

Barnet Children's Integrated Therapies

Would you like to increase your child's independence with everyday tasks like dressing, feeding, or playing?

Occupational Therapy helps children develop essential skills for daily life, including self-care, education-based tasks, and play skills.

If you would like to learn more, please join a drop-in session

Occupational Therapy Drop In

No appointment required

Tuesday 20th January 2026 – Saracens Bell Lane

10-11:30am

(Saracens Bell Lane School, Bell Lane, Hendon, NW4 2AS)

Wednesday 21st January 2026 – Coppetts Wood Children's Centre

9:15-10:30am

(Coppetts Wood School, Coppetts Road, Friern Barnet, N10 1JS)

Monday 2nd February 2026 - Fairway Children's Centre

9:30-11am

(Fairway School, The Fairway, Mill Hill, NW7 3HS)

Please check with your local children's centre on the morning of these session in case of any changes/cancellations.

Please note – sessions are facilitated by Barnet Children's Centres. Once stay and play sessions have reached capacity you will not be able to enter the group. Please aim to arrive 5 minutes prior to the start of the session to avoid disappointment.

For advice and more information about our service:



