

Skin Needling

Post-Treatment Information

During the skin healing process, you may experience minor itching, hives, flaking or redness. If you have any concerns, please call your Caloundra Skin and Beauty practitioner.

Please also avoid picking, squeezing or agitating your skin while it recovers.

Please avoid the following activities for up to 48hrs after your Skin Needling procedure;

- Direct sun exposure (Sun or Solarium)
- Intensive cardio/exercise routines
- Excessively hot showers, saunas etc.
- Further clinical skin treatments
- Spray or self-tanning
- Swimming in chlorinated pools or the ocean
- Tattooing (artistic or cosmetic)

Please avoid the following skincare products and ingredients for up to 5 days after your Skin Needling treatment;

- Alpha Hydroxy Acids (AHA's)
- Beta Hydroxy Acids (BHA's)
- Benzoyl Peroxide
- Retinoids (Vitamin A)
- Hydroquinone
- Kojic Acid or Azelaic Acid
- Alcohol

A light mineral make-up may be applied 24hrs post-procedure.