

Menu

Lunch Sandwiches Come with a Choice of Kettle Chips, Cup of Soup or House Salad.

Caesar Salad up charge \$2.00

Hot Sandwiches

Chipotle Chicken - 16

Avocado, Red Onion, Greens, Chipotle Aioli, Chicken and Cheddar Cheese on Multigrain

Chicken, Peach and Goat - 16

Pesto Aioli, Chicken, Poached Peaches, Goat Cheese on Multigrain

Club - 17

Bacon, Lettuce, Tomato, Pesto Aioli and Cheddar Cheese & Chicken on Multigrain

Taco's

Chipotle Taco Trio - 16

(No Side Included)

Chipotle Marinated Chicken, Avocado Lime Crema, Carrot & Cabbage Slaw, Goat Cheese and Fresh Herbs

Black Bean Taco Trio - 14

(No Side Included)

Refried Black Beans, Sweet Potato, Avocado Crema, Carrot & Cabbage Slaw

Cold Sandwiches

Egg Salad - 15

Green Onion Egg Salad with Cucumbers and Crunchy Sprouts on A Croissant

Deli Sandwich - 16

Spicey Calabrese, Genoa Salami, Greens, Havarti, Pickled Red Onion, Sundried Tomato, Pesto On Baguette



Quiche

Quiche -17 Daily Quiche Served with a Small Green Salad, and Biscuit

Soup

Potato Bacon Soup -8

Add a piece of baguette - 2

Salads & Bowls

Quinoa Bowl - 14

Arugula, Strawberries, Red Onion, Cucumbers, Goat Cheese, Toasted Seeds, Mint Vinaigrette
Add Chicken - 6

Power Bowl - 14

Kale, Roasted Red Peppers, Pickled Red Onions, Chickpeas, Radish, Cucumber, Toasted Seeds, Green Goddess Dressing

Add Chicken - 6

Cold Noodle Bowl -14

Shanghai Noodles, Red Onions, Cucumber, Bell Pepper, Green Onion, Sesame Seeds, Tangy Soy Ginger Dressing Add Chicken - 6

Caesar Salad-10

House Made Caesar Dressing, Romaine Lettuce, Applewood Smoked Bacon, Parmesan and Garlic Croutons_
Add Chicken - 6

House Salad - 9

Spinach, Carrot, Cucumber, Cherry Tomatoes, Red Wine Vinaigrette Add Chicken - 6

Cobb Salad - 16

Romaine, Avocado, Cherry Tomatoes, Pickled Red Onions, Ham, Chicken, Hard Boiled Egg, Shredded Cheese and Green Goddess Dressing

