

Diamond Head Clubhouse Volume 21 Issue 7 **July 2025**



On Thursday, July 10th, 2025 we held our annual Summer Fair & Silent Auction. It was a wonderful event, and everyone who attended seemed to have had a great time!

We started prepping for the Fair many weeks in advance to make sure everything would turn out well. We made cookies, a variety of breads, mochi, and brownies. Our lunch plate that we sold was shoyu chicken, rice, mac salad, corn, and a drink, and all for \$20. We also made our usual musubis that we sold. Most of the baked goods were sold out after the first or second hour of opening. People loved all our baked items! The first item to sell out was the Ube Brownies made by Katrina. Consensus said that those brownies were "da bomb".

We also had a bunch of auction items available for people to place a bid on, and by the end of the day, all but 3 auction items were spoken for. Although there were a lot of people in attendance, there wasn't quite as many people as our previous Summer Fair, but we still did very well.

Towards the end of the Fair the crowd thinned out and most people had left, and there was a lot of cleaning up that needed to be done. We have to thank those who stayed back to help clean.

We would like to say Thank You to all of you who supported our fundraising event, and for those of you who didn't, you missed out! Hahaha!

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Clubhouse Guarantees Its Members:

- The right of place to come to
- -A right to meaningful relationships
- -A right to meaningful work
- -And a place to return to





Education Dinner with Joanie

By: Joanie

Hi my name is Joanie, I've been at Diamond Head Clubhouse for about 2 years. I'd like to tell you about my educational experience. I grew up in Hawaii and went to Roosevelt High School up until the end of 10th grade. I decided to get my GED at Kaimuki High School. I was able to get assistance with my GED through the Department of Vocational Rehabilitation (DVR). They paid for my schooling, books, school supplies and clothing. It took me about a year to complete my GED. I was able to pass all of the tests on my first try! After my GED, Abilities Unlimited helped me get a job at Sears and later at CBM doing janitorial work at various businesses. Recently, I decided to take a computer class because I was needing something to do. I asked my friend to go with me to the class and she said yes. Together we went to McKinley High School for Adults and we told them we were interested in taking a computer class. They had us take a computer test. They required payment of \$20.00 for the placement test and the class. For the class, you have the option of using their computer or you can bring your own computer. We started the first class in January this year, it completed in May with a party. In the first class we learned basics, of browsing the internet, using email, online safety. We did all our projects in the class but if we needed to, we would take it home to finish. We also would complete our projects and attach to an email and send to our teacher. Because of this class, I also set up an account with Spectrum for internet and TV at my apartment. On June 2nd, my friend and I registered for the 2nd class called Digital Literacy 2. We are working on various projects including Google slides, documents, sheets and other sites. The one thing I enjoyed best with these classes is completing projects and attaching them to emails and sending them to my teacher. I've been trying to communicate via email with my friends. For any of you who are interested in learning something new, Go for it!





Social Rec Activity: Van Ride to Barnes & Noble and Ala Moana Mall

By: Eddie & Paul

The Diamond Head Clubhouse recently decided to go on a van ride as a social rec activity. Unfortunately, our van was no longer blowing cold air from the A/C and was only blowing hot air, so we concluded through consensus that we did not want to drive around during the hottest time of the day in a van that only blows hot air. As a result, we decided to drive to Barnes & Noble Bookstore as a social recreational activity. We all enjoyed it very much, looking at magazines and books, and they have a little café inside the bookstore so we could buy some treats. Bookstores are always a good place to be because you can read and learn something new. I feel smarter just being in the bookstore. Haha! We all agreed that we were going to start reading more. Well thanks for reading this short article on our trip to the bookstore. Aloha.



Sign Language Class with Zach By: Zach, Angela & Paul

Every Thursday at 2pm we hold a sign language class in our large conference room to help our members learn a new language, and to help them communicate better with some of our hearing impaired members. This class has helped us in so many ways! First of all, we are learning a new language and secondly, we are able to communicate better with those members who are hard of hearing. This third benefit is that it's good for your brain to learn something new! It tests our ability to remember words and phrases, and associate them with hand gestures. These hand gestures and movements help us to speak a new language, which is an entirely new experience for all of us. We learn everything from the alphabet to numbers to conversational phrases from an online teacher. It's a lot of fun, and we get to practice with each other to improve our communication skills. What's also wonderful about this class is that all this information doesn't cost us a thing—it's completely free, educational, and fun! Here's a few words from our member and sign language teacher Zach: "I enjoy teaching together with the staff. I always take pride and joy in teaching, and especially when everyone has the opportunity to learn. I love teaching the basics of sign language to other members."











Newsletter Planning Process

By: Squirrel & Katrina

One of our 2025 Business Unit Goals this year was to organize our newsletter process and make it inclusive to everyone at the Diamond Head Clubhouse. It was decided during our unit retreat in January that everyone in the Clubhouse will be invited to participate in the monthly newsletter planning process. Both the Kitchen and Business Units attend the newsletter planning meetings every second Wednesday of the month, right after the morning unit meetings. The purpose of this new



protocol was in hopes of having the inclusion of as many members and staff to contribute ideas for articles, as well as distribute the tasks of writing the articles, taking pictures, and inspiring teamwork throughout its entirety. In order to ensure that the entire Clubhouse is on the same page, we designate a due date for all articles and pictures for editing, and a due date for when the newsletter will be furnished and distributed. This new process has made the newsletter planning and creation much easier. However, the most rewarding aspect is the inclusion factor and having new members volunteer to write, take pictures, or contribute to the creative process. We hope you enjoy our monthly newsletters and we look forward to documenting and creating more interesting content for you in the future!











Blooming Friendships

By: Lindsey

Friendships blossom in a way all its own Like the shades of a rainbow it takes many tones It cannot be rushed, nor forced into action Yet it's very deliberate with all of its passion

A key element of friendship has always been trust





Something so simple, yet rare, can never be fussed I hope you can recognize that trust and honesty go hand in hand Because without total openness, a relationship will not stand For all is naught without lots of kindness and patience So, try your best to put forth a good conscience



Member Highlight: Alika By: Squirrel

A Native Hawaiian, Alika went to Molokai High School, and therefore has lived in Hawaii all his life and has been around the island a bit. He has been involved in mental health for the past 4 years. Alika heard about Diamond Head Clubhouse from his case manager, and since being here has chosen the Business Unit so he can learn about computers. So far, he enjoys being at the Clubhouse a lot.

Alika's hobbies and interests are playing music, surfing, and writing the following: songs, poetry, and journaling. These are things he has been doing most of his life. His favorite food is Korean, especially meat jun. His favorite place to go when he needs to chill is either the ocean or his bedroom. His favorite movie genre is comedy; with his favorite movie being Nacho Libre. In addition, his favorite TV shows are cartoons, and his favorite books are John Grisham novels.

When asked, "If you had a friend that was having a difficult time what would you do to help them?," his reply was: "Listen to them." When asked "If you had a million dollars, what would you do with it?," he replied, "I would buy a recording studio." What he likes most about himself is his creativity.





Kitchen Unit Update

By: Sandra & Jason

This month in the Kitchen Unit, we concentrated on preparing for our upcoming Summer Fair. We continued baking our fair items pretty much nonstop while making sure that we completed all of our work-ordered day tasks. It got really crowded in the kitchen at times with the lunch crew and baking crew both doing their things. We even did a test run on our shoyu chicken plate that we served up for lunch one day. Everyone gave it two thumbs up!

July 10th, 2025 was our annual Summer Fair & Silent Auction and the members and staff both participated in this special event. Our Kitchen Unit is always busy everyday and the store has many items that members like to buy. The members cashier at the snack shop and do good work. We hope you all had fun at our Fair! That's it for now from the Kitchen Unit. Aloha!

Birthdays



DAVID

TYLER

KAIPO

MICHAEL

ADAM

MARIE

CAROLANNE

COLLEEN

Business Unit Update

By: Squirrel & Katrina

Greetings to all! Things have been busy in the Business Unit this past month since we were getting ready for our 17th Annual Summer Fair & Silent Auction. Our unit has been bustling with members and staff creating the flyers for the fair and shoyu chicken plate; in addition to creating the tickets for the lunch plate. We have also been keeping track of our silent auction donation items, creating bid sheets, and logging all information on Excel. Members have also been logging and tracking expenses so we can have an accurate financial report after the fair. It has been rewarding to see two of our members volunteer to make donation cold calls, despite being nervous at first. In addition to the fair preparations, we continued to complete our regular work-ordered day tasks. We want to recognize all the members who participated in making all of this happen! Great team work everyone and we look forward to hitting more of our 2025 goals.





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Sudoku

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Inspirational Message

"The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt

FOUNDING FATHERS	FOURTH OF JULY	RED WHITE BLUE) REVOLUTION	PATRIOTIC	BARBECUE	LIBERTY	FREEDOM	
DECLARATION OF INDEPENDENCE	STARS AND STRIPES	INDEPENDENCE	STAR SPANGLED	FIREWORKS	AMERICAN	UNCLE SAM	PICNICS	
		CONSTITUTION	CELEBRATION	BETSY ROSS	SPARKLERS	NATIONAL	SOVEREIGNTY	

ANTHEM