

Diamond Head Clubhouse News



A Tour with Tina Nakada Grandinetti

By: Sandra & Katrina

We would like to introduce and welcome Tina Nakada Grandinetti, the Hawaii State Representative for District 20 (Kapahulu, Kaimuki, Diamond Head, Waialae, and Kahala). Representative Grandinetti visited our Clubhouse last month and I had the honor of giving her a tour in both our Business and Kitchen Units. Members & staff were delighted to have Representative Grandinetti visit the Clubhouse and learn more about what we do on a daily basis. During the work ordered day, Representative Grandinetti commented on how she liked that the members and staff were getting along well and enjoying the work in their units. Thank you, Representative Grandinetti for visiting the Diamond Head Clubhouse and we hope to welcome you back soon!

During the legislative opening in January, a handful of members and staff from our Clubhouse had the pleasure of visiting Representative Grandinetti's office. We were able to meet a couple of her administrative staff, who took the time to learn more about our Clubhouse. They also took time out of their day to ask what they could do for our Clubhouse, especially in advocating for services for individuals with mental illness. We appreciate Representative Grandinetti and her staff for taking the time to learn about what we do. We hope to see you all again soon!



Diamond Head
Clubhouse
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Clubhouse Guarantees Its Members:

- *The right of place to come to*
- *A right to meaningful relationships*
- *A right to meaningful work*
- *And a place to return to*

Attending the NAMI Hawaii State Conference

By: Angela, Squirrel & Fernando

Members from our Clubhouse attended the NAMI Hawaii State Conference last month and recalled having a valuable and exciting experience. Below are the experiences from a few of the members:

ANGELA: I went to the NAMI conference on Monday, March 24 at the Prince Hotel in Waikiki. I ate the lunch there. The menu included salad, salad dressing, turkey sandwich, dessert, bread pudding, & chocolate pudding. I went with my husband. A lot of people spoke during the conference. The conference theme was to help people, not handcuff people. I didn't stay until the end, but I got something to keep as a gift. I am looking forward to next year's NAMI conference.

SQUIRREL: The theme of the conference was "Help, Not Handcuffs". I found the conference helpful as I am going to be a part of the CIT (Crisis Intervention Team) training. What it is: A partnership between NAMI, other mental health organizations & the Honolulu Police Dept to train their officers in crisis intervention for mental health calls. The program is voluntary. I feel we could benefit from it by becoming a part of the police academy, to expose them to an overview of how to handle most calls, not just mental health calls. There was also a focus on the ACT program, which stands for Assisted Community Treatment for families. I enjoyed lunch. I had the turkey sandwich, and all the dessert choices which included chocolate mousse, bread pudding, & a couple of other desserts. All in all, a good conference.

FERNANDO: Aloha from Fernando. I attended NAMI Hawaii State Conference 2025 (HELP, NOT HAND-CUFFS) March 24, 2025 at the Prince Waikiki Hotel. The conference speakers as follows, Heather Lusk, Executive Director, Sergeant Corbin Matsumoto, MPA, HPD, and Tim Hansen, LCSW, Policy Director NAMI Hawaii, Major Mike Lambert HPD Director of the State Department of Law Enforcement, to name a few. Basically, the conference was about CIT (Crisis Intervention Team) program. HPD discovered a need to train officers in dealing with people with mental illness. People can call 911 and request a CIT officer. Sergeant Corbin had a story of one of his calls of a suicidal person, and he showed a real-life picture from his body camera of the person ready to jump from a building to end his/her life. The Sergeant said that he was not ready for that type of call, but now that CIT is in the Law Enforcement, he is better trained to deal with those type of 911 calls. To be better aware of our mental health society is a win-win on both sides. But we still need more funding and more trained officers in CIT. It's about 20% throughout all islands. I had a wonderful time. It's nice to know that people care. Mahalo.



Guest Speaker Highlights from the December 2024 Employment Dinner

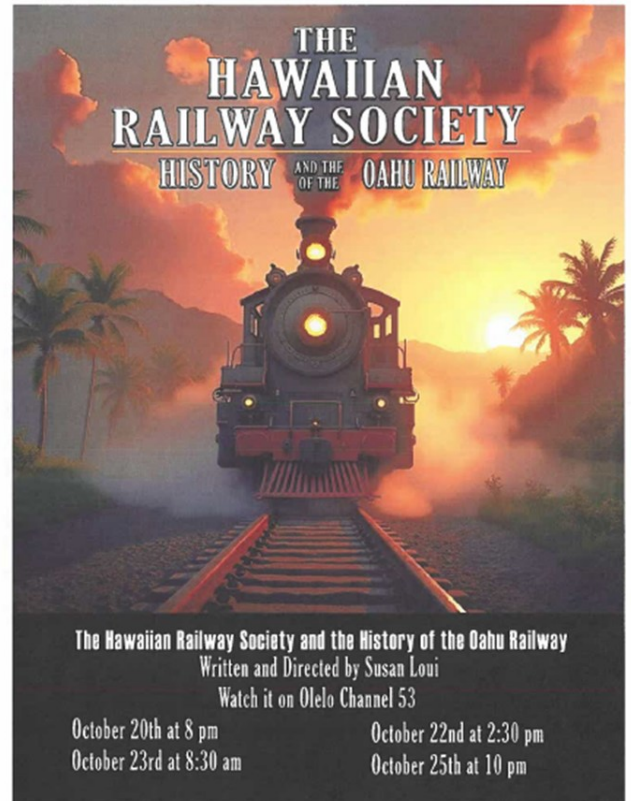
By: Susan

On December 19th, 2024, I had the privilege of being the guest speaker for the Diamond Head Clubhouse's Employment Dinner, where I shared my journey in education, employment, and creative pursuits. I began by discussing my background, including my degree in Journalism with a focus on Public Relations from the University of Hawaii, and my experiences in digital media and documentary filmmaking.

The highlight of the evening was introducing my documentary, *The Hawaiian Railway Society and the History of the Oahu Railway*, which recently aired on 'Ōlelo Community Television. The film explores the rich history of rail transportation on Oahu, preserving an important part of Hawaii's heritage.

After presenting, I engaged with attendees in a Q&A session, where we discussed the research, filming process, and the importance of storytelling in preserving cultural history. The evening concluded with a screening of the documentary, fostering thoughtful conversations about Hawaii's unique past and the role of community initiatives in celebrating it.

It was an honor to connect with such a passionate and engaged audience, sharing my work and inspiring others to explore and preserve the stories that shape our community, while encouraging others to pursue what they feel passionate about by focusing on their interests and their strengths. Mahalo to Esther Johnson and the Clubhouse staff for inviting me and to all who attended.



Diamond Head Clubhouse News



Lei Making Class Fundraiser

When: Thursday, April 24, 2025

Where: Diamond Head Clubhouse, Room 410

Time: 6pm-8pm

Cost: \$30.00 Per Person (supplies included)

Ti Leaf Lei OR Eyelash Yarn Lei



**JUST IN TIME FOR GRADUATION
OR MOTHER'S DAY**

Call us to reserve your spot (808) 733-9188

Please join us for two of our upcoming fundraisers. All proceeds will go directly to our program to support adults with severe mental illness.



Mini Ikebana (Freestyle) Class Fundraiser

When: **THURSDAY, MAY 8, 2025**

Where: Diamond Head Clubhouse, Room 410

Time: 6PM-8PM

Cost: \$30.00 Per Person (supplies included)



**A MOTHER'S DAY GIFT
FROM THE HEART**

CALL US TO RESERVE YOUR SPOT (808) 733-9188

Please RSVP to
reserve your
spot!

Diamond Head Clubhouse News



Kitchen Unit Update

By: Sandra

Everyone has been engaging in the work ordered day. Both units have been working together to plan the menu for the week and coordinate articles for the monthly newsletter. On Wednesday mornings, the Kitchen Unit has been going down to work in the garden. We have been working as a team on our 2025 goals. We enjoy purchasing snacks and meals from the snack shop and are greatly appreciative of the members who volunteer to cashier at the snack shop. We want to thank everyone for doing such a great job! We will see you soon and please keep reading the newsletter for more updates!



Birthdays



Squirrel
Danny
William
Joseph
Alan
Roebree
Wayne
Marie
Chelsea
Eric
Carolyn
Esther

Business Unit Update

By: Sandra & Katrina

Each month, we have been preparing for the new member orientation. During the orientation process, new members participate in a 3-day orientation where they get to experience the Clubhouse work ordered day and learn more about the culture of Clubhouse. In addition to the tour, they get to engage in first-hand experience in both units so they can decide which unit they want to belong to. We are always glad to welcome new members to the family!

The Business Unit has been having fun in the garden every Friday morning. It is a rewarding contrast from the office setting of the unit. Many members have been surprising us by being more proactive and responsible for the garden tasks. Great job team!





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Honolulu, HI 96816
808-733-9188

Sudoku

		6	8					
	7							
9		2						
	5							
6			8	3	9			
3								
2			4	2				5
							8	6
							2	

April Word Search

T P I R I B O N N E T S R S V
D I A B E T U L I P S B D P H
M E A C L N S S E A L B A E R C
H A A C M P U U R N N K O N G I E
V O R S T L E U N R C E Y T A T T
J E C O R M E R B D A N T F T I E
L O R E D O A E R A Y D I E M S
Y C A C P F S L G A Y T K Y O U
B O B H A S R S L G T K Y O U
E L B I R L H I B O S I U T N
A A I C A U N D U W T O X D
N A T T K D M Y L A N S Q N A
S E S U E B T W Y M Y S G X Y

- HOT CROSS BUNS MARSHMALLOWS RESURRECTION
- GOOD FRIDAY JELLY BEANS EASTER EGG
- CELEBRATION PALM SUNDAY DECORATE
- SPRINGTIME PARADE BONNET
- EASTER BUNNY CHICK
- HUNT CANDY CHOCOLATE
- RABBITS BASKET SUNDAY
- TULIPS LAMB LENT

Inspirational Message

**“Nothing is impossible. The word
itself says I’m possible” - Audrey
Hepburn**