Am I a Good Fit?

A Pre-Cruise Compatibility Form for Carefree Cruising Companions

Hello and welcome,
Before we set sail together, I’d love to get to know you better. This form helps me understand your needs, preferences, and personality so I can determine if we’d make a great travel team. Every cruise I offer is highly personalized, and for safety, comfort, and enjoyment on both sides, it's important to ensure the right match.

Please take your time answering. There are no right or wrong responses — just a sincere opportunity to see if my service is the right fit for you.

## Section 1: Personal Information

Full Name:

Preferred Name (if different):

Age:

Phone Number:

Email Address:

City & Country:

Emergency Contact (Name & Phone Number):

## Section 2: Travel Plans & Preferences

If you already have a cruise in mind, please share details:

- Ship name (if known):

- Destination/Region:

- Preferred dates or travel window:

Have you cruised before? □ Yes □ No
If yes, please share a little about your previous cruise experiences:

Would you like help with cruise planning or booking? □ Yes □ No

What type of cruise experience are you hoping for? (Check all that apply):
□ Restful and slow-paced
□ Social and engaging
□ Scenic and cultural
□ A mix of everything

What would make this particular cruise special or meaningful for you?

Will you be traveling alone or with a partner/spouse? If with someone else, please share their name, age, mobility/medical needs (if any), and personality.

## Section 3: Health, Mobility & Support Needs

Do you use any mobility aids? (e.g., walker, cane, wheelchair, scooter). If yes, please describe:

Do you have any medical conditions that I should be aware of for your safety while traveling?

Do you take medications regularly that may require assistance or reminders?

Do you need help with any of the following? (Check all that apply):
□ Personal care (dressing, hygiene, etc.)
□ Special dietary considerations
□ Managing fatigue or energy levels
□ Staying organized or keeping a routine
□ Emotional encouragement and companionship
□ Other (please explain):

What is your current activity level at home? □ Very active □ Moderately active □ Low activity

Are there times of day when you tend to feel your best or your most tired?

## Section 4: Personality & Travel Style

How would your friends or family describe you in three words?

How do you like to spend your time on vacation?

Do you enjoy having company during the day, or do you prefer more quiet, independent time?

Are there certain personality types or habits that you find difficult to travel with?

How do you usually respond when plans change or things don’t go as expected?

Is there something unique, charming, or interesting about you that you'd like me to know?

If you were describing your perfect travel day, what would it look like from morning to night?

## Section 5: Boundaries & Comfort

Are there any situations or environments that make you feel uneasy or anxious while traveling?

Do you use a CPAP machine or have a condition that affects your sleep?

Do you drink alcohol? □ Yes □ No □ Occasionally

Do you smoke or vape? □ Yes □ No

Are you open to sharing a cabin (with separate beds) if needed, or do you prefer your own room? □ Open to sharing □ Prefer private room □ Depends on situation

What type of travel companion are you looking for? (e.g., calm presence, helpful assistant, organized support, friendly and upbeat partner)

## Section 6: Final Reflections

Why are you seeking a cruise companion at this time in your life?

What would make you feel truly cared for and supported during this trip?

Why do you think we might make a good travel match?

Do you understand that this is a private, premium service and that my travel expenses, as well as a separate companion fee, will be part of the final package? □ Yes, and I’m prepared for that investment □ Not sure yet – I’d like to learn more

Are you ready to move forward with this cruise soon, or are you still in the early planning stages? □ Ready to move forward and hire a companion □ Still planning and exploring options

## Signature

Please sign and date below to confirm that your answers are truthful and that you’re submitting this form to explore the possibility of traveling together.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_