



NEWSLETTER

Friday 18th November 2022

Be Curious

Be Caring

Be Confident

Be Cooperative

HEADS' CORNER

Dear Parents/Carers,

Last week started off with a brilliant class assembly, hosted by 6 Ash. It was wonderful to see so many parents in school supporting their children and 6 Ash certainly didn't disappoint! The next class assembly is on Monday at 9:15am and it is the turn of 1 Oak to take to the stage in the big hall. We look forward to seeing 1 Oak parents and Carers then.

On Tuesday, year 6 went up to QE Boys to visit their new music recital hall and take part in an interactive music show. They had a fantastic time and the children all demonstrated excellent behaviour. Well done year 6! On Wednesday, it was the turn of year 5 to head up the hill, this time to visit QE Girls who were performing their version of Matilda The Musical. A fantastic time was had by all and it was wonderful to see lots of ex-Underhill girls taking starring roles!

This week is Anti-Bullying week and we marked the start of the week with Odd Socks Day on Monday. The theme of the week is 'Reach out', which we explored in assembly on Monday. The children have all focused on celebrating differences this week and also learning about what bullying is and who to speak to for help. As always, we have finished the week with our wonderful Children in Need fundraising day; a highlight of the Underhill School calendar.

We hope you have a lovely weekend,

Jennie Reed and Nicola Hayles

DATES FOR YOUR DIARY

November 2022

Monday 21st November – Individual School photos

Monday 21st November – 1 Oak assembly

Friday 25th November – Flu Vaccinations Rec-Year 6 (Letter can be found on school website)

Monday 28th November – 4 Cherry assembly



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5 minutes late every day	3 days of learning lost
10 minutes late every day	6 days of learning lost
15 minutes late every day	10 days of learning lost
30 minutes late every day	19 days of learning lost

Impact of attendance

100% Attendance	0 Weeks of learning missed	Very Good
95% Attendance	1 week and 4 days of learning missed	Not too bad Attendance officer monitoring
90% Attendance	3 weeks and 4 days of learning missed	Cause for concern, Educational Welfare officer involvement
85% Attendance	5 weeks and 3 days of learning missed	Worrying Poor attendance Educational Welfare officer involvement
80% Attendance	7 weeks and 3 days of learning missed	Poor attendance Cause for concern Educational Welfare officer involvement
75% Attendance	9 weeks and 1 day of learning missed	Poor attendance Serious cause for concern Educational Welfare officer involvement

Class attendance

Class	Last Week	This Week
Beech	95.79	85.53
Maple	93.83	87.55
1 Hazel	88.65	79.39
1 Oak	77.53	85.02
1 Willow	90.13	82.65
2 Birch	93.83	97.55
2 Chestnut	91.86	86.42
2 Palm	98.76	87.04
3 Cedar	75.11	85.71
3 Hornbeam	85.84	90.28
3 Yew	81.64	87.50
4 Cherry	93.03	90.65
4 Larch	90.84	83.14
4 Pine	95.82	87.59
5 Holly	95.92	88.02
5 Laurel	82.10	88.14
5 Sycamore	93.47	91.36
6 Ash	85.88	94.27
6 Elm	91.89	89.68
6 Hawthorn	92.88	94.46
Total	89.65	88.11

ATTENDANCE

House attendance

House	Last Week	This Week
Balmoral	92.51	86.92
Holyrood	87.41	88.53
Sandringham	89.12	89.43
Windsor	89.34	86.71



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NOTICES AND NEWS

SCHOOL PHOTOS

Individual school photos will be taken on Monday 21st November. If you would like a sibling group photo taken please go to the small hall at 8am as sibling photos will not be taken during the school day.

MUSIC TUITION SIGN UP

Please book your child's online music lessons through BEAT directly, for drums, guitar and piano lessons. Bookings for The Spring term 2023 will shortly be closing, so if your child is interested in learning or wishes to continue with lessons please click on the link below as soon as possible.

Parents can enrol and pay for lessons directly by following this link <https://beatrust.org.uk/enrol/school-based-instrumental-lessons/> There you will find details of the cost of lessons and the terms and conditions.

If you are in receipt of pupil premium parents can still receive a £50 discount off one instrument per child they enrol. Teachers can contact parents directly through the app.



FIREWORKS NIGHT

Thank you to everyone who helped organize and run another fantastic Firework night at Underhill. We ran a draw to select someone to launch the display and it was Claudia who had the honour of pressing the big red button.

Underhill PTA raised a fantastic £3356.

We would like to thank the following local companies and people for their support in providing us with food, time and money - we couldn't do it without them

- Winkworth Estate Agents who sponsored our advertising boards
- Mrs Ayeni for providing the candy floss and popcorn
- Mrs Ugras for the hair braiding
- Thornton Electrical
- Rivington Press for the tickets
- Roy Stock for the generator and games that he made
- Waitrose (Barnet and Whetstone)
- Tesco Express (High Barnet)
- Tesco Friern Barnet
- Tesco Borehamwood
- Tesco Express (Green Hill Parade)
- Asda (Southgate)
- Iceland (Borehamwood)
- Marks and Spencer (Whetstone)
- ALDI (Borehamwood)
- Sainsbury's (Finchley)
- Warburtons (Enfield)
- Rivington Press for the tickets



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NOTICES AND NEWS

CHRISTMAS LUNCH MENU



*Roast Turkey with Roast Potatoes,
Stuffing, Gravy, Yorkshire Pudding
and
Cocktail Sausage*

*Veggie chicken strips with Roast
Potatoes, Stuffing, Gravy, Yorkshire
Pudding and Veggie Cocktail Sausage*

*Served with Roast Parsnips, Carrots &
Brussel Sprouts*

*Chocolate Sponge with Chocolate
Custard, Fresh Fruit or Yoghurt*



ISS Classification - Unrestricted

SMART PLAY @ UNDERHILL

Smart Play's **Football Camp** is all about having fun through playing the nation's favourite game. From penalty shoot-outs, free-kick competitions, drills & skills, fitness tests, to the ultimate crossbar challenge – we end each day in the best way possible... **Tournament Time!**

Smart Play's **Multi Activity Camp** has a huge mix of exciting activities including... Arts & Crafts, Hockey, Gymnastics, Magic, Cricket, Dance, Creative Lego, Tennis, Drama and many more. They are designed to offer children a wide variety of learning experiences in a fun environment.

Here at Smart Play we create a fun learning environment where children play, relax, be themselves, do what they love, make friends for life, but most of all... **HAVE FUN!**

SM NEWS SOUTHERN ENTERPRISE AWARDS 2022 LONDON & SOUTH EAST FETTERED AWARDS 2022 3rd ANNUAL (IN ENTERPRISE AWARDS 2022) CONGRATULATIONS! @EXTENDER

info@smart-play.co.uk Smart Play officialsmartplay Smart_Play

STAFF LED CLUBS

Please note the last week for staff led clubs is the week of 28th Nov. The last club will be on Thursday Dec 1st. Externally led clubs will have different end of term dates please check with them directly.



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ESOL - English for speakers of other languages (ESOL). Improve your English speaking, reading, writing and listening skills.

If you are interested in attending please text 07718 648 297 or email info@underhillcc.barnetmail.net

Children's Centres

East-Central Locality

Autumn Term 05.09.22 – 16.12.22

	BEYA A Sure Start Children's Centre	Coppetts Wood A Sure Start Children's Centre	Newstead A Sure Start Children's Centre	Underhill A Sure Start Children's Centre
Monday	Stay and Play 9.30 – 11am 0-5years Brookhill Nursery School EN4 8SD Stay and Play 9.30 – 11am 0-5years Queenswell Infant School N20 0NQ Childminders 9.30 – 11am Hampden Way N14 5DJ	Stay and Play 9.15 – 10.45am 0-5years Stay and Play 9.30 – 10.45am 0-5years Hollickwood Primary school N10 2NL Baby Play 1.15 – 2.15pm Non-walkers	Stay and Play 10 – 11am 0-5 years Baby Massage 2 – 2.45pm 6wks-6mths – Booking Required	Paediatric First Aid 9.15 – 11.15am Starts: 12.09 - Booking Required Childminders 9.30 – 11.30am Stay and Play 1.15 – 2.15pm 0-5years
Tuesday	About Boys - 4weeks Parenting Course 9.30 – 11.30am St Margaret's Nursery School EN4 9NT Booking Required - Starts: 27.09 Stay and Play 1 – 2.30pm 0-5years St Margaret's Nursery School EN4 9NT	Stay and Play 9.15 – 10.45am 0-5years Baby Massage 11am – 12pm 8wks-non crawlers – Booking Required Baby Play 1.15 – 2.15pm Non-walkers	Childminders 9.30 – 11am Baby Rhyme Time 1.15 – 2.15pm Non walkers	Stay and Play 9.15 – 10.45am 0-5years Baby Massage 1 – 2pm 8wks-4mths – Booking Required Baby Weighing 1 – 2.30pm Under 1's Booking Required
Wednesday	Baby self-weighing 10am -12pm or 1 – 3pm Under 1's St Margaret's Nursery School EN4 9NT Outdoor Stay and Play 9.30 – 11am 0-5years Hampden Way N14 5DJ Baby group 10 – 11.30am Non-walkers All Saints Baby Massage 1.30 – 2.30pm 2-6mths All Saints N20 9EZ – Booking Required	Childminders 9 – 11am Baby Play 1.15 – 2.15 Non-walkers Shake, Rattle and Roll 2.30 – 3pm 0-5years	Barnwood 10 – 11am Walkers Baby Play with self-weighing 2 – 3pm Non-walkers	ESOL 9.15 – 11.15am Starts: 07.09 - Booking Required GROW Project 10am – 12pm - Booking Required Baby Play with Self-weighing 10.30am – 12.30pm Non-walkers Dance, Move & Regulate 11.30am – 12.30pm 1-5years
Thursday	Stay and Play 9.30 -11am 0-5years St Margaret's Nursery School EN4 9NT Parent Champions Monthly Meeting 1.30 - 3pm – 1 st Thursday each month – St Margaret's Nursery School EN4 9NT Starts: 06.10	Stay and Play 9.15 – 10.45am 0-5years Stay and Play 9.30 – 10.45am 0-5years Summerside Primary School N12 0QU Dads and Male Carers Group 11.15am – 12.15pm 0-5years Baby Play 1.15 – 2.15pm Non-walkers	Stay and Play 10 – 11am 0-5years Baby self-weighing 1 – 4pm Under 1's – Booking Required	Stay and Play 9.15 – 10.45am 0-5years Rhyme Time 1.30pm – 2.15pm 0-5years Hope Community Centre EN5 2DY
Friday	Fun for Toddlers 10 – 11.30am 18mths-2years St Margaret's Nursery School EN4 9NT	Stay and Play 9.15 – 10.45am 0-5years Baby Play 1.15 – 2.15pm Non-walkers	ESOL 9.30am – 1.30pm Tarling Community Centre – Booking Required	Boogie Mites 9.15 – 10am 0-5years Solicitor Drop-in sessions 10am – 1pm – 1 st Friday each month – Starts: 02.09 BOOST 10am – 12pm – Last Friday each month – Booking Required – Starts: 30.09

Activities offered weekly unless otherwise stated



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CHILDREN'S ORAL HEALTH

FACTS AND FIGURES



Brush teeth **twice a day** for 2 minutes with fluoride toothpaste



Tooth decay

Top reason for non-emergency hospital admissions in children aged 5-9 years in England

Each child with tooth decay will have on average **3-4** teeth affected



38% of children had sleepless nights because of pain caused by tooth decay



3 days of school were missed per year on average due to dental problems



Deprivation

= 2x likelihood of tooth decay

HELP AND ADVICE

- Poor oral health impacts on both health and well-being influencing how children grow, enjoy life, look, speak, chew, taste food and socialise.
- Parents should take their children for regular dental check-ups, as advised by the dentist. It is important to be positive about it and make the trip fun. Dental care is free for children.
- Take your child to the dentist when the first tooth erupts, at about 6 months and then on a regular basis so they become familiar with the environment and get to know the dentist.
- From six months of age, infants should be introduced to drinking from a cup; from one year of age, feeding from a bottle should be discouraged.
- Brush teeth at least twice daily for about 2 minutes with fluoride toothpaste.
- Children should be encouraged to spit (not rinse) the toothpaste after brushing to increase fluoride availability to the tooth surface.
- Parents and carers should brush or supervise toothbrushing until their child is at least 7 years old.
- Barnet's Oral Health Programme delivers key messages on oral health for young children, and raises awareness to parents of the importance of dental caries, prevention and healthy eating.

CHILDREN'S ORAL HEALTH

LOCAL SERVICES AND ONLINE SUPPORT

Service	Type	Description	Details
Barnet Oral Health Promotion team	<ul style="list-style-type: none"> Phone Online Face-to-face 	You can contact the Barnet Oral Health Team with any questions about the programmes running within primary schools and children centres.	Email: hcp.4barnet@nhs.net Website: http://www.healthychildprogramme.co.uk Phone: 020 3633 4049 / 0800 772 3110
NHS Choices	<ul style="list-style-type: none"> Online 	Provides information on children's oral health and a tool to help you find your nearest dentist	Website: http://www.nhs.uk/Livewell/dentalhealth/Pages/Careofkidsteeth.aspx
Change4Life	<ul style="list-style-type: none"> Online 	A range of information and resources to support families to make healthier choices. Change4Life provides a guide for dental teams providing key oral health messages to support Be Food Smart and also a Top Tips for Teeth Toolkit.	Website: https://www.nhs.uk/change4life/
School Nurse/Health Visitor	<ul style="list-style-type: none"> Online Phone Face to Face 	If you have any questions or concerns regarding your child's health in general and how this might be affecting their teeth please contact a schools nurse for school aged children or speak to a health visitor for 0-5 year olds.	Email: hcp.4barnet@nhs.net Phone: 020 3633 4049 / 0800 772 3110 Website: http://www.healthychildprogramme.co.uk

Last updated:
21.04.2022



BARNET
LONDON BOROUGH

Last updated:
21.04.2022



BARNET
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Barnet
A Sure Start Children's Centre



0-19
Early
Help
Hubs

Home-Start MoneySmart

At Underhill School & Children's Centre
Mays Lane, Barnet, EN5 2LZ



Tuesday 9am - 11am
Booking required
4 sessions
Starting 08.11.2022

- How to save money
- Understanding budgeting, credit, and debt
- How we can teach our children about money, and help them become adults who are more able to manage their finances
- How we talk with other people about money, be it family, friends, or banks

Tel: 020 8449 2423 Ext 206
Email: info@underhillcc.barnetmail.net



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For parents living in Barnet, Brent, Enfield & Harrow

Next Steps is an employability programme developed for women with young children who are looking to start or return to work once their children start nursery or school.

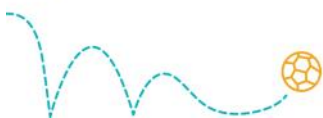


What is Next Steps?

Starting work or returning to employment after time away from the workplace can often feel challenging.

Home-Start has developed the Next Steps programme to help with this change. The programme offers a practical way for women to build their skills and knowledge whilst increasing their confidence, making the move into work that little bit easier.

Next Steps is open to mums living in Barnet, Brent, Enfield or Harrow and is ideally suited to those interested in working with children and families in the future.



We help families from all communities within our boroughs through their most challenging times.

To find out more about Home-Start Barnet, Brent, Enfield and Harrow visit www.homestartbarnet.org



HOME START
Barnet, Brent,
Enfield & Harrow
Charity no. 1109550

Avenue House, 17 East End Road,
FINCHLEY, N3 3QE

What can you expect?

Home-Start delivers early help to families with young children who have multiple needs and are struggling to cope with the challenges they face.

We provide parents with emotional and practical support to prevent matters from getting worse and to help parents give their children the best start in life.

By taking part in our Next Steps programme, you will receive the training and skills needed to be that support for families. You can then take that experience with you to use on your own CV for future job applications.

As part of the programme you will receive:

Training

- 25-hour introductory group training
- 15 hours of specialised training throughout the year

Work placements

- At least 3 x 3-month work placements supporting families

1-2-1 support

- Initial goal-setting session
- Ongoing monthly supervision support
- Informal peer support from other mums on the programme



Home-Start: Next Steps

Supporting mums looking to start work or return to work



What you will leave with

Skills, knowledge, and a portfolio of practical experience to take with you into the next steps of your journey to work.

Added to this will be the confidence and self-belief you will build as part of this experience.

To apply

Simply call or email us to let us know you are interested or to ask any questions. One of our team will be in touch with you to discuss what you need to do next.

The closing date for noting interest in our Next Steps programme starting in January is **2 December 2022**.

Email: admin@homestartbarnet.org
Phone: 020 8371 0674



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Reverse ADVENT CALENDAR

Our Reverse Advent Calendar donation day this year will be **Saturday 17th December** between **10am and 12pm**. From the 24th November to the 17th of December, simply put one item into a box and then at the end, donate the box to the Foodbank (address below). Here are just some examples of items you can donate. This will enable us to offer extra food to our service users over the Christmas period. **Thank you!**

1  Christmas cake	2  Ambient Christmas items (e.g stuffing mixture)	3  Variety tins/boxes	4  Tinned tomatoes	5  Rice	6  Tinned Soup
7  Box of biscuits/chocolates	8  Nuts and confectionery	9  Tinned fish	10  Coffee	11  Jam	12  Breakfast cereal
13  Tea bags	14  Selection boxes	15  Long-life fruit juice	16  Instant mashed potatoes	17  Tinned vegetables	18  Cooking sauces
19  Tinned potatoes	20  Tinned meat	21  Christmas pudding (non-alcoholic)	22  Rice pudding	23  UHT long-life milk	24  Tinned fruit

**DONATE YOUR BOX TO US AT:
63 SOMERSET ROAD, BARNET, EN5 1RF**

<http://chippingbarnet.foodbank.org.uk>
info@chippingbarnet.foodbank.org.uk
Registered Charity in England & Wales (1163042)

