



PALMYRA LACROSSE 2022 EXPECTATIONS

- 1. ALL PLAYERS WILL MAINTAIN A MINIMUM OF A "C" (70%) AVERAGE IN ALL COURSES
TWO CONSECUTIVE WEEKS OF ACADEMIC INELIGIBILITY WILL RESULT IN DISMISSAL FROM THE
TEAM**
- 2. ALL PLAYERS WILL BE EXPECTED TO BE AT PRACTICES AND GAMES 5 MINUTES BEFORE THE
REQUIRED TIME.**
- 3. IF UNABLE TO MAKE A PRACTICE OR GAME, THE PLAYER WILL NOTIFY A COACH PRIOR TO THE
PRACTICE OR GAME.**
- 4. IF YOU MISS A GAME, YOU WILL SIT A GAME. A TOTAL OF 3 UNEXCUSED ABSENCES WILL RESULT
IN DISMISSAL FROM THE TEAM.**
- 5. ALL PLAYERS WILL BE EXPECTED TO REMAIN IN THE PLAYERS BOX DURING THE GAME, UNLESS
ENTERING OR LEAVING THE GAME, OR SERVING A PENALTY.**
- 6. INAPPROPRIATE LANGUAGE WILL NOT BE TOLERATED EITHER ON OR OFF THE FIELD.**
- 7. ALL PLAYERS WILL PARTICIPATE IN COMMUNITY SERVICE PROJECTS AND BOOSTER CLUB
FUNDRAISING ACTIVITIES.**
- 8. ALL PLAYERS ARE EXPECTED TO SUPPORT THEIR FELLOW PLAYERS.**
- 9. ALL PLAYERS ARE EXPECTED TO SHOW RESPECT FOR THE OFFICIALS, OPPONENTS, AND THEIR
TEAM**
- 10. IF THE NATIONAL ANTHEM IS PLAYED PRIOR TO A CONTEST, ALL PLAYERS ARE EXPECTED TO
REMOVE THEIR HELMETS, FACE THE FLAG, AND EITHER SING THE NATIONAL ANTHEM OR
REMAIN QUIET, WITH NO OTHER MOVEMENT.**
- 11. DRUGS, ALCOHOL AND TOBACCO WILL NOT BE TOLERATED IN ANY FASHION.**
- 12. ALL PLAYERS WILL RIDE THE TEAM BUS BOTH TO AND FROM ANY CONTEST.**
- 13. ALL PLAYERS ARE EXPECTED TO ATTEND A MINIMUM OF 70% OF OFF-SEASON TRAINING
(HALLWAY, STICK SKILLS & CONCEPTS, & PLAYDATES). FAILURE TO ATTAIN 70% WILL RESULT IN
POINTS BEING MADE UP AT THE BEGINNING OF THE REGULAR SEASON.**
- 14. ANYTHING ELSE DEEMED APPROPRIATE BY THE COACHES.**

