



NEWSLETTER

Friday 14th October 2022

Be Curious

Be Caring

Be Confident

Be Cooperative

HEADS' CORNER

Dear Parents and Carers,

We hope you have all had a great week. It has been a very busy and productive one at school!

This month is Talk-tober at Underhill. We are focusing on our speaking and listening skills, and making sure that we are being confident and effective communicators. We are using our Oracy animals to help the children to understand the different aspects of talk and the importance of using them all. We are linking Talk-tober to BE Cooperative. Good talk leads to good cooperation! The children will be earning yellow stickers this month when they are being great friends, team players and problem solvers, and when using their fantastic speaking and listening skills. You can find out more about the Oracy animals by following this link to our website.

<https://underhillschool.co.uk/oracy>

October is Black History Month and while we learn about the history of the black community in Britain through our curriculum, during this month we have an extra focus. On the Monday after half term, we will be celebrating the end of this important month with a carnival parade that you are invited to! A letter is on its way to you with more details.

Tickets are now available for our wonderful PTA Firework Night! You can purchase your tickets through school money. If you have any problems, do contact the school office.

We are looking forward to seeing you all next week at Parents' Evening. Do make sure that you have made your appointment! As last year, you will be able to order the CGP workbooks with your child's teacher and the Book Fair will be in the main office with loads of fantastic books for you to buy!

Do keep up to date with news and events on our website home page <https://underhillschool.co.uk/home>

Have a great weekend!

Jennie Reed and Nicola Hayles

DATES FOR YOUR DIARY

October 2022

Tuesday 18th October – Halloween Disco

Wednesday 19th & Thursday 20th October Yr1-6 Parents evenings

Friday 21st – School Diwali celebration

Monday 24th October - Half term week

Monday 31st October – Black History Month Celebration

November 2022

Wednesday 2nd October – National Day of Spain

Friday 4th November – EYFS Coffee Morning 9.00

Friday 4th November – Fireworks Evening

Friday 25th November – Flu Vaccinations Rec-Year 6



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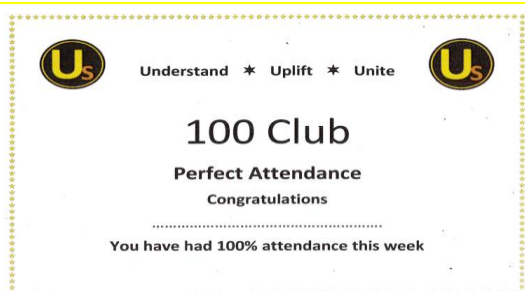
ATTENDANCE

House attendance

House	Last Week	This Week
Balmoral	96.64	91.93
Holyrood	95.26	93.84
Sandringham	97.27	94.93
Windsor	94.53	91.93

Class attendance

Class	Last Week	This Week
Beech	99.02	99.05
Maple	97.63	96.65
1 Hazel	96.86	94.27
1 Oak	96.46	91.15
1 Willow	91.89	87.39
2 Birch	87.73	92.64
2 Chestnut	96.99	88.37
2 Palm	99.38	97.22
3 Cedar	92.17	92.63
3 Hornbeam	98.08	91.87
3 Yew	87.18	93.47
4 Cherry	94.05	96.83
4 Larch	97.28	97.72
4 Pine	94.47	90.11
5 Holly	95.06	89.11
5 Laurel	92.89	88.30
5 Sycamore	98.70	96.60
6 Ash	99.21	95.24
6 Elm	91.30	90.87
6 Hawthorn	95.40	90.80
Total	95.00	93.36



Congratulations!

Last Week	This Week
432	415

100% attendance this term

234



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NOTICES AND NEWS

EYFS COFFEE MORNING

The EYFS team are excited to have a date for our first coffee morning of the year. We will be meeting in the canteen at 9am on Friday 4th November 2022. We will be talking about Seesaw. All you need to bring is a coffee cup and any Seesaw questions you have. We look forward to seeing everyone there.



BOCCIA AT BURN OAK LEISURE CENTRE

This week some of our Underhill students got to participate and compete against other schools playing Boccia at Burnt Oak Leisure Centre. This sport is very similar to bowls; our students played brilliantly displaying good aim, control and accuracy- so much so that we won 6 out of our 8 games! There was lots of fun, respect and support shown to each other and other schools - our children were such positive role models. Well done to Safak, Ryan, Jasline, Tina, Ciara, Conor, Riley C, Stanley and Amelia.

MUSIC TUITION

Any budding musicians out there?

Please book your child's online music lessons through BEAT directly, for drums, guitar and piano lessons.

The Spring term 2023 will shortly be open for booking, so if your child is interested in learning or wishes to continue with lessons please click on the link below as soon as possible.

Parents can enrol and pay for lessons directly by following this link <https://beatrust.org.uk/enrol/school-based-instrumental-lessons/> There you will find details of the cost of lessons and the terms and conditions.

If you are in receipt of pupil premium parents can still receive a £50 discount off one instrument per child they enrol. Teachers can contact parents directly through the app.

RECEPTION TOURS

Our New dates for reception tours are Thursday 10th November and Thursday 24th November both at 2pm. To book in for either of these dates please email office@underhill.barnetmail.net

MONA LISA SMILES DENTAL PRACTICE

At present, it's very difficult to register with NHS dentists and as I'm sure you are aware oral health and hygiene are very important and it's recommended to start at an early age. We are pleased to say that Mona Lisa Smiles Dental Practice in New Barnet are accepting new NHS patients (under 18s only)!



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NOTICES AND NEWS



making young lives musical

Instrumental & Vocal Lessons Available Now!

Learning a musical instrument can help ease anxiety and boost mental wellbeing.

Playing music helps boost confidence and improve concentration, all whilst having fun!

- Lessons are available for most instruments and voice for children and young people of all levels and ages 7-18.
- Individual or small group tuition available.
- Our specialist tutors work in schools and academies in Barnet and with our evening and weekend Music Academies.
- All tutors are fully DBS checked and their teaching is regularly monitored.



To register for tuition please contact your school or visit our website for more information:

www.beatrust.org.uk

mysportscentre

Providing children with the opportunity to play sports

Affordable, fun, multi-sports activities

Football, Hockey

Tennis, Basketball

Dodgeball, Handball,

Netball, Cricket,

Athletics and more

Every Saturday

10am-12pm / Age 5 - 12 yrs

Book a 2hr FREE TRIAL

Underhill Primary School
High Barnet, EN5 2LZ

www.mysportscentre.co.uk



EXTERNAL CLUBS AT UNDERHILL.

Woodys Football Fridays Yr1-6 –

www.woodyssportsacademy.com 07961437202

Yoga & Mindfulness – enquiries@lotusclouds.co.uk

or call Bansi on 07950 288075

High Barnet School of Dance

– highbarnetschoolofdance@outlook.com call on 07898379037

Express Yourself Drama – Kat – 07908638827

Early Bird Tennis – Luke - luke@lmbtennis.com

Karate – office@underhill.barnetmail.net

Saracens Gymnastics & Cheerleading –

Office@underhill.barnetmail.net

Cricket – admin@supremesportsdevelopment.org.uk

WOODYS SPORTS ACADEMY
Football Camp

COME AND JOIN US FOR THREE DAYS THIS HALF TERM
AT EBOGS FC FOR CHILDREN AGED 5 - 11 YEARS OLD.

10am - 3pm 25TH OCTOBER
27TH OCTOBER 2022 £50

Individual Days £25
Early Drop Off Available 9.30am £5 Each Day
OPTIONAL FANCY DRESS THURSDAY
WWW.WOODYSSPORTSACADEMY.COM
07961 437 202
EBOGS FC
ALAN DRIVE, BARNET EN5 2PU



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ESOL - English for speakers of other languages (ESOL). Improve your English speaking, reading, writing and listening skills.

If you are interested in attending please text 07718 648 297 or email info@underhillcc.barnetmail.net

Children's Centres

East-Central Locality

Autumn Term 05.09.22 – 16.12.22

	BEYA A Sure Start Children's Centre	Coppetts Wood A Sure Start Children's Centre	Newstead A Sure Start Children's Centre	Underhill A Sure Start Children's Centre
Monday	Stay and Play 9.30 – 11am 0-5years Brookhill Nursery School EN4 8SD Stay and Play 9.30 – 11am 0-5years Queenswell Infant School N20 0NQ Childminders 9.30 – 11am Hampden Way N14 5DJ	Stay and Play 9.15 – 10.45am 0-5years Stay and Play 9.30 – 10.45am 0-5years Hollickwood Primary school N10 2NL Baby Play 1.15 – 2.15pm Non-walkers	Stay and Play 10 – 11am 0-5 years Baby Massage 2 – 2.45pm 6wks-6mths – Booking Required	Paediatric First Aid 9.15 – 11.15am Starts: 12.09 - Booking Required Childminders 9.30 – 11.30am Stay and Play 1.15 – 2.15pm 0-5years
Tuesday	About Boys - 4weeks Parenting Course 9.30 – 11.30am St Margaret's Nursery School EN4 9NT Booking Required - Starts: 27.09 Stay and Play 1 – 2.30pm 0-5years St Margaret's Nursery School EN4 9NT	Stay and Play 9.15 – 10.45am 0-5years Baby Massage 11am – 12pm 8wks-non crawlers – Booking Required Baby Play 1.15 – 2.15pm Non-walkers	Childminders 9.30 – 11am Baby Rhyme Time 1.15 – 2.15pm Non walkers	Stay and Play 9.15 – 10.45am 0-5years Baby Massage 1 – 2pm 8wks-4mths – Booking Required Baby Weighing 1 – 2.30pm Under 1's Booking Required
Wednesday	Baby self-weighing 10am -12pm or 1 – 3pm Under 1's St Margaret's Nursery School EN4 9NT Outdoor Stay and Play 9.30 – 11am 0-5years Hampden Way N14 5DJ Baby group 10 – 11.30am Non-walkers All Saints Baby Massage 1.30 – 2.30pm 2-6mths All Saints N20 9EZ – Booking Required	Childminders 9 – 11am Baby Play 1.15 – 2.15 Non-walkers Shake, Rattle and Roll 2.30 – 3pm 0-5years	Barnwood 10 – 11am Walkers Baby Play with self-weighing 2 – 3pm Non-walkers	ESOL 9.15 – 11.15am Starts: 07.09 - Booking Required GROW Project 10am – 12pm - Booking Required Baby Play with Self-weighing 10.30am – 12.30pm Non-walkers Dance, Move & Regulate 11.30am – 12.30pm 1-5years
Thursday	Stay and Play 9.30 -11am 0-5years St Margaret's Nursery School EN4 9NT Parent Champions Monthly Meeting 1.30 - 3pm – 1 st Thursday each month – St Margaret's Nursery School EN4 9NT Starts: 06.10	Stay and Play 9.15 – 10.45am 0-5years Stay and Play 9.30 – 10.45am 0-5years Summerside Primary School N12 0QU Dads and Male Carers Group 11.15am – 12.15pm 0-5years Baby Play 1.15 – 2.15pm Non-walkers	Stay and Play 10 – 11am 0-5years Baby self-weighing 1 – 4pm Under 1's – Booking Required	Stay and Play 9.15 – 10.45am 0-5years Rhyme Time 1.30pm – 2.15pm 0-5years Hope Community Centre EN5 2DY
Friday	Fun for Toddlers 10 – 11.30am 18mths-2years St Margaret's Nursery School EN4 9NT	Stay and Play 9.15 – 10.45am 0-5years Baby Play 1.15 – 2.15pm Non-walkers	ESOL 9.30am – 1.30pm Tarling Community Centre – Booking Required	Boogie Mites 9.15 – 10am 0-5years Solicitor Drop-in sessions 10am – 1pm – 1 st Friday each month – Starts: 02.09 BOOST 10am – 12pm – Last Friday each month – Booking Required – Starts: 30.09

Activities offered weekly unless otherwise stated



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BE SMOKE FREE

FACTS AND FIGURES



90%
COPD diagnoses caused by smoking



80,000
people die per year from tobacco use in England

1 in 10
adults smoke in Barnet

25% Increased risk of miscarriage



2x
risk of heart attack

80% of cigarette smoke is invisible



12 - 15 years of life lost

50% increase risk of stroke

HELP AND ADVICE

- Smoking is the single greatest cause of preventable death, disability, ill-health and social inequality.
- It is never too late to stop smoking and you don't have to do it alone. For every 2 people that stop smoking, 1 premature death is prevented.
- You are **3x more likely to quit smoking successfully with help from the Barnet Stop Smoking Service which offers expert support.**
- Stop smoking aids or medication can reduce the nicotine cravings and improve your chances of quitting. Nicotine-containing e-cigarettes or vaping is recognised to offer a 95% reduction in risk.
- Smoking is costly. With an average cost of £12 per day (pack of 20), over a month that's £365 and in a year £4,380. What else could you spend that on?
- When you stop smoking you will help protect the health of your loved ones and your pets.
- You should stay at least 8 steps outside a building to smoke, to prevent side-stream and secondhand smoke harming those inside.

Last updated:
28.08.2021



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BE SMOKE FREE

LOCAL SERVICES AND ONLINE SUPPORT

Service	Type	Description	Details
Stop smoking support	• Online • Phone	Free and confidential one to one support services over five weeks for people aged 12 years and over who want to give up smoking.	To find out if your registered GP or local pharmacy deliver stop smoking support, visit our website: www.barnet.gov.uk/stopsmoking
Stop Smoking London	• Online	The council funds online self-help, which now includes a call back facility from specialist advisors and also up to 28 days telephone support	Website: www.stopsmokinglondon.com Please note that you will need to get medicines from your GP and many NRT products are available over the counter and can be bought directly too.
One You Barnet: Smoking	• Online	Provides tools, support and encouragement to be healthier. This is part of current national better health campaign.	Website: www.oneyoubarnet.org/smoking
NHS Smokefree	• App	The NHS Smokefree app is a 4-week programme that puts practical support, encouragement and tailored advice in the palm of your hand.	SmokeFree Apple iOS https://apps.apple.com/gb/app/nhs-smokefree/id687298065 SmokeFree GooglePlay https://play.google.com/store/apps/details?id=com.doh.smokefree&hl=en_GB&gl=US

Last updated:
28.08.2021



BARNET
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Barnet
ASure Start Children's Centre



0-19
Early Help Hubs

Home-Start MoneySmart
At Underhill School & Children's Centre
Mays Lane, Barnet, EN5 2LZ



Tuesday 9am - 11am
Booking required
4 sessions
Starting 08.11.2022

- How to save money
- Understanding budgeting, credit, and debt
- How we can teach our children about money, and help them become adults who are more able to manage their finances
- How we talk with other people about money, be it family, friends, or banks

Tel: 020 8449 2423 Ext 206
Email: info@underhillcc.barnetmail.net



www.barnet.gov.uk/directories/childrens-centres

www.barnet.gov.uk/0-19



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Adult Community Learning Classes 2022/23

MOST COURSES ARE FREE

Most courses are free, although some may have a charge.

COURSES IN MANY SUBJECTS RUN AT VARIOUS COMMUNITY VENUES IN BARNET & ENFIELD AND SOME MAY RUN ONLINE INCLUDING:

- ESOL
- Arts and Crafts including: Pottery and Sewing
- Brush up Your English/Maths including: Budgeting
- Health and Wellbeing including: Art for Wellbeing, Cooking, Mindfulness, Self-Esteem, Yoga and Gardening
- Skills for Work and Employability including: Work Related Courses and Getting into Work
- Personal Development including: Confidence Building
- Computing including: Beginners Plus, Improvers and Intermediate level
- Family Learning including: Parenting Skills and Keeping up with the Children (English & Maths)
- Hair and Beauty including: Introductory Hairdressing

For more information: Call 020 8266 4000
When calling please ask for 'Community Classes' or email community.classes@barnetsouthgate.ac.uk

www.barnetsouthgate.ac.uk/adult-community-courses

Students need to be aged 19 and over and be a resident in the UK or meet eligibility criteria.

ENFIELD
Council

BARNET
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Barnet Southgate
College



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OCTOBER HALF TERM SWIMMING CRASH COURSE AT WHITINGS HILL SCHOOL

24th October - 27th October

- Lessons run for 30 minutes everyday
- 1:1, 2:1 and Group Lessons available
- Competitive Pricing
- Experienced, Qualified, Kind Teachers

Get in touch today!

whitingsswimmingacademy@gmail.com
07927 483627



www.whitingsswimmingacademy.co.uk

CAMPAGNING FOR A BETTER COMMUNITY SINCE 1945

The Barnet Society

Are you aged between 7 and 11?

Why not enter our

POSTER COMPETITION

Join the fight to save our green spaces!

We need you to design a poster that shows the importance of our trees, flowers, parks and fields.

The winner will receive a tree to plant at their school and their poster will feature in our January Newsletter.

Poster should be sent digitally to youngpeoplebarnetsociety.org (jpeg or pdf) by December 1, 2022.



Extended Hours From 8.00am until 5pm

"SEE YOU THERE"

Ages 4-7 and 8-12

SMARTPLAY FOOTBALL AND MULTI-ACTIVITY CAMP

Learning Through Fun

24TH - 28TH OCTOBER

HALLOWEEN SPOOKTACULAR

HALLOWEEN Day!

UNDERHILL PRIMARY SCHOOL
Mays Lane, Barnet EN5 2LZ

Smart Play's **Football Camp** is all about having fun through playing the nation's favourite game. From penalty shoot-outs, free-kick competitions, drills & skills, fitness tests, to the ultimate crossbar challenge – we end each day in the best way possible... **Tournament Time!**

Smart Play's **Multi Activity Camp** has a huge mix of exciting activities including... Arts & Crafts, Hockey, Gymnastics, Magic, Cricket, Dance, Creative Lego, Tennis, Drama and many more. They are designed to offer children a wide variety of learning experiences in a fun environment

Here at Smart Play we create a fun learning environment where children play, relax, be themselves, do what they love, make friends for life, but most of all... **HAVE FUN!**

All our staff are D.B.S. checked.

Please fill in the form overleaf.

Call Chris Mitchell if you have any questions.

Haunted HOUSE

Freaky Football

info@smart-play.co.uk Smart Play officialsmartplay Smart_Play

SARACENS FOUNDATION

SARRIES IN MY SCHOOL

LUNCH CLUBS

MONDAY GYMNASTICS YR 1&2
12:15-13:00

3/10/22 - 12/12/22 (NO CLUB 17TH OCT)

FRIDAY CHEERLEADING YR 3&4
12:30-13:15

7/10/22 - 9/12/22

£30 FOR 9 SESSIONS

STUDENTS WILL EAT THEIR LUNCH BEFORE THEY MAKE THEIR WAY OVER TO THE BIG HALL

PLEASE CONTACT VIA EMAIL
OFFICE@UNDERHILL.BARNETMAIL.NET SHOULD YOU WISH TO SIGN UP.



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UNDERHILL SCHOOL
Fireworks night

Games • Krispy Kremes • Pancakes • Glow sticks • BBQ
5.30pm gates open 7.30pm Fireworks start

**** CASH ONLY EVENT ** NO SPARKLERS ****

BUY TICKETS NOW!

ADULT £7.50 • CHILD £5.50

On School Money or from the Underhill School Office



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