

Diamond Head Clubhouse News



Newly Employed Members: Megan & Zack

By: Karley & Katrina

Diamond Head
Clubhouse
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One of our recent admissions to our membership here at the Diamondhead Clubhouse is Zachary. He started his employment at California Pizza Kitchen at the Ala Moana location. He chose to work there to attain more communication skills in public. The biggest challenge he is facing is being able to speak proper English to people in the community. He says it is hard because “he talk pidgin his whole life”.

Zack had prior experience in the restaurant business prepping salads and he also did landscaping, working in yards, weed whacking and taking care of the yard. His job is fast paced and he usually clears tables, taking dishes to the dish pit and sets tables as needed. He says he enjoys his job because he makes good money.

Bonus question: If you had a million dollars what would you spend it on?

Zack said he’d buy him, his family and his grandparents a house.

Megan has been attending the Diamond Head Clubhouse since 2018, and recently began working the Transitional Employment Position at Aloha Graphics. When asked about the position, she stated “it’s fun because it has a lot of tedious things to do. “I like tedious things so that’s good.” Her motivational factor to return to work: “I feel better lately so I thought I’d give it a try.” In regards to employment experience, she recalled working part time with the College of Education at the Dean’s Office at UH Manoa and fulltime with Children and Adolescent Mental Health Division (CAMHD) MIS Section, doing administrative and clerical work. She also worked as a flower prepper and clerk at the Hawaiian Lei Company. In order to maintain her current motivation to work, Megan stated, “I think about helping people. Like I help people when I do the fingerprinting.” One of the biggest challenges of this position is “learning the different machines.”

In regards to what she has learned about herself with her return to work, she stated “that I guess that I’m stronger than I thought I was...cause even if I had a bad day I can still keep on going back.” If she had a million dollars, she said she would “buy some instruments.” Her words of advice for those returning to work: “start small and try hard.”



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Clubhouse Guarantees Its Members:

- *The right of place to come to*
- *A right to meaningful relationships*
- *A right to meaningful work*
- *And a place to return to*

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New Member Interview: Dayna

By: Mona & Katrina



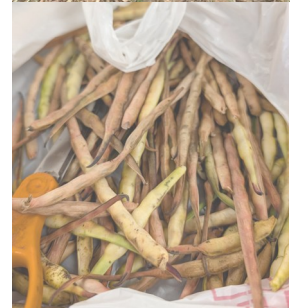
In February, we welcomed our newest member Daynalynn. She is part Native Hawaiian and has lived in Hawaii her entire life. She said she has been around the island before. She has been involved with mental health since July 2025 and heard about the Diamond Head Clubhouse through her case manager. Dayna chose the Business Unit as her home base and stated her reason: “I just like that kind of work. I like it better.” In regards to how she feels about the Clubhouse, she said “I like it a lot.” She stated the following hobbies/interests: “I like to read (fiction), I like music, and I like videogames.” She mentioned that she enjoys “all kinds” of music and used to compose music with her brother. Her hope for the future is “eventually to become independent.” She mentioned her favorite movies are DC/Marvel movies, and her favorite movie of all time is *Ready Player One*. Her favorite television show is *Power*, which was produced by rapper 50 Cent. Her favorite book is *The Bible*, and her favorite song is “Yukon” by Justin Bieber. She said her favorite cuisine is Chinese, and her favorite dishes are orange chicken and stir-fried lo men with beef and broccoli. Dayna says her favorite place to chill is the beach. When asked what she would do if she had a friend who was having a difficult time, she responded with “I think I would talk with them about what they’re going through and just listen and comfort them...probably go do something with them to get what’s off their mind.” When asked what she would do with \$1 million, she said “either pay off my grandparents’ house or invest.” She likes that she is “very whole-hearted.” When asked if she has a bucket list, she replied “kinda,” and added that one thing she would like to do is “to go back to school.” Her dream is “to live a happy, fulfilling life.”

Garden Update

By: Daynalynn & Alika



This year in the garden, our goals are to organize the tool shed, build more raised beds, to cultivate more useful plants, and be more diligent with our weeding and our harvesting. Sky recently harvested about 2 pounds of black eyed peas, which took about 90 days from seed to harvest. We have a full bed of about 10 papaya trees that are thriving that need to be transplanted. We are going to transplant the papaya trees along the stone wall of the garden. This year we are also growing a few other things, such as: A full bed of Okinawan sweet potato, which should be ready to be harvested this March, and 2 Rosemary bushes that we use in our kitchen frequently. We have 2 raised beds of Mint, right beside we have 1 raised bed of Green Onion, along with 1 bed of Arugula. We also have Bananas coming, our Guava tree is producing fruit, the Orange trees are still producing but slowing down. Our Kalo patch is still doing good, we just harvested 1 section. We are currently trying to acquire a Hawaiian moon calendar to give us direction when it comes to what type of work needs to be done in the garden. All in all, our garden is growing better everyday.



Advocacy Corner

By: Squirrel



About a couple of bills that the advocacy group is tracking:

SB787 appropriates funds for the Dept. of Health to establish & operate a free statewide mental health warmline to provide mental health support in non-emergency situations. This means to call the warmline you don't need to be in crisis to use the service. This bill is currently in the Ways & Means Committee.

HB1131 Mental Health intensive mobile team pilot program for houseless individuals suffering from serious brain disorders. This bill was passed with the finance committee and was unamended.

On another note, In December 2025, I applied to the governor's office to become a member of the Hawaii State Council of Mental Health. I heard back from their office in late February to let me know that I was a nominee. I had my Senate confirmation hearing on March 2, 2026, so my membership will officially start July 1, 2026.

The Importance of Voting

By: Squirrel

Hawaii conducts statewide elections in even-numbered years. The primary election is held on the second Saturday in August (August 8, 2026) and the general election is held on the first Tuesday after the first Monday in November (November 3, 2026). You can register to vote by going online to: <https://olvr.hawaii.gov> or by mail: https://elections.hawaii.gov/wp-content/uploads/1436986-01-Hawaii-Votes_application_final.pdf

The midterm elections will not only shape the final two years of Donald Trump's presidency; they'll determine what politics after Trump might start to look like. Candidates and party leaders will dissect the results as they prepare for the 2028 presidential race, which will be the first national election in 16 years without Trump's name on the ballot. November 3: Election Day: In the House, Democrats need to gain three seats to win control of the chamber. During the 2018 midterms, during Trump's first term, the party was able to gain 41 seats.

So, to my way of thinking, each vote is very important this year, & your vote can make a difference. If you aren't comfortable with registering online, ask a staff member for assistance.



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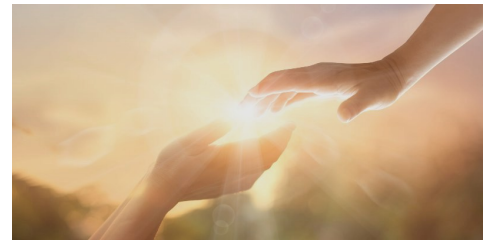


For My Friend

By: Vernon

Performing a curse
Goodbye before you leave
There's little time to say things
Performing my last duty

No one whatsoever
Did you die September morning?
I felt the cold in my room
Why did you go and leave me then
I stayed home and went to sleep.
I miss you so, come back to me.
Gone too soon...we'll sing again.
Thanks for visiting me instead.



Never again to end this journey
The horror and the madness gone to sleep
Always walking down the street
Everything and everywhere is all I keep.



St. Patrick Day

By: Sandra

S - **S** is St. Patrick Day
T - **T** is get **T**ogether
P - **P** is great **P**eople
A - **A**lways be around others
T - be **T**hankful
R - **R**each out
I - **I**ntroduce yourself
C - very **C**aring
K - be **K**ind to one another
D - have a good **D**ay
A - an **A**ngel around you
Y - every **Y**ear is a good **Y**ear



Diamond Head Clubhouse News



Kitchen Unit Update

By: Queenie & Paul

Aloha and nice to have you! The Kitchen is still always happy to serve you! Our members work hard cooking up the breakfast in the morning and as well as making the lunch for your hungry tummies. Also there's always the snack shop for all your other needs like drinks, dry snacks, to ice cream and more. We appreciate you and always welcome you. We try to keep our kitchen and dining area clean and germ free for your dining pleasure. Come and enjoy! Mahalo and Aloha! From, The Kitchen Unit



Birthdays

DAYNALYNN

JASON

VERNON

KRISTINE

SHEENA

LOREAL

DANIEL

QUEENIE

ZACHARY

KARLEY

Business Unit Update

By: Karley

This month in the Business Unit we continue to do the usual daily tasks and are very diligent in doing so. In the business unit, we greet all our members and visitors with friendly and kind welcome. We project our Clubhouse as a warm, safe place to engage in. We like to play music to keep the environment alive and welcoming.

In the Business Unit we are continuously working on our donation letters to send out to our previous vendors that either once supplied us with donations or are candidates to do so. Our biggest challenge with that task is getting cross eyed from looking at the computer for too long.

Another task that is a prolonged project, is updating the Canva PowerPoint. It is a little time-consuming and every month when we update our social rec activities and have new birthdays to add to the project it gets to be a little bit for just one person. I, personally, like to take the task in increments and sometimes have a partner to tackle it alongside me. That's because a second person would help big time.

On the other hand, we would like to wish Esther our head honcho a farewell and a nice to know you and a best wishes in the future from the Business Unit. That's all for now. Until next time!



March Word Search

S P G I U Y E Z T R X R E G L
 U A W A K E N B U D D I N G S
 N D K B D F X Z P R E Y F Z E
 S Y U U T L A G O V L I W I A K D
 H B I T O E U R S L I D D M C H I
 I N O F E R A S L N R B C H I G
 E O L F I N T M U T P U I R F
 L B W L S H Q G D E S Z R T B
 F M E R J I A A D G T Z P G H I
 H R S Z N G F O L H H I I P Z R
 E A T U G Z P E O A N X A D
 P S P R I N G S O W G N R S

FLOURISHING

BUTTERFLY

RAINDROPS

BUZZING

SPRING

PUDDLES

BLOOM

HATCHLING

CHIRPING

FRAGRANT

SUNSHINE

AWAKEN

REBIRTH

THAW

POLLINATE

SEEDLING

BUDDING

BLOSSOM

FLOWERS

BIRDS

LIFE

Sudoku

		1	2			9	3	
			6	9			4	2
	4					6	5	1
4	2	8	7	5				3
6	5		3		8		7	4
3				6	2	5	8	9
5	7	3					9	
1	9			8	6			
	8	6			7	4		

Inspirational Messages

“March is the best time to start again,
 because if the spring can do it, why
 can’t you?.” - Anonymous

“The greatest glory in living lies not in
 never falling, but in rising every time
 we fall.” - Nelson Mandela



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