

## Recruiting Terms

**Dead Period** – The college coach may not have any in-person contact with you or your parents at any time during the dead period. The coach may write and telephone you and your parents during this time. **Evaluation** – An evaluation is an activity by a coach to evaluate your academic or athletic ability. This would include visiting your high school or watching you practice or compete. **Evaluation period** – The college coach may watch you play or visit your high school, but cannot have any in-person conversations with you or your parents off the college's campus.

You and your parents can visit a college campus during this period. A coach may write and telephone you or your parents during this time. **Official visit** – Any visit to a college campus by you and your parents paid for by the college. The college may pay the following expenses:

1. Your transportation to and from the college
2. Room and meals (three per day) while you are visiting the college
3. Reasonable entertainment expenses, including three complimentary admissions to a home athletics contest.
4. Before a college may invite you on an official visit, you will have to provide the college with a copy of your high school transcript and necessary standardized test scores.

**Prospective student-athlete** – You become a “prospective student-athlete” when:

1. You start ninth-grade classes; or
2. Before your ninth-grade year, a college gives you, your relatives or your friends any financial aid or other benefits that the college does not provide to students generally.

**Quiet Period** – The college coach may not have any in-person contact with you or your parents off the college's campus. The coach may not watch you play or visit your high school during this period. You and your parents may visit a college campus during this time. A coach may write or telephone you or your parents during this time.

**Unofficial visit** – Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a home athletics contest. You may make as many unofficial visits as you like and may take those visits at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.

**Recruiting Calendars** – To look at recruiting calendars for all sports, [www.NCAA.org](http://www.NCAA.org) go to org General recruiting calendar provided below.

**National Letter of Intent (NLI)** - The National Letter of Intent (NLI) is a binding agreement between a prospective student-athlete and an institution in which the institution agrees to provide a prospective student-athlete who is admitted to the institution and is eligible for financial aid under NCAA rules athletics aid for one academic year in exchange for the prospect's agreement to attend the institution for one academic year. All colleges and universities that participate in the NLI program agree to not recruit a prospective student-athlete once he/she signs an NLI with

another college or university. Therefore, a prospective student-athlete who signs an NLI should no longer receive recruiting contacts and calls and is ensured an athletics scholarship for one academic year. The NLI must be accompanied by an institutional financial aid agreement. If the student-athlete does not enroll at that institution for a full academic year, he/she may be subject to specific penalties, including loss of a season of eligibility and a mandatory residence requirement. [www.national-letter.org](http://www.national-letter.org)

[NCAA Mens Lacrosse Recruiting Calendar](#)

Select headline above to be taken directly to a color version of the '09-'10 Division 1 recruiting calendar.

[Click here fore the NCAA Division I Men’s Lacrosse Recruiting Calendar](#)

Summary of Recruiting Rules

Division 1 – Sophomore Year

Recruiting Method	NCAA Allows Lacrosse
Recruiting Materials	You may receive brochures for camps and questionaries
Telephone Calls	You may make calls to a coach at your expense only; a college coach cannot call you.
Off-Campus Contact	None Allowed
Official Visit	None Allowed
Unofficial Visit	You may make an unlimited number of unofficial visits

Division 1 – Junior Year

Recruiting Method	NCAA Allows Lacrosse
Recruiting Materials	You may begin receiving September 1st of your junior year.
Telephone Calls	You may make calls to a coach at your expense.
College coaches may call you	Once per week starting July after your Junior year.
Off-Campus Contact	Allowed starting July 1st after your Junior year.
Official Visit	None allowed.
Unofficial Visit	You may make an unlimited number of unofficial visits.

Division 1 – Senior Year

Recruiting Method	NCAA allows Lacrosse
Recruiting Materials	Allowed

Telephone Calls	You may make calls to a coach at your expense.
College Coaches may call you	Once per week
Off-Campus Contact	Allowed
Official Visit	Allowed opening day of classes your senior year; You are limited to one official visit per college up to a maximum of five official visits to Divisions 1 and 2 colleges.
Unofficial Visit	You may make an unlimited number of unofficial visits
Evaluation and contacts	Up to seven times during your senior year.
How often can a coach see me or talk to me off the college campus?	A college coach may contact you or your parents/legal guardians not more than three times during your senior year.

Recruiting Method	Division II	Division III
Recruiting Materials	A coach may begin sending you printed recruiting materials Sept 1st of your Junior year in high school.	You may receive printed materials anytime.
Telephone Calls	A college coach may call you once per week beginning June 15th between your Junior and Senior year; You may make calls to the coach at your expense.	No limit on the number of calls or when they can be made by the college coach; You may make calls to the coach at your expense.
Off-Campus Contact	A college coach can have contact with you or your parents/legal guardians off the college's campus beginning June 15th after your junior year; A college coach is limited to three in-person contacts off campus.	A college coach may begin to have contact with you and your parents/legal guardians off the college's campus after your junior year.
Unofficial Visit	You may make an unlimited number of unofficial visits at any time.	You may make an unlimited number of unofficial visits at any time.
Official Visit	You may make official visits starting the opening day of classes your Senior year; You may make only one official visit per college and up to a maximum of five official visits to Division I and II colleges.	You may make official visits starting the opening day of classes your Senior year; You may make only one official visit per college.