

50/75/100 Days of Practice!

Dr. Suzuki says: "Practice on the days you eat!"



Place a Check mark on the days you practiced
Place a Wavy line on the days you substituted listening for 90'
Place an X mark for the day you missed
Place an Asterisk on the day you Doubled for the missed day.

Start Date: _____

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	8t	87	88	89	90	91	92	93	94	95	96	97	98	99	100

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