
SLEWUCPNITSRITYNVAKNOLVQ  
BSNATIVISRIHLYELNCEBEG  
HFTIASHIADKJINDUNKDLDM  
RKSTENTZNTFUNDXJEUHSMIN  
ADVBYXYPDJAASKNYSLEIGH  
KUXGYPIYSLEIGHSMIN

# Inspirational Message

**“You will encounter your greatest  
challenges just before you achieve  
your biggest miracle.” - Shannon  
L. Adler**

WINTER WONDERLAND	JINGLE BELLS
POINSETTIA	CHRISTMAS
MISTLETOE	NATIVITY
GARLAND	PRESENTS
REINDEER	SLEIGH
ADVENT	ANGEL
WREATH	HANUKKAH
CAROLS	SANTA