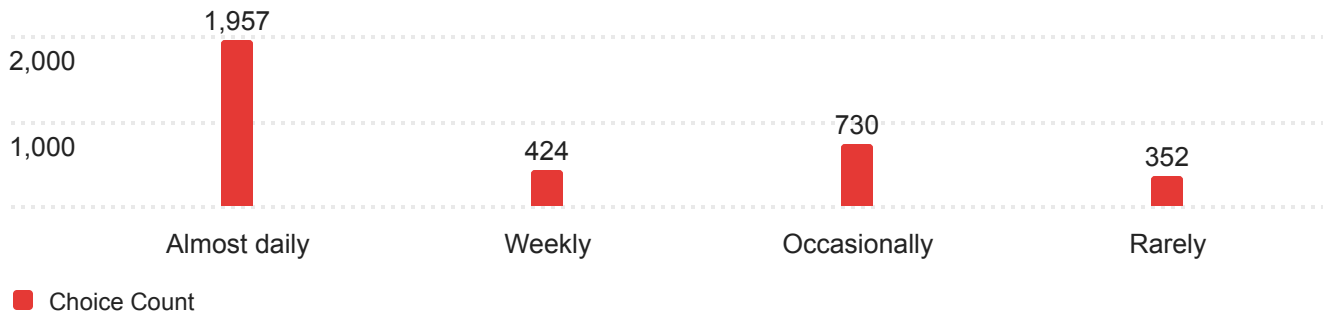
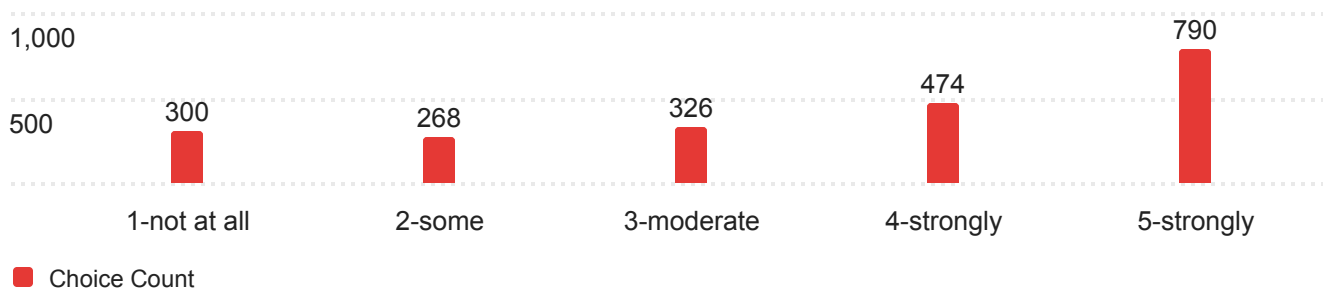


Q21 - How often do you feel loneliness related to the estrangement?



Q22 - How strongly has estrangement affected your identity as a parent?



Q23 - In your own words, what do you believe led to the estrangement?

In your own words, what do you believe led to the estrangement?

Other family members made remarks about my son's wife. I was blamed for not stopping the remarks.

Child couldn't let go of her child and blamed others for that

Friends/ their dad , Dv in second marriage, also every parent of my children friends growing up have come to support me. Their children are also cutting off their families. There is no reason that we haven't been working through, that would cause their estrangement.

Argument with DIL

I cut it off my parents and sister (my daughter's grandparents and aunt) after years of disrespect, manipulation, dishonesty, spiteful , envy and unsupportive behaviour towards me and my brother. They have manipulated my daughter and turned her against me. My daughter has sided with them and cut me off.

She m9vec far away and her not hav8ng to actually address the issue because of distance. He dad and brother will not give me her number because they are worried that she will cut them off too.

They were stolen from me when they were 5, 6 and 7. They are all estranged. The eldest I cut off happily as he is a raging antisemite women hater who accused me of pimping him out as a little child. Lying dangerous cunt! I never want to hear or see him again as long as I live.

She's too busy she says

Social media

his wife

My son got married. The reason I was given varied until it was deemed I have offended her and her family and must beg forgiveness on my knees. My grandson is not hers. My son and grandson lived with us until he got married.

I tried to tell her the truth about her narcissistic (now late) father. I left him 30 years prior because of his treatment of me when I couldn't stand it any more, but I kept quiet for all that time. However, he spoiled and love-bombed our daughter so that she thought he was wonderful. When he was terminally ill in hospital she rather unwisely phoned me in hysterics, and I found it impossible to keep quiet any longer because all I could think of was the terrible life he had given me. Her response was to lose her temper and say she never wanted to speak to me again until I 'changed my mind'. Then she slammed the phone down. Next thing I knew she'd deleted and blocked me on FB and also cut me off from my grandson. Since then I've heard she's got married to someone I've never met, and now has another baby boy whose name and exact birthday I'm not allowed to know. The pain I feel on a daily basis is killing me....

Therapist advice and personal friends feeding the poor you trauma from past

My daughter is a narcissist and she lied to everyone about me. Which broke my heart. Always had to walk on eggshells around her

I couldn't anymore. I broke down and after that I said no more. I cut her off

Jealousy 9n the wife

Absolutely no idea. We were absolutely fine and then over night, we were the parents from hell.

Unresolved pain from their dad committing suicide and one daughter that influenced the others to leave

The death of her estranged biological mother.

New boyfriend, now husband is controlling and when he couldn't control me, I had to go. He tried to control my property during my divorce and my daughter and he took things without permission when I was trying to sell the house. They came to "help" me and ended up trying to control when contractors and other people could come to the property. He got into an argument with my youngest daughter and told her to not come back to the property. I was living there. I told him that he had no right and to stay out of my business and I could have anyone over to my house anytime I wanted. I wasn't bothering him and my oldest daughter. They were only supposed to stay just enough time to get her things before the sale of the property, they stayed 9 months, changed the locks, I had to call the police. He has completely taken over her. She has been brainwashed. He did PsyOps in the Army.

I don't really know. I think she was influenced by trends because her language was so cookie cutter

Q24 - What has been the most difficult part of the experience for you?

What has been the most difficult part of the experience for you?

Being cut off without any discussion.

Being accused of things which are untrue

The sudden cut off . 1 week super close talking on either a daily or weekly basis then nothing.

Cut off from Grandkids

Not being able to see my granddaughter. She would spend every weekend with me from 6 weeks old till 5 years old. I adore her but haven't seen or spoken to her for over a year now.

My grandsons growing up without me in their life.

Putting up with my kids toxic abuse which was taught to them by my fuckwit father and step dragon

Loneliness

I miss my child

my father had passed away and he cut me off two days after the funeral

Losing my grandson. We raised him since birth and he was taken away abruptly. Now I'm supposedly toxic and offended my new DIL

Being kept from my two youngest grandsons...

No contact with daughter and grand children or threats for more cut off

I know I will never have the relationship I want with her. But not at the cost of my peace sanity and self respect

No holidays no visits. Basically ignored

We were close, always being told that we were the best parents and grandparents but now we haven't seen our grands in over 6 years. We have a granddaughter that will be 6 this year that we have never met. I worry the most about what this is doing to our grandchildren.

The daily pain and longing for them. Missing the life events (marriages, grandchildren, etc)

Completely uncaring child

Loss of my daughter and granddaughter. I was very close to both.

Feeling that I invested my life in someone who could just discard that bond

Q25 - If reconciliation were possible, what would healing the relationship look like?

If reconciliation were possible, what would healing the relationship look like?

All he needs to do is pick up the phone.

Calm face to face discussion with a 3rd party present

Open honest communication, and learning to trust the children and believe that they will not do this again. Figure out both sides of boundaries how that looks to both sides

Having a meaningful, blameless, understanding of each other discussion to understand why my daughter picked sides and to make changes where necessary. The hugely unfortunate truth is that I've lost trust in my daughter.

Forgive and forget but I want a reason why she did those to me and her children.

I don't want healing I want him to fuck off and die.

More frequent contact initiated by her

I don't know. The things that she has claimed is just unbelievable to me

hopefully a fresh start

He showed up to his brother's graduation after two years of no contact, let us back into his life but disallowed contact with grandson and new granddaughter. Took gifts for Christmas, sent photos, the ghosted us all again. We were threatened by his Father in Law that we're not allowed to drop anything off at their home or we'd be arrested because they own the home they live in.

There will be no reconciliation with my daughter because I could never trust her again. My only mistake was in thinking I was speaking to an adult. Her father, my ex, was married before me, and both of us left him because of his behaviour.

I would hope for full healing and restoration for both sides. Love has not changed on this side. Just lots of hurting

I can't even imagine it as I know she will never change

Too far gone I think

To forget and forgive the past and move forward to create new memories.

Respect and healing for everyone

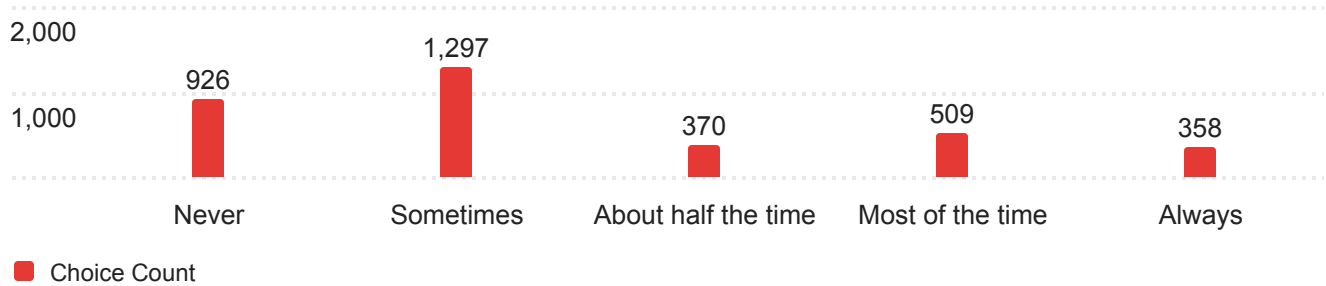
Starting off slowing and building to a somewhat normal relationship

He would need to stay out of my business and allow our family to visit with my daughter and granddaughter. I wouldn't mind if he was there as long as he left me alone. He likes to control my daughter's phone.

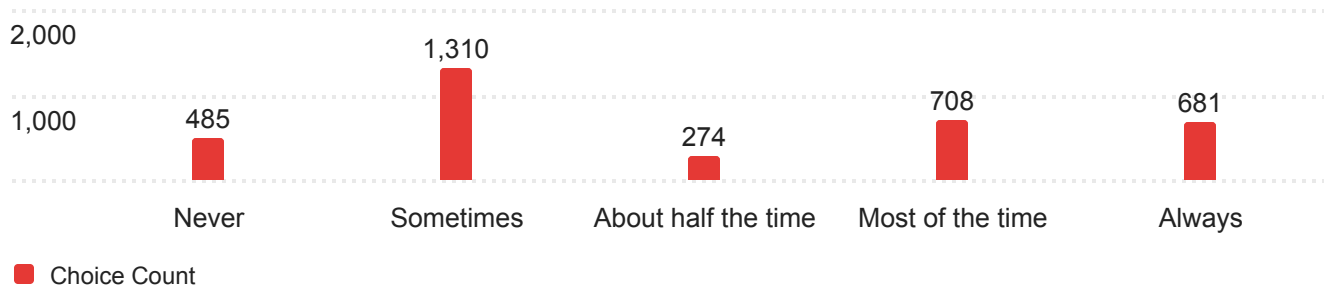
I don't know. I feel abandoned and would find it hard to trust again.

respecting eachother and our boundaries

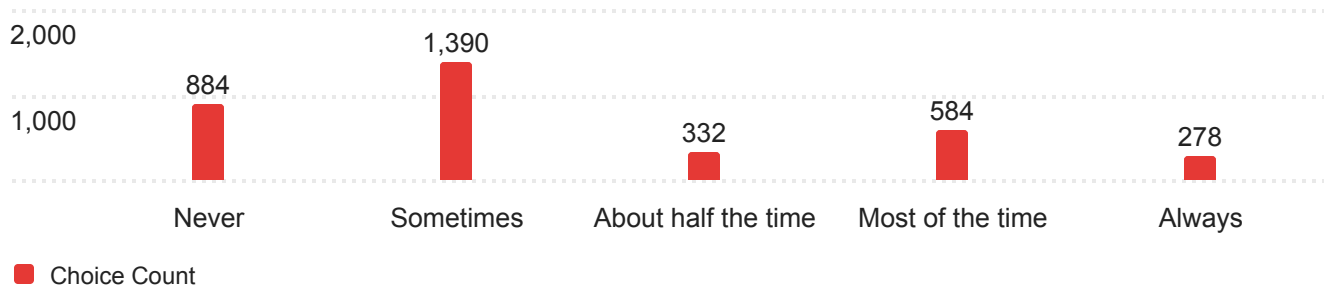
Q26 - How often do you feel that you lack companionship?



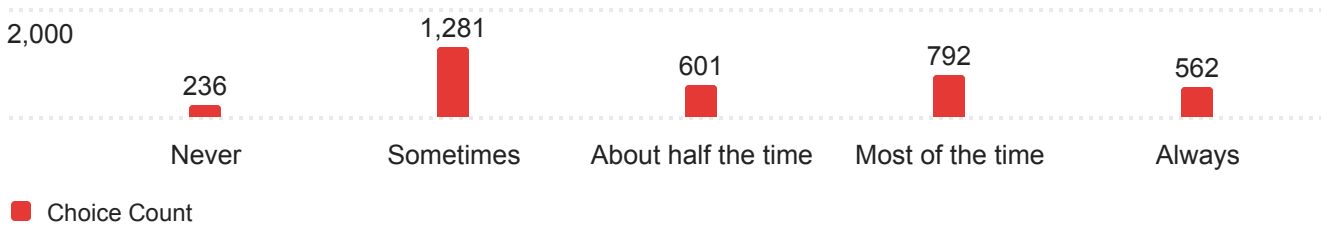
Q27 - How often do you feel left out?



Q28 - How often do you feel isolated from others?



Q29 - During the past week, how often have you felt sad or down because of the estrangement?



Q30 - During the past week, how often have you felt that the estrangement weighs heavily on your mind?



Q31 - During the past week, how often have you had difficulty enjoying things because of the estrangement?

