

Diamond Head Clubhouse News



Diamond Head
Clubhouse
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The Clubhouse Garden

By: Alika & Katrina

Why is the Clubhouse garden important to me? In Alika's words, "The garden is more than just a piece of land with plants. It's a place where I feel most connected to nature, myself and it's where I find peace. It also gives me a break from the fast pace of daily life, and offers a quiet place to reflect, breathe and find my calm. The garden teaches me patience and responsibility. Watching seeds grow into vegetables, flowers or trees remind me that growth takes time and care. Every plant is a reminder that with the right environment and nurturing, something beautiful can emerge. The garden is also a place that lifts my mood and fills me with gratitude. When I harvest fresh fruit or vegetables, I feel proud and connected to what I eat. Harvest time is the reward for patience, care, and love. After months of watering and weeding the fruits of our labor finally arrived. Some of the harvests that I have seen since coming to Diamond Head Clubhouse are the ice cream bananas, papayas, pears, guavas, eggplants and tomatoes. It's the garden's way of saying thank you for believing in me. Another project we hope to start is an herb garden. Currently we have mint, basil, chives, and rosemary."

During our unit retreats earlier this year, both the Business and Kitchen Units decided to focus on incorporating more garden tasks into the work ordered day. Aside from individual staff days, both units are responsible for their unit garden days. The Business Unit looks forward to going down together every Friday and it has been magical to witness members become proactive and engaged in the garden, especially the weeding!

Alika states, "after the morning meetings we head down to the garden and concentrate on weeding, pruning, or replanting. Most of the time is spent weeding because they're relentless. We have a storage cabinet where we keep most of our tools and gloves. We have tools like shovels, hoes, rakes, pruners, and garden forks. Each tool has a special purpose in the garden and does a particular job very well. I like using the garden fork in the beds of the garden to weed because it loosens the dirt around the weed and makes it easier to remove. After weeding we do some replanting or pruning. We recently bought some lettuce and replanted them into the raised beds. We also pruned the orange tree and lilikoi vine." We are currently deciding what else we should plant and how we can convert more of the plot space into raised garden beds. We strive to become more sustainable and hope to incorporate the gifts from the garden into our daily meals. Please keep an eye out for what's to come! Aloha!

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Clubhouse Guarantees Its Members:

- *The right of place to come to*
- *A right to meaningful relationships*
- *A right to meaningful work*
- *And a place to return to*

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Employment Dinner: Transitioning to Full Time Supported Employment

By: Dena

Hi, my name is Dena. I've been a Clubhouse member since 2019. After the big COVID shutdown, Clubhouse opened up again and I attended everyday.

I felt like working a Transitional Employment (TE) position and when Goodwill Kaimuki reopened in 2022 I got cold feet. Going to work was a little bit scary. I didn't know if I'd be able to stick it out.

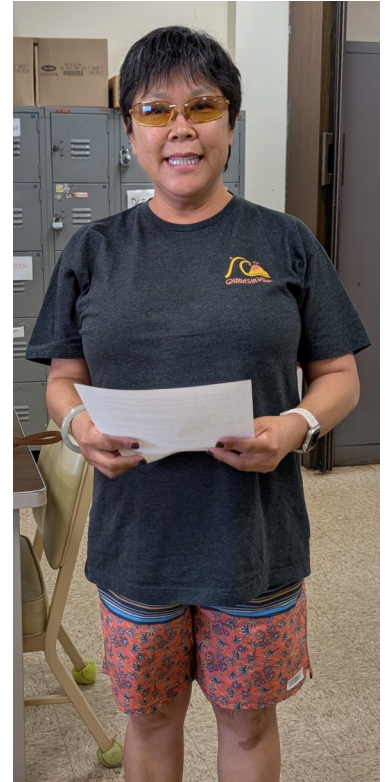
Another member got a job working full-time also at Goodwill and I was so impressed with her ambition, confidence and success. Knowing and being around that kind of person rubbed off and I was encouraged to be just as successful. I made up my mind, I'm going to make the effort to get a job.

August 2024 I started my TE position at Goodwill Kaimuki as a part-time production worker. The job was an entry-level position, mostly sorting, sizing, hanging and tagging clothes. I was new and inexperienced so I had to learn how to accept a lot of constructive criticism and feedback. I got to know the tasks now all I had to do was apply my own way of doing them. My pace got better and I felt competent.

February 2025, one month before my probation period ended, I got the "Employee of the Quarter" recognition. Wow! Gave myself a pat on the back. Good job. Ok, time to aim for the ultimate goal, "Full-time permanent position" (Supported Employment position).

April 2025 I finished my TE and became full-time. Now I get twice as much done in a day and I'm learning how to contribute my input on efficiency in our department. I'm also learning about other positions now.

I can really appreciate belonging to Clubhouse. Here I learn a lot especially how to socialize and become a part of a community full of the same kind of people striving to live better lives. Thank you.



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Kitchen Unit Update

By: Jason & Sandra

This month in the Kitchen Unit, we continued to recover from our Summer Fair fundraiser. There was a lot of cleaning and organizing that we had to do after the event. We also took the time to clean out and organize our large freezer chests and fundraising storage cabinets since they were both pretty empty. This month, we would like to welcome Kahi, Michael, and welcome back Thelma to Diamond Head and into the Kitchen Unit. Thelma has been a member at Diamond Head before and we are very happy to have her back! In fact, we had a special treat from Thelma, who prepared us a special banana pancake breakfast. Mahalo Thelma, it was delicious!

In other Kitchen news, we continued to keep up with the work ordered day making many delicious meals, continuing our regular cleaning, and running the snack shop amongst the many other tasks that we do. That's it from the Kitchen Unit. See you next month, Aloooooooooooooooooooooha!!!

Birthdays



LINDSEY

MATTHEW

ROY

Business Unit Update

By: Katrina & Squirrel

This month in the Business Unit, we have been focusing on recovering from our 17th Annual Summer Fair and Silent Auction, which was held last month. The aftermath of the fair includes calculating finances, physically counting money for bank deposits, tracking silent auction bids, reaching out to the businesses who donated, calculating and tracking material expenses, and inputting all numbers into electronic format. Since we were busy with fair preparations, we were a tad behind on our daily tracking, so members have been proactive in logging past attendance, snack shop sales, and other routine daily work-ordered tasks. Every Monday we continue to review our 2025 unit goals we created during our January Unit Retreat and we choose one goal to focus on during the week. Many of the goals are ones to be maintained each month. Another goal we have been successfully checking off each week is going down to the garden every Friday as a unit. Some members look forward to garden work and a few have taken it upon themselves to go to the garden on a daily basis. It's a lot of fun to enjoy the summer sun! Until next month—Aloha!



August Word Search

D I O X V Z M D H F F W X O S L K B Y N L Q A D I
 I A E H V G R P O C L A M A T I O N W Q L H O U
 C V Y E U T Z S I E G R I K I W Q V N X A F F X E K X A
 J R E J F N I U Z X S I K K L H J D Z J R C L F E
 K I L X Y Z W Z X U T A K K L H J D Z J R C L F E
 N X P U Y L E M Y N E A B G H B N W I O Z X A Z I
 K K B A T K H A S I R V C Z Q O A V Q A R T N M S
 B K A D U Y B I R T R R I O G Q T P M O H L I Z E
 X F H M Y K M L I E I D Q L M J I E K T I X A B N
 C F R I D A Y W R D T R C K R M V Z X D S T N X H
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 R P M N X L V U G E S K U P P R Q I J E F E E T K O D
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 O T W K R D W T O A L G F A T B Y R K N K W A U A
 N U Q R X L H Q D M J N H H O L I D A Y A S A R M
 D A Z O Y R S Q D E A C R G R X N Z I L Z G F Y I Y
 E Z Y B G V B X A R C O N G R E S S X D Q U C N I
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 D C C E J X Q I G A L O S D P E F C W N R A M B M

Sudoku

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	5	7	8	2				
1			9			5		
		9		1				8
5								2
4				9		6		
		4			3			1
				7	9	2	6	
	2			5		9	8	

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Inspirational Message

**“The only way to do great work is
 to love what you do.” - Steve Jobs**

UNITED STATES OF AMERICA	ADMISSION DAY
KALANIANA'OLE	STATEHOOD DAY
CELEBRATION	COMMEMORATE
TERRITORY	REFERENDUM
CULTURE	EISENHOWER
FRIDAY	NATIVE
NO KA OI	HISTORY
AUGUST	HULA