

PERSONAL INFORMATION

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_  
First Middle Last

PHONE NUMBER: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

GENDER: \_\_\_\_\_ SOCIAL SECURITY #: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
Street Address City, State Zip Code

INSURANCE INFORMATION: (Must attach copies of front and back)

**PRIMARY INSURANCE:** \_\_\_\_\_

POLICY #: \_\_\_\_\_ GROUP #: \_\_\_\_\_

POLICY HOLDER: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

**SECONDARY INSURANCE:** \_\_\_\_\_

POLICY #: \_\_\_\_\_ GROUP #: \_\_\_\_\_

POLICY HOLDER: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

BASIC INFORMATION

Please tell us about what you would like to address in your appointment and what your treatment goals are:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What other medical illnesses do you currently have?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

EMPLOYMENT STATUS: (Circle One)

Unemployed    Self-Employed    Employed    Student    Retired    Work Disabled    Homemaker

EMPLOYER: \_\_\_\_\_

PRIMARY CARE PHYSICIAN: \_\_\_\_\_

COUNSELOR/THERAPIST/PSYCHIATRIST: \_\_\_\_\_

CURRENT RELATIONSHIP STATUS: (Circle One)

Married    Single    Divorced    Widowed    Same-Sex Relationship    Committed Relationship    Other

SUBSTANCE USE HISTORY (Circle One)

Are you currently seeking, or ever been through drug or alcohol treatment?    Y    or    N

Have you ever felt the need to cut down your alcohol consumption?    Y    or    N

MEDICAL HISTORY

**Have you ever been hospitalized for mental health issues? (Circle One) YES NO**

**IF YOU ANSWERED YES:** How many times have you been inpatient? \_\_\_\_\_

What facility? 1. \_\_\_\_\_ 2. \_\_\_\_\_

When were you there? 1. \_\_\_\_\_ 2. \_\_\_\_\_

Did you follow-up with a doctor when you left? **(Circle One) YES NO**

**Are you currently having thoughts of suicide? (Circle One) YES NO**

IF YES, please explain: \_\_\_\_\_

**Have you had thoughts of hurting yourself or others in the past? YES NO**

IF YES, please explain: \_\_\_\_\_

Is this appointment for disability, long term disablement, or FMLA paperwork? **YES NO** \_\_\_\_\_

**SYSTEMS REVIEW**

IN THE PAST MONTH, have you experienced any of the following?

Depressed Mood	Racing Thought	Excessive Worry	Unable to Enjoy Activities	Impulsivity
Increased risky behavior	Anxiety Attacks	Suicidal Thoughts	Loss of Interest	Increased Libido
Decreased Need for Sleep	Hallucinations	Forgetful	Suspiciousness	Change in Appetite
Fatigue	Excessive Energy	Thoughts of harming self or others	Increased Irritability	Crying Spells
Poor Concentration	Decreased libido	Sleep Difficulty	Excessive Daytime Drowsiness	Little Pleasure in Relationships

**MEDICATION RECONCILIATION**

Please list your CURRENT medications – Include prescriptions, over the counter, dietary and herbal supplements

Medication	Dose/Strength	Reason for Taking	Prescribing Doctor

IF YOU ARE NOT TAKING ANY MEDICATIONS, PLEASE INITIAL HERE: \_\_\_\_\_

## Medication Review

IN THE PAST have you taken ANY of the following medications?

If so, how long did you take it and what was your experience with the medication?

<b>ANTIDEPRESSANTS</b>	<b>For how long?</b>	<b>How did you feel?</b>
Prozac (Fluoxetine)		
Paxil (Paroxetine)		
Zoloft (Sertraline)		
Celexa (Citalopram)		
Effexor (Venlafaxine)		
Wellbutrin (Bupropion)		
Lexapro (Escitalopram)		
Pristiq		
Cymbalta (Duloxetine)		
Viibryd		
Trintillex		
Remeron (Mirtazapine)		
<b>MOOD STABILIZERS</b>	<b>For how long?</b>	<b>How did you feel?</b>
Zypreza (Olanzapine)		
Geodone (Ziprazadone)		
Abilify (Aripiprazole)		
Seroquel (Quetiapine)		
Invega (Paliperidone)		
Saphris		
Risperdal (Risperidone)		
<b>SLEEP</b>	<b>For how long?</b>	<b>How did you feel?</b>
Lunesta (Eszopiclone)		
Ambien (Zolpidem)		
Restoril (Temazepam)		
Desyrel (Trazodone)		
<b>ANXIETY</b>	<b>For how long?</b>	<b>How did you feel?</b>
Ativan (Lorazepam)		
Xanax (Alprazolam)		
Klonopin (Clonazepam)		
Valium (Diazepam)		
Buspar (Buspirone)		
<b>ADD/ADHD</b>	<b>For how long?</b>	<b>How did you feel?</b>
Adderall (Dextro-Amphet)		
Ritalin (Methylphenidate)		
Vyvanse (Lisdexamfetamine)		
Concerta (Methylphenadate)		
<b>BIPOLAR</b>	<b>For how long?</b>	<b>How did you feel?</b>
Depakote (Valproic Acid)		
Tegretol (Carbamazepine)		
Lamictal (Lamotrigine)		
Trileptal (Oxycarbazapine)		
Lithium		

IF YOU HAVE NOT TAKEN ANY MEDICATIONS IN THE PAST, PLEASE INITIAL HERE: \_\_\_\_\_

## **PHQ-9 Depression**

IN THE LAST TWO WEEKS: how often have you been bothered by the following?	No Days	Several Days	More than Half the Days	Nearly Every Day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling asleep or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself – or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television.	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual?	0	1	2	3
9. Thoughts that you would be better off dead or off hurting your in some way?	0	1	2	3

Column Totals:

+

+

+

Total Score: \_\_\_\_\_

## **INSTRUCTIONS**

- Once we receive your information, it USUALLY takes the providers 1-5 days to review.
- After the providers have reviewed the information, we will call you to let you know if we will be able to schedule an initial, in-person consultation and with which provider.
- Once you have your appointment date and time, we will require additional paperwork which can be emailed to you and brought in at your consultation, or you can come in the office 15 minutes early on the appointment date to complete it.
- Please attach a copy of your ID and health insurance card to this paperwork or bring them into the office with you when you drop off this paperwork.

No-show and Late Cancellation Policy

We understand that you may need to cancel an appointment occasionally. In such circumstances, please contact us no later than 24 hours before your scheduled appointment time. You may do so by calling 405-840-3793.

If you do not show up for your appointment, or cancel or reschedule within 24 hours of your appointment time, we will consider that a no-show. ***No-show appointments may be subject to a \$75 fee.*** No-show fees are the patient's sole responsibility and must be paid in full before your next appointment. Three no-shows in a year will constitute a discharge from the practice. If the no-show fee might prevent you from receiving necessary care, please contact us.

We know that unexpected situations sometimes arise. In the case of emergencies or extenuating circumstances, we may waive the no-show fee. Waivers are determined on a case-by-case basis at the practice management's sole discretion.

Service Billing

Copayments, deductibles, or coinsurance are due at the time of service. If you are experiencing financial hardship, please reach out to the billing department at (405) 833-1880 for payment options.

Printed: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_