

GOAL SHEET

1. What are the top 3 priorities in my life?
2. Why am I in the Accountability Partnership program?
3. What do I see as my top 3 priorities in this program over the next 60 days?
4. What are the top 3 goals that will enable me to move forward on these priorities?
5. How will I feel when I attain these goals?
6. Why are these goals and feelings important to me?
7. If you are stuck or not following through on your accountability, how should your Partner talk to you or what should they say to help you focus on your why?

Accountability Coaching Session: Preparation Form

Preparation in advance of your AP session will allow you to maximize our time together. **Prior to each session, you should consider and answer the following questions:**

1. What are the items I want to discuss?
2. What do I want to achieve from this session?
3. What action did I take since our last session? What were my wins/challenges?
4. What do I want to be held accountable for?
5. What else would make this a session the most productive and move me in the direction of my goals/objectives?

and to miss no more than two of your Partnership calls.

Most importantly for you to move the needle in a specific area of your life towards the life you were purposed and designed to create.

TIME TO GET OUT OF YOUR COMFORT ZONE

Program Time Line

- 8-week Accountability Partnership
- Meet for 60 minutes once per week
- Dedicated 1:1 time between you and I
- Focused on your goals and growth plan
- Helping you put your dreams to the test
- Your Investment: \$187.5/session
- o Total Rate is \$1500 (paid in full)