# **Diamond Head Clubhouse News**









## **Thanksgiving at DHC**

We had a lot to do this Holiday Season. It started with Halloween, which came and went, and then it was on to Thanksgiving. Each year we start our Thanksgiving celebration on the day prior, with the Turkey and all the fixings. This seems to work well because many of our members have other places to be on the day of Thanksgiving. The kitchen starts early, putting the turkeys in the oven, first thing in the morning. Members are busy all day, prepping the stuffing, mashed potatoes, green beans, and the most delicious home made gravy! We also had a special dessert. Megan showed up with her freshly baked pumpkin crunch. Thanks Megan!

On the actual day of Thanksgiving we have a big brunch here at clubhouse. It was nice to spend the day with several volunteers and friends including: Dr. Mabini and her son Maxwell. We also had our advisory board member, Monica and a regular helper, Kohl. Many thanks for all of your constant support!

Paul and members set up tents, tables and chairs outside. It couldn't have been a prettier day with blue skies and a light breeze. At our brunch, before we ate, we expressed our gratitude for what we have, our family, friends, health and yes, the clubhouse. We had a good time, sharing our meal and chatting.

With hearts full of gratitude, "Happy Thanksgiving!"



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### Clubhouse Guarantees Its Members:

- The right of place to come to

-A right to meaningful relationships

-A right to meaningful work

-And a place to return to

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## Its Christmas Time... By: Vernon & Dena



At Christmas time It's winter time Cold and blustery Cozy with no cares Be kind to others And have a merry time It's festive and outa sight And Christmas is near Gifts wrapped with ribbon Lights blinking on the tree Holiday wishes abound Best wishes for you and me May we have peace And gather all night The holidays and jubilation And everything in sight filled stockings bright And smiles to last the year Merry Christmas to you And have a Happy New Year!

## Interview with Chasity By: Squirrel

I had the opportunity to interview Chasity. She is 32 & a native Hawaiian. She attended Halau Lo Kahi, but plans to get her GED, and go to college. She has been involved with mental health for the past 20 years & is a part of the business unit which she loves. Her hobbies for the past 20 years have been singing & dancing. Her favorite food is Hawaiian.



When Chasity needs to chill, she goes to the movies. Her favorite movie genre is horror, favorite movie is "The Notebook", favorite TV show is "Shameless" & her favorite book is the Bible. She also enjoys going to AA meetings as well as going to church.

When asked "If you had a friend that was having a difficult time what would you do to help them?" she re-plied "Listen to them". When asked "If you had \$1,000,000, what would you do with it?", she replied "probably give back to the community by either building a homeless shelter, or a drug rehabilitation center.

The last question: "What do you like the most about yourself?", she replied "I'm very understanding & fun".

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## Reaching For My Dreams By: Queenie

This is my favorite quote: "Don't let go of your dreams, and your dreams will not let go of you."

My name is Queenie and I love laughter and fun. I also love challenges. I would like to share with you on why I've decided to get my GED. I recently found a goal and a dream to work as a peer specialist. When I looked into it, I found out that I would need to have at least a GED, high school diploma or higher education. Since I didn't, I was going to drop the idea of being a peer specialist but I spoke with my case manager. She encouraged me to pursue my GED to become a peer specialist. The reason I wanted to become a peer specialist is because when workers from different agencies came to help me, I shared my story and they suggested I become a peer specialist. I also found that I love helping my friends and they help me too. When my probation officer found out that I was trying to get my GED and she suggested that I go to Hawaii Job Center in Iwilei. We called and made an appointment to meet with a counselor. I filled out paperwork and they found I was eligible for services. They contacted me and asked if I wanted to start classes for my GED. Before starting classes I needed to go in and take a placement test. I



was given a choice of attending adult education classes offered at the different high schools or taking classes at Iwilei Job Center.

I am now attending 3 days a week on Tuesday, Wednesday and Thursday from 1 to 4pm. I was given a choice of either morning or afternoon. Just a heads up, the afternoon is a smaller class and gives you more opportunity to get the teachers attention.

I'd say if you really want to pursue something and it requires a diploma, I'd encourage you to get your GED. They will work with you until you are able to pass the test.

Hold on to your dreams. Remember that persistence is the key. Don't give up when faced with challenges. You can do it!!! And remember that there are people out there who want to help you achieve your dreams. Always remember...

Don't let go of your dreams, and your dreams will not let go of you."

## **Diamond Head Clubhouse**



## Christmas Fair 2024 By: Jason

Christmas time is here! Christmas time is here! You know what that means. Christmas Fair is here! Yes, that's right, it fundraising time for Diamond Head Clubhouse again. This year was quite different and a lot more hectic because we had our Clubhouse Accreditation the same week as our Christmas Fair. So we had a lot more to prepare for, with this in mind, we began preparations for our fair earlier than we usually do, we finished the shopping and making all the signs and labels early. We had all of our "dry goods" ready to go and got the word out early. All that was left to do was to follow our baking schedule, as well as plan for making the beef stew. It worked out well having our accreditors here during this time as they were more than happy to lend a hand and work alongside the members and staff. Mahalo for all of your help, Kathy and Paige! We really appreciated your help!

So, on the day of the fair, we were ready. Once we got the Spam Musubi out of the way, it was smooth sailing all the way to the finish line. Our plate lunch set up, worked out great and our cashiers were awesome. We also had plants and some jewelry items for sale outside in the court-yard.

Things started out very, very busy and it was really crowded in the clubhouse. In fact, the line to the cashiers was the longest it has ever been for any of our fairs. Many items sold out really fast and we are happy to report that we hit our target amount of 70 plate lunches. Great Job Every-one!

As always, the Diamond Head Clubhouse would like to thank everyone who helped support our fundraiser. We would also like to send some shout outs to: Monica, Kohl, Brent, Keoni, Kristie and Gwen for your help!



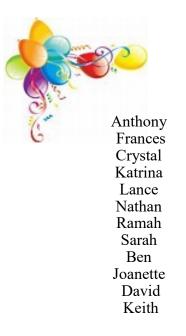
# **Diamond Head Clubhouse**



## Kitchen Unit Update By: Sandra

Birthdays

Thank you to everyone who came to our Christmas Fair! We liked sharing what we had and glad that you were here! We hope that you and your friends enjoyed being here. Every year our Kitchen Unit works hard to prepare many baked goods and plate lunch for you! Members enjoy your company and they have a good time getting the place ready and decorated for our holidays! Members and staff are doing good and our work ordered day is morning and afternoon. We have plenty to keep us busy and out of trouble. We enjoy our work and spending time together. The breakfast and lunches are always something different and they change the menu everyday. This keeps it fun while learning how to work together cooking new dishes. The kitchen unit wishes you a Merry Christmas and a Happy New Year!!!!



## **Business Unit Update By: Vernon & Esther**

It's been a fabulous year here in the Business Unit. We've enjoyed a lot of laughs together and managed to get some work done while having fun. The great attitudes make it a very special place to learn new things and be productive. We have reviewed our 2024 goals and are pleased that we have stayed on task for the majority of the goals. We definitely have room for improvement and look forward to our unit retreat in January 2025. We do want to make a special recognition to Jason who has completed a big task by setting up all new computers here in unit, employment desk, conference room and kitchen unit. This will help all of us move forward in the New Year!





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Sudoku

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**December Word Search** 

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NOEL	JOLLY	FROSTY
ELVES	BELLS	TREE