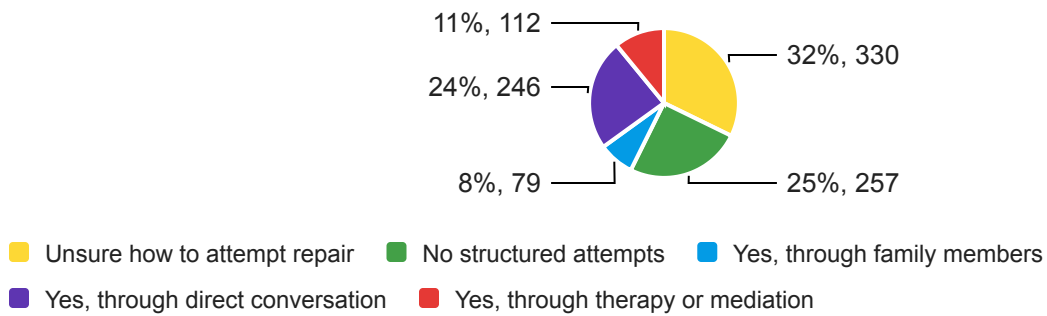
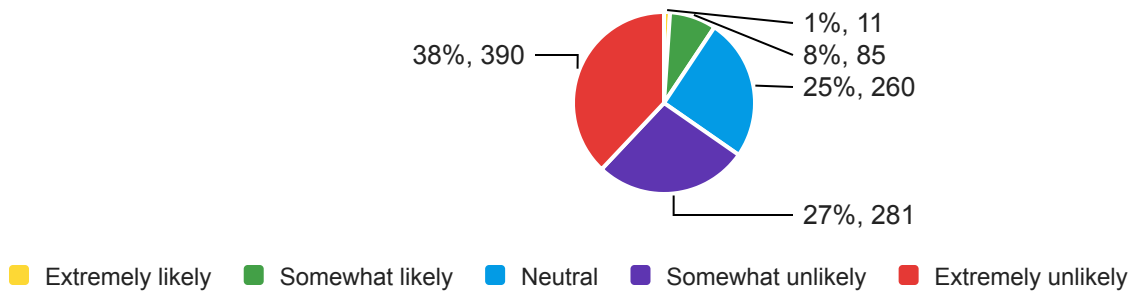


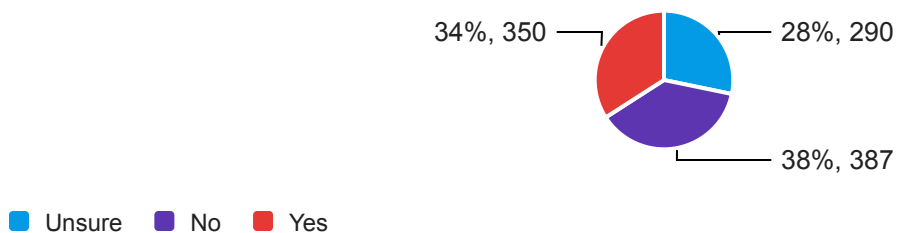
Q21 - Have you attempted structured efforts to repair the relationship?



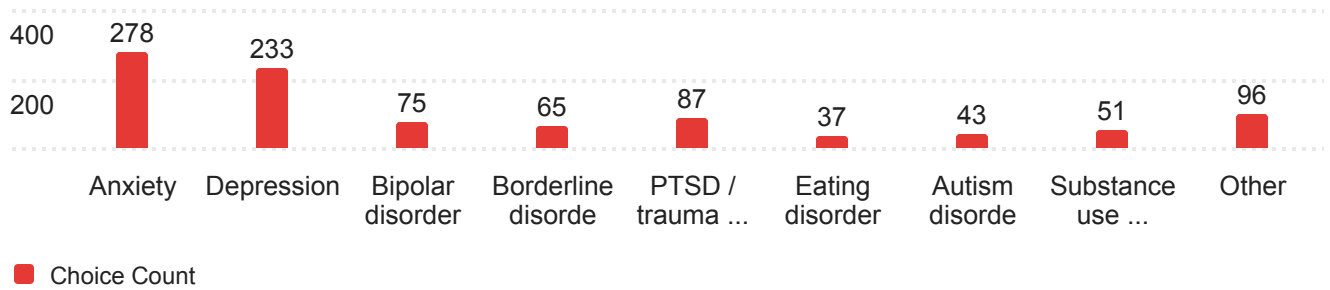
Q22 - How likely do you believe reconciliation is in the future?



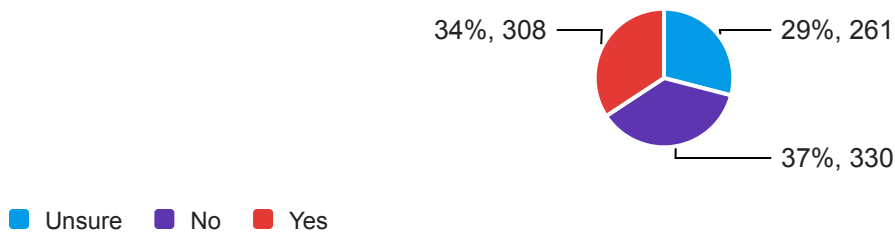
Q23 - To the best of your knowledge, has your child received a mental health diagnosis?



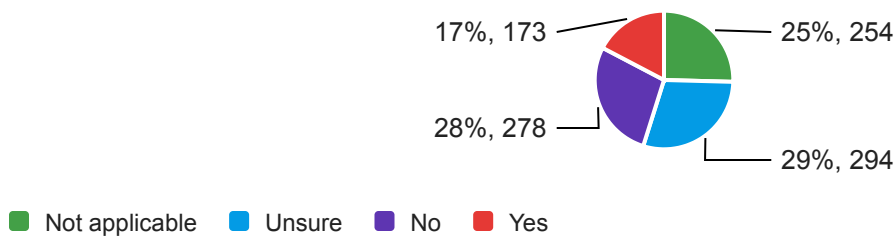
Q24 - If yes, which diagnoses were involved? Select all that apply



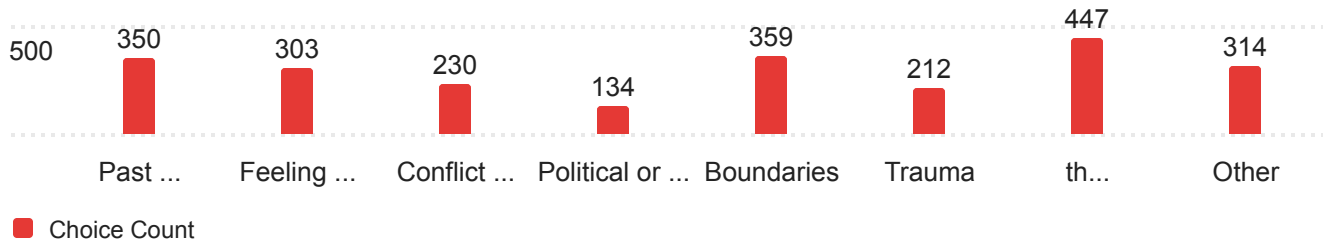
Q25 - Did your child begin therapy within the year before the estrangement?



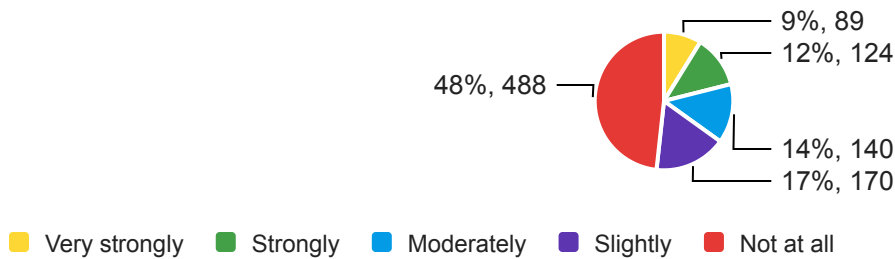
Q26 - Did your child say therapy influenced their decision about the relationship?



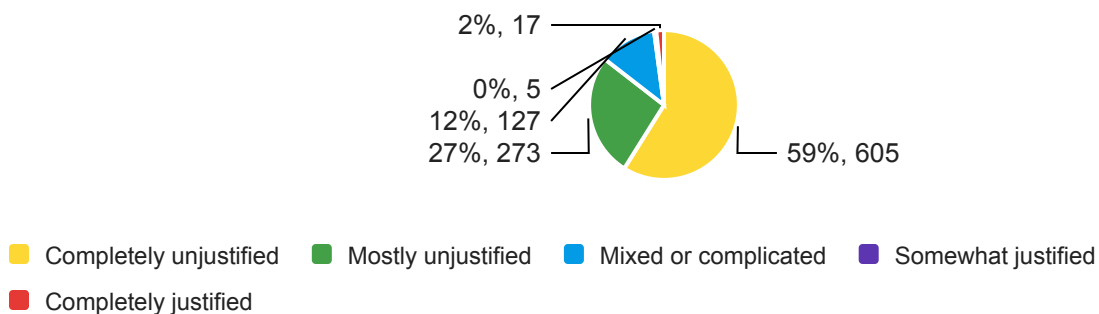
Q27 - Which reasons did your child give for the estrangement? Select all that apply



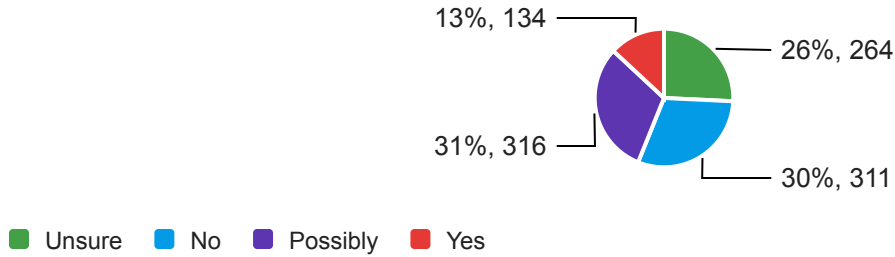
Q28 - To what extent did differences in values, politics, religion, or lifestyle contribute to the estrangement?



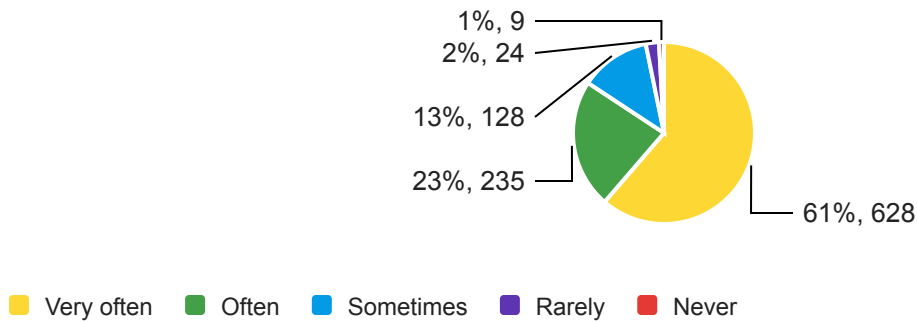
Q29 - To what extent do you believe the estrangement is justified?



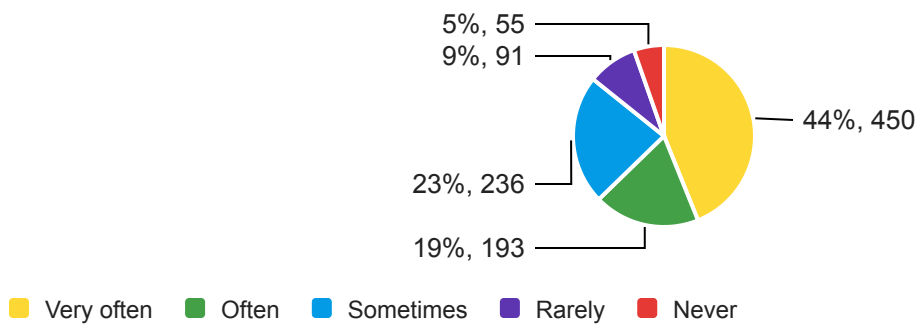
Q30 - Looking back, do you believe you contributed to the conflict in meaningful ways?



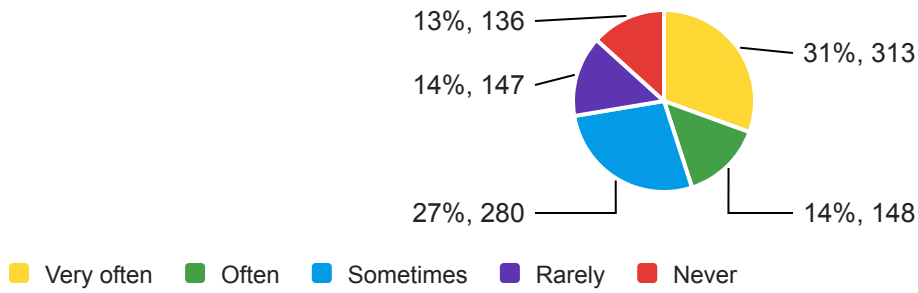
Q31 - Sadness related to estrangement



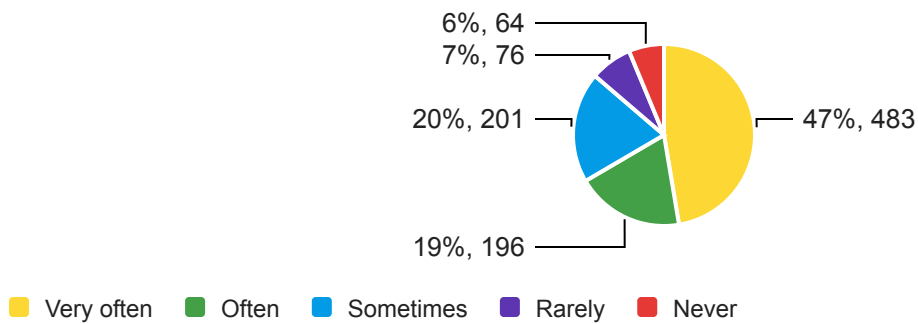
Q32 - Loneliness related to estrangement



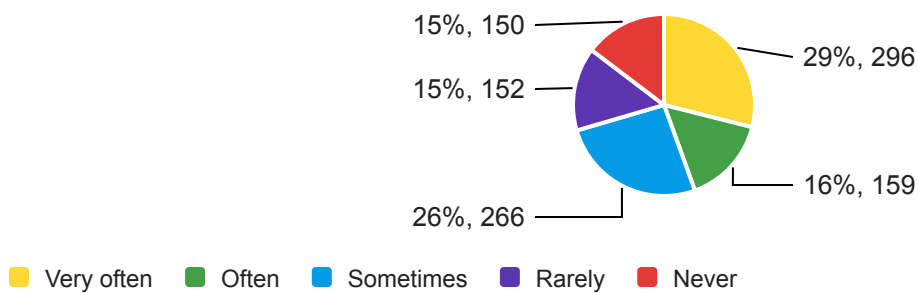
Q33 - Feeling lack of companionship



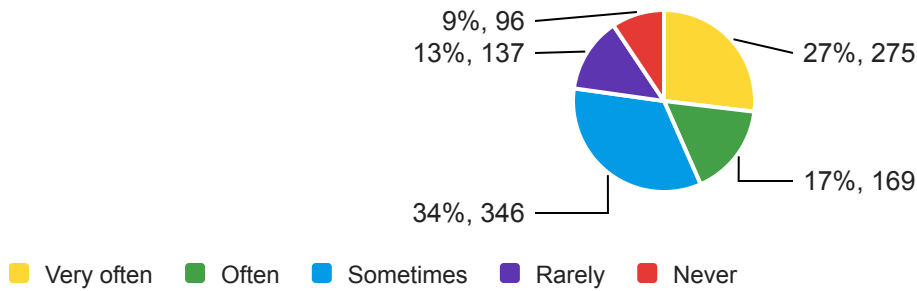
Q34 - Feeling left out



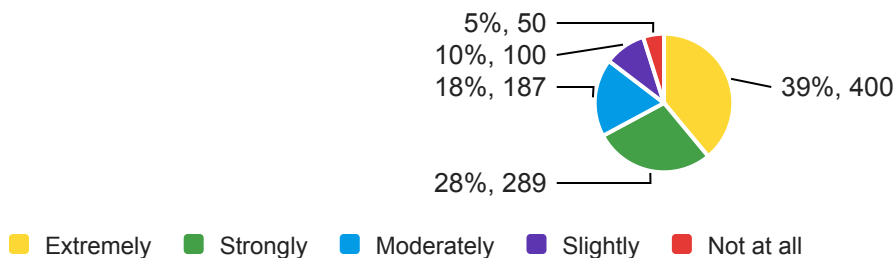
Q35 - Feeling isolated from others



Q36 - Difficulty enjoying things because of estrangement



Q37 - How strongly has the estrangement affected your identity as a parent?



Q38 - In your own words, what do you believe led to the estrangement?

In your own words, what do you believe led to the estrangement?

A narcissistic husband and mother in law

mental illness (undiagnosed)

A stupid argument not even worth this estrangement

My daughter's guilt and her not wanting to face it.

My husband, my daughter's stepfather of 43 years, is a republican who doesn't mince words. My daughter and her husband are liberals. They won't let my 10 year old grandson come to visit because my husband may be a bad influence.

I have watched my daughter discard people like trash when she was done with them... I was evidently on that list. Even as a child, she has never been able to have more than one friend at a time in her life..

I believe social media has a lot to do with it.
Very influential in negative ways

I believe it is brainwashing from the narcissist ex husband who quite plainly told me that he would turn my son against me when we were going through the divorce.

Influences from my narcissistic ex husband. He brain washed her that I was crazy all of her life behind my back, so I never had a chance at a good relationship with her.

Manipulation from narcissistic father who claimed he would take him away from me eventually

My daughter and son had a falling out and the next thing I know is she cut me out of her life completely. I was and still am neutral with what happened between my 2 children. I don't take sides with my children.

She follows 💰 I have none, dad does and they also do drugs together even tho she's an alcoholic and drug addict

Her therapist. Not asking me questions about anything but creating a narrative that doesn't remotely look like reality.

Parental alienation by father

Not sure, bad timing

Her husband has changed her values eg racist and selfish and alcohol

He got caught in a web of lies to his girlfriend. Used us as a scapegoat since he had moved out with her and had already signed a lease. She wanted total control because we had a respectful conversation with him about significant value differences between them (they lived with us). He has wanted acceptance from his peers his whole life. He was born with a severed spinal cord and does not have bowel/bladder function. She accepted him/and his medical issues, but there is a trade off-She gets control.

Divorce when child was 8

My sons spouse has BPD

she assumed i drink a lot

Q39 - What has been the most difficult part of this experience for you?

What has been the most difficult part of this experience for you?

Not seeing my grandson and never meeting my granddaughter

loss

His father died heart broken because of this

Not seeing if my grandkids.

I've always been very close to my daughter and grandson. We cared for my grandson frequently when he was younger. We moved to a different state so that we could be there for them. I really miss them.

That the reason for the isolation has been talked about within the family and reasons have been so vague. It has been left to just fill in the box scenarios... It has caused other family members to step away without knowing the real truth... I have been told that they are just staying out of it so that they're not treated the way I am.

The most difficult part is not seeing our grandchildren. Followed by WHY ?????
We were very active in each others lives then it just stopped and silent treatment

Not being able to see or talk to my grandkids.

Grieving the loss of having her in my life when Im still alive and not being able to be in my grandson's life.

Accepting that I knew this would happen and knowing my child is out in the world unhappy and unsettled with no real love

The most difficult part is the confusion of what exactly led to this.

That she's 'forbidden me from addressing the divorce her dad and I are going through after 49 years of marriage

Missing my daughter. Being cut from her and my granddaughter's lives.

Missing my only child

Not being able to talk

Moved state at a financial lost to be closer and cant believe her rage

I have spent the last 30 years of my life making him and his brother a priority. Putting their needs well before my own always out of love and care for their well being. I nursed him through 5 surgeries, quit 2 jobs to stay home to take care of/ home school him because of surgeries and he was getting bullied at school. We are still paying for tuition from college that he never finished...He was supported mentally, emotionally, physically, medically and educationally-and he has the audacity to say we were "narcissistic "and "unsupportive". □

Missing out on my daughters life

Losing my son and grandchildren

the worrying about her

Q40 - What is the biggest misconception about parents who are estranged from their children?

What is the biggest misconception about parents who are estranged from their children?

That they did something to cause this

That there must be something the parent did to the child.

That it is always the fault of the parent

That grown children have a reason to cut us off. Most of the time they do not. We are not bad parents we are good parents.

That the parents must deserve this treatment.

That we need to accept total fault, be quiet,, let the lie stand, but because we are the parent, we don't have real feelings that can be stepped on or hurt. That the actual bridge can be burned and the kind of love that we shared between each other will go away and never return... If a new relationship in the future ever happens, it literally could never be the same type of relationship that we once had.

What did you do wrong ?

(please tell me what we did so we can apologize fix and get back together)

That they are totally to blame because so many times, they are not. All parents make mistakes, there's no such thing as a perfect parent.

Its the parent's fault!

That we are abusive and toxic. I was not perfect but I was present

The biggest misconception is that it's always the parents fault.

That we weren't once fabulous parents

We are (and the cause) of every problem in their lives. It's easier to pin it on us then discard so they don't have to take accountability for their own choices and decisions.

They deserve it

They are to blame

That we are all "toxic" or "abusive"-when I think social media is grooming these young adults to hate/blame their parents! I think it is underestimated just how much this wrecks our lives. I have thought about suicide multiple times since this cut off. This trend of cutting off parents/siblings is destroying families.

Always parents fault

That it is always the parents fault.

that us as parents should try to get them back in our lives but it might not be possible if they don't want us around

It's not always the parents fault