

AM VETS POST 2298

CALENDAR OF EVENTS

OCTOBER 2025

Email: amvetspost2298@gmail.com

@ FaceBook AM VETS Post 2298 Website: @amvetspost2298

	20.72	(<u></u>)	222	<u> </u>		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Halloween, Friday, Oct 31	Navy! October 13, 1775	Everyday Fun "Happy Hour" 4-6pm daily Daily Drawings@ 7	1 Cards@215 Pilots Grp Mtg 5	2 Sims Bingo @ 130-330 Meal Ocktober Fest @5 WTA Bingo@6	TX Holdem @215 Red Shirt Fri Drwg@6	4 TX Holdem @5 Meal TBA @530
5 Pool Tournament @ 215 Ship, CPT, Crew @3	6 LAUX Meal by Marie TBA @530	7 Cards@215 Women's Veteran's Grp Mtg @530 Bunco @ 6 Pool League @ 7	8 Cards@215 Trustee Meeting@4 Pool League @ 7	9 Sims Bingo @ 130-330 Meal Tator Tot Casserole @5 WTA Bingo@6 Pool League @ 7	TX Holdem @215 Red Shirt Fri Drwg@6	TX Holdem @5 LAUX Meal by Nit, Beef Bulgogi @530
12 Pool Tournament @ 215 Ship, CPT, Crew @3	13 Navy Birthday Meal by Mike & Penny Tiger Chicken @530	14 Cards@215 Son's Mtg 6	15 Cards@215 Pilots Grp Mtg 5 Exec- Com Mtg@6 Pool League @ 7	16 Sims Bingo @ 130-330pm Meal Gumbo @ 5 WTA Bingo@6	TX Holdem @215 Red Shirt Friday Drwg@6	18 TX Holdem @5 Paint N Sip @ 2 Meal TBA@ 530
19 Pool Tournament @ 215 Ship, CPT, Crew @3	20 LAUX Meal by Denise, Spaghetti @530 Pool League @ 7	21 Cards@215 Ladies Aux Meeting @ 6	22 Cards@215 Membership Mtg @6	23 Sims Bingo @130- 330 pm Meal Chicken Penne@5 WTA Bingo @ 6 Pool League @ 7	TX Holdem @215 GMan Hot Dogs @ 5 Red Shirt Friday Drwg @ 6	TX Holdem @5 Post Halloween Party @ 530
26 Pool Tournament @ 215 Ship, CPT, Crew @3	27 Meal by TBA @ 530	28 Cards@215 Pool League @ 7	29 Cards@215 Pool League @ 7	30 Sims Bingo @ 130-330 Meal Hamburgers @5 WTA Bingo @ 6 Pool League @ 7	TX Holdem @3 Red Shirt Fri Drwg@6	Sat, Oct 25th

Post Phone Number: 850-252-6220



Monday, October 6



- Happy Hour 4 6 PM
- LAUX Meal by Marie, Chicken or Pork
 Sandwiches @ 5:30 PM
- Membership drawing @ 7 PM



Tuesday, October 7

- Dealers Choice Poker @ 2:15 PM
- Happy Hour 4 6 PM
- Women's Veterans Grp Mtg @ 5:30
 PM
- BUNCO @ 6 PM
- Membership Drawing @ 7 PM
- Pool League @ 7 PM







Wednesday, October 8



- Cards @ 2:15 PM
- Happy Hour 4 6 PM
- Trustees Meeting @ 4 PM
- Pool League @ 7 PM



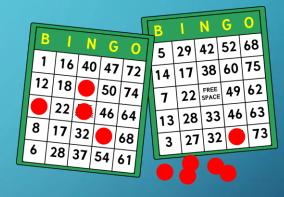




Thursday, October 9



- Sim's Bingo 1:45 to 3 PM
 - Volunteers Welcome
- Happy Hour 4 6 PM
- Bingo @ 6 PM
 - Tater Tot Casserole @ 5 PM
- Membership Drawing @ 7 PM
- Pool League @ 7 PM







Friday, October 10



- Happy Hour 4 6 PM
- Texas Hold'em Tournament @ 2:15 PM
- Red Shirt Friday Drawing @ 6 PM
- Membership Drawing @ 7 PM





Saturday, October 11



- Happy Hour 4 6 PM
- Texas Hold'em @ 5 PM
- LAUX Meal @ 5:30 PM
 - Beef Bulgogi Dinner
- Membership Drawing @ 7 PM





Sunday, October 12



- Pool Tournament 2:15 PM
- Ship, Captain, Crew @ 3 PM
- Happy Hour 4 6 PM
- Membership Drawing @ 7 PM





Monday, October 13



- Happy Birthday US Navy!
- Happy Hour 4 6 PM
- Meal by Mike & Penny, Tiger Chicken Dinner @ 5:30 PM
- Membership drawing @ 7 PM



October 2025 Bingo Meals

All meals \$8, signup sheet on display case

OCT 2, 2025— Oktober Fest: German Pork Roast, German Potato Salad, German Red Cabbage, Rote Grutzz Red Berry Pudding

OCT 9, 2025 — Tator Tote Casserole

OCT 16, 2025 — Sausage, Chicken, Shrimp Gumbo

OCT 23, 2025 — Spinach Artichoke Chicken Penne

OCT 30, 2025 — Hamburger w/Mushrooms & Swiss Cheese

Amvets Post 2298 Ladies Auxiliary Monday Night Meal by Marie October 6, 2025

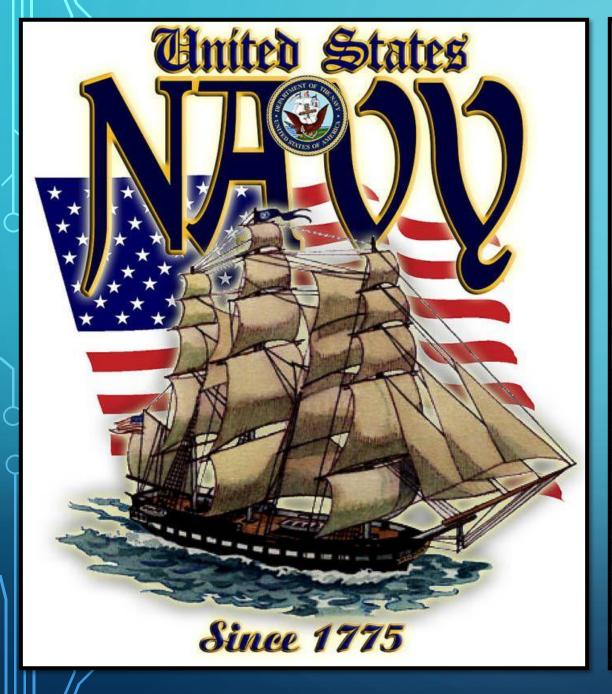


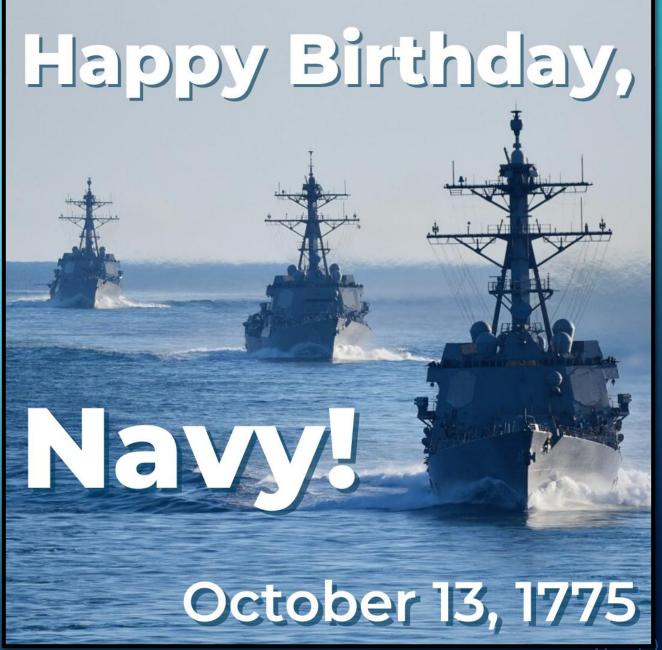
Chicken or Pork Sandwiches, Potato Salad, Baked Beans, and Dessert — \$8 per person Signup Sheet on Display Case

Amvets Post 2298 Ladies Auxiliary Saturday Night Meal, October 11, 2025 Beef Bulgogi Dinner



Beef Bulgogi, Egg Rolls and Dessert— \$12 per person Signup Sheet on Display Case Serving starts at 5:30 pm





Mike & Penny's Monday Night Meal, Oct 13, 2025 Tiger Chicken Dinner



Tiger Chicken, RatatouiIIe, Mashed Potatoes, Gravy, Roll & Dessert

Sign-up Sheet on Display Case Serving starts at 5:30 pm

THE PAINTING FUN STARTS AT 2 PM. This is A POTLUCK PAINTING PARTY SO, PLEASE BRING A DISH. SIGN UP SHEET AND TICKETS ARE AT AMVETS POST 2298. THE PRICE IS \$25 AND INCLUDES A DRINK & ALL SUPPLIES TO PAINT THE BEAUTIFUL HALLOWEEN PORTRAIT BELOW. RESERVE YOUR SPOT AS THIS WILL FILL UP FAST!

Amvets Post 2298 Ladies Auxiliary Monday Night Meal October 20, 2025 Spaghetti Dinner



Spaghetti, Salad, Rolls and Dessert— \$9 per person Signup Sheet on Display Case Serving starts at 5:30 pm





Ladies Auxiliary

Walk to End Alzheimer's

The Walk is Sunday, November 2, 2025 at the FSU Panama City Campus—2 pm

The Ladies Auxiliary is joining the fight to end

Alzheimer's by participating in their Walk. We are raising funds and

awareness for Alzheimer's care, support

and research.

Will you Help Us in this Fight?

- 1. You can Join our Team and Walk with Us
- 2. Help us reach our fundraising goal of \$1,000 by making a Donation.

Donations can be given to any Auxiliary member or the Bartender

Together, we can end Alzheimer's



Monday Night Meal November 10, 2025 **Debbie's Sheppard Pie**



Sheppard Pie, Salad and Dessert \$8 per person Sign Up Sheet on the Display Case



AMVET OF THE QUARTER



Congratulations to Carl Brietzke for his selection as AMVET of the Quarter!





ATTN AMVETS



It's that time of year again, see the 1st Vice or a bartender to pay your Annual Membership Dues.



NVF Health CONNECTS

Looking for Help?

Connect to Community Resources



- Financial Assistance
- Food Pantries
- Medical Care
- Housing
- Education & Career Support
- Transportation Services
- Legal Aid
- And Many More

Connect to free, local resources by simply typing your zip code:
nwfhealthconnects.com





VA Resource Navigator





Scan QR codes, visit trusted VA websites, or call the MyVA411 hotline at (800) 698-2411 to learn more about VA resources.



VA.gov

Request military service records, access and manage VA benefits and health care. www.va.gov



VA Welcome Kit

New to VA? Start here to get an overview of benefits. www.va.gov/welcome-kit/



Turn on Camera App



Scan the QR Code



Click the Pop-Up Link



VA Health & Benefits App Manage VA health care,

benefits, payments, and more. www.mobile.va.gov/app/va-health-and-benefits



My HealtheVet on VA.gov

Refill prescriptions, view medical records, manage appointments, message your health care team. www.va.gov/health-care/ manage-health/

Local Contact Information





Contact the Veterans Crisis Line. Available 24/7 through phone, text, and online chat.

Receive crisis support

The Veterans Crisis Line provides free confidential crisis support for Veterans and their loved ones. You don't have to be enrolled in VA benefits or health care to connect.

Call the Crisis Line: Dial 988 (then press 1) Text the Crisis Line: Text 838255 Chat Online: www.veteranscrisisline.net/get-

Find VA Locations

help-now/chat/



VA Records



Apply for a Veteran ID card, request benefit letters, medical records, or a discharge upgrade. Find VA payment history, certificates of eligibility (COE), DD214, and other forms. www.va.gov/records/



Find a VA health care facility, in-network community provider, pharmacy, urgent or emergent care, VA benefits office, VA cemetery, or Vet Center close to you. www.va.gov/find-locations/











Apply for VA health care, learn how to access services, and manage your health and benefits online.

Apply for VA health care

VA Health Care Hotline: (877) 222-8387 www.va.gov/health-care/how-to-apply/

Manage health appointments online www.va.gov/health-care/manageappointments/

Pay copays and use multiple insurances

Check your balance for medical services and prescription copays, dispute charges, get help. Pay by phone: (888) 827-4817
www.va.gov/health-care/pay-copay-bill/

Apply for travel pay

Request reimbursement by submitting a travel claim for travel expenses to and from approved health care appointments.

Travel Pay Call Center: (855) 574-7292 www.va.gov/health-care/file-travel-payreimbursement/

Explore long-term care

Learn about assisted living, residential, and home health care.

VA Health Care Hotline: (877) 222-8387 www.va.gov/health-care/about-va-healthbenefits/long-term-care/

Learn about qualifying for VA dental care MyVA411: (800) 698-2411

www.va.gov/health-care/about-va-health-benefits/dental-care/

Learn about your VA primary care team

Research shows that a team approach leads to better care, more satisfied patients, and fewer hospital visits.

VA Health Care Hotline: (877) 222-8387 www.va.gov/health-care/about-va-healthbenefits/your-care-team/

Connect with social workers

Get help with resources, crisis intervention, intimate partner violence, food insecurity, substance use dependence, and support for housing instability. VA Health Care Hotline: (877) 222-8387 (press 0) www.socialwork.va.gov

Mental Health support and services

Find treatment and support for mental health problems like post-traumatic stress disorder (PTSD), effects of military sexual trauma (MST), depression, grief, substance use problems, and anxiety-related conditions.

www.mentalhealth.va.gov

VA Health Connect Clinical Contact Centers

Access virtual health care 24 hours per day. Call to schedule appointments, speak to a medical provider, and check on medications.

Fill in your Clinical Contact Center phone number:

Foreign Medical Program (FMP)

If you're a Veteran who gets medical care outside the U.S. for a service-connected condition, VA may cover the cost of your care.

VA Specialty Contact Center: (833) 930-0816 (press 3) www.va.gov/health-care/foreign-medical-program/

Explore Community Care/MISSION Act

Access other providers when VA can't provide the care needed.

Community Care Contact Center: (877) 881-7618 www.va.gov/communitycare/

Find urgent and emergency care

If you are having a medical emergency, dial 911. www.va.gov/initiatives/emergency-room-911-orurgent-care/

To avoid charges, Veterans must report visits to a non-VA emergency room within 72 hours.

Call: (844) 724-7842 or use the reporting portal: www.emergencycarereporting.communitycare.va.gov

Get help with VA health facility concerns

Share concerns and unmet needs. Start by contacting your local health care team or patient advocate. Additional support options include:

MyVA411: (800) 698-2411 https://ask.va.gov









File a claim for disability compensation for conditions related to your military service and manage your benefits.

Apply for a disability rating or increase

Upload documents and file a claim for a disability related to military service.

VA Benefits Hotline: (800) 827-1000 www.va.gov/disability/how-to-file-claim/

Learn about the PACT Act

The PACT Act expands VA health care and benefits for Veterans exposed to burn pits, Agent Orange, and toxic substances.

MyVA411: (800) 698-2411 www.va.gov/resources/the-pact-act-and-yourva-benefits/

Overseas Military Coordinators

If you're a Veteran living or working overseas, inperson benefits assistance is available. www.benefits.va.gov/persona/veteranabroad.asp

Find local Veteran Service Organizations (VSO)

Get help from an accredited representative. MyVA411: (800) 698-2411

www.va.gov/get-help-from-accreditedrepresentative/

Education and Training





Apply for and manage GI Bill and other education benefits to help pay for college and training programs.

Continue education with the GI Bill

Explore how VA can help pay for education. VA Education Benefits Assistance Service Line:

From the U.S.: (888) 442-4551 From overseas: 001-918-781-5678

www.va.gov/education/about-gi-bill-benefits/

Homelessness Support, Housing, Assistance, VA Home Loans



VA can connect you with housing resources. VA also offers benefits to help build, improve, or keep your current home.

Receive help with homelessness and housing instability

VA is committed to ending Veteran homelessness. Veterans who are homeless or at risk of homelessness —and their family and friends— can call or chat online confidentially with counselors 24 hours a day, 7 days a week.

Call Center for Homeless Veterans: (877) 424-3838 www.va.gov/homeless/

VA-backed Veterans home loans

VA can help you buy a home or refinance a loan. Apply for a VA home loan Certificate of Eligibility (COE) and other benefits that can help you improve. build, or keep your current home.

VA Loan Guaranty Service: (877) 827-3702 www.va.gov/housing-assistance/home-loans

Careers and Employment





Apply for Veteran Readiness and Employment (VR&E), get support for your Veteranowned small business, and access other career resources.

Prepare for careers and employment

Receive support for education, training, and credentialing needed for employment. MyVA411: (800) 698-2411

www.va.gov/careers-employment/

Veteran Readiness and Employment (VR&E)

Service members and Veterans with serviceconnected disabilities may qualify for VR&E, also known as Chapter 31.

www.va.gov/careers-employment/vocationalrehabilitation/



Family Member, Caregiver, and Survivor Benefits



Learn about benefits you may qualify for as a Veteran spouse, dependent, or survivor.

Benefits for spouses, dependents, survivors

Learn about life insurance, VA Survivors Pension, education allowance for dependents (Chapter 35), health care (e.g. CHAMPVA), other programs that spouses, dependents, or survivors may qualify for. VA Benefits Hotline: (800) 827-1000 VA Specialty Contact Center: (833) 930-0816 www.va.gov/family-and-caregiver-benefits/

VA life insurance

Explore life insurance options, manage your policy, file, check status, and appeal life insurance daims. VA Life Insurance Center: (800) 669-8477 www.va.gov/life-insurance/

Find counseling and referral services

Vet Center Call Line: (877) 927-8387 www.vetcenter.va.gov

Caregiver Support Program

Services for caregivers of eligible and covered Veterans enrolled in VA Health Care. Caregiver Support Line: (855) 260-3274 www.caregiver.va.gov

Fisher House™ Program

Where available, provides no cost temporary stays for Veterans, service members, their families, or caregivers while the Veteran or service member receives treatment at certain military or VA facilities. Learn more and find Fisher House[™] locations: www.socialwork.va.gov/fisher.asp

VA Mobile Applications



VA apps help you manage your life, your health, and schedule. Access dozens of free VA apps

designed specifically for Veterans. VA Mobile Help Desk: (877) 470-5947 www.mobile.va.gov/appstore

Pension





Apply for monthly payments for wartime Veterans and survivors with limited or no income who meet certain requirements.

Apply for supplemental income

VA Benefits Hotline: (800) 827-1000 www.va.gov/pension/

Fiduciary Program

The fiduciary program provides oversight for those who are unable to manage their own VA benefits. Fiduciary Assistance Line: (888) 407-0144 www.benefits.va.gov/fiduciary/

Burials and Memorials



Determine burial eligibility, get help planning a burial in a VA national cemetery, order memorial items for Veterans.

Determine eligibility for burial benefits

Find out if you can be buried in a VA national cemetery through VA's pre-need eligibility program. VA National Cemetery Office: (800) 535-1117 www.va.gov/burials-memorials/pre-needeligibility/

Schedule a burial for a Veteran or Veteran family member

VA National Cemetery Office: (800) 535-1117 www.va.gov/burials-memorials/schedule-a-burial/

Honor a Veteran

Apply for markers, medallions, headstones, Presidential Memorial Certificates, and other memorial items to honor a Veteran's service. Headstones and markers: (800) 697-6947 www.va.gov/burials-memorials/memorial-items/

Veterans Legacy Memorial (VLM)

Create an online memorial to honor a Veteran. Living Veterans can author their own life story using the "Your Story, Your Legacy" feature. VLM Customer Support: (866) 245-1490 www.va.gov/remember

Suicide is **preventable** and support is **available**.

The end of a personal relationship. The loss of a job. Everybody faces difficult times in life, and people cope with stressful situations in different ways. When emotional issues reach a crisis point, the Veterans Crisis Line is available 24/7. Every Veteran is different, and many may not show any signs that they're thinking about suicide. But some actions and behaviors can be a sign they need help.

Recognize the signs of suicide risk

Take immediate action and call 911 if you experience any of these <u>crisis</u> signs:

- · Thinking about hurting or killing yourself
- · Looking for ways to kill yourself
- · Talking about death, dying, or suicide
- Self-destructive behavior, such as drug abuse, risky use of verapons, etc.

Contact the Vaterans Crisis Line if you experience any of these working signs:

- a late of the late
- Anxiety, agitation, sleeplessness, mood swings
- · Feeling like there's no reason to live
- Feeling like you're a burden to friends or loved ones
- Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug abuse
- Withdrawing from family and friends

Securely storing guns and medication

can help keep Veterans and their families safe

Because many suicidal crises are brief, safe storage practices can save a life by increasing the amount of **time** and **distance** between someone having a suicidal crisis and access to a firearm or medication.

VA's Keep It Secure program (**KeepItSecure.net**) promotes awareness about secure firearms and medication storage, the warning signs of suicide, and how to find the support you or a Veteran loved one needs.



REMEMBER: Veterans can request a free gun lock from their local suicide prevention coordinator (SPC). Find your SPC at VeteransCrisisLine.net/Find-Resources/Local-Resources.



Dial 988 then Press 1

Chat at VeteransCrisisLine.net/Chat

Text **838255**

VA offers resources for all Veterans and their loved ones

The Veterans Crisis Line is free and confidential. When you call, chat, or text, a qualified responder will listen and help. You decide how much information to share. Support doesn't end with your conversation. Our responders can connect you with the resources you need.



Chat at VeteransCrisisLine.net/Chat Text 838255



Local Resources (VeteransCrisisLine.net/LocalResources):

matter what you're experiencing, we're here to connect you with we causes and support systems to help.

** The Connection (MakeTheConnection.net): More than 600 Veterans and Yamily members from across the country have shared their stories of and recovery. It only takes a few seconds to find a story just for you.

Mental Health America (mhanational.org): Learn how mental health is a critical part of overall wellness and find out about prevention services, early identification and intervention, and integrated care, services, and support.

Give an Hour (giveanhour.org): Veterans, service members, and their loved ones can find free mental health services, discover ways to increase mental health literacy, and learn how to identify and address barriers that prevent people from getting the support they need.

VA Mental Health (MentalHealth.VA.gov): VA's repository of mental health and suicide prevention resources, information, and data materials.



Let's Go Cruising!



Royal Caribbean Cruise Lines, Grandeau of the Sea. 7
Day Cruise, 4 ports of call: Cozumel, Mexico, Belize City,
Belize, Roatan, Honduras, & Porta Costa Maya, Mexico.
Leaving out of the Port of Tampa Dec 6-13, 2025.

Interested, book your Cruise on the Royal Caribbean Website or your travel agent.

Questions? Contact George Costa, Bay County Veterans Cruise Club at pmel1@knology.net





Did you know the post has a website? There's quite a bit of information there and room for more information. At your leisure take a look and let our webmaster know what you think!

Website address: <u>amvetspost2298.org</u>

Webmaster is John Kreutzer, you can contact him at john.kreutzer@gmail.com

