

East/Central Locality Activity Timetable

Part of the 0-19 Early Help Services

Summer Term Timetable

19.04.2022 – 22.07.2022

Inset Days: BEYA 19.04.2022 – sessions start on 20.04.2022

Activities offered weekly unless otherwise stated

Separate half-term timetable for 30.05.2022 – 03.06.2022

Covid safety measures regarding the wearing of face coverings will be adopted and reviewed throughout the term in line with current government guidelines. Numbers at each session are capped to reduce the risk of overcrowding, rooms will be well ventilated and hand sanitiser will be encouraged. Sessions are drop in unless otherwise stated.



FREE Early Years Education for 2 to 4 year olds

For more information, to check eligibility and obtain support in finding a suitable setting, please speak to Children's Centre staff or contact the Early Years Team on

Tel: 020 8359 3052 Email: earlyyears@barnet.gov.uk

Sing-along

Healthy Cooking

Baby Care

Makaton

Rhyme Time

Baby Massage

Story Time

Fun Activity

Arts & Crafts

Gardening

Boogie Mites

Includes sessions in community languages

Please check Facebook for additional fun activities, information and updates

Barnet Children's Centres – East Central Locality



East/Central Locality Children's Centres

BEYA
A Sure Start Children's Centre

BEYA – Barnet Early Years Alliance Children's Centre

Brookhill Nursery School,
EN4 8SD

Hampden Way Nursery
School, N14 5DJ

St Margaret's Nursery
School, EN4 9NT

admincc@beya.org.uk

Coppetts Wood
A Sure Start Children's Centre

Coppetts

Wood Children's Centre
(based at Coppetts Wood Primary
School)

Coppetts Road, London,
N10 1JS

childrenscentre@coppettswood.barnetmail.net

Newstead
A Sure Start Children's Centre

Newstead Children's Centre
1 Fallows Close, East Finchley,
N2 8LG

Newstead@barnet.gov.uk

Underhill
A Sure Start Children's Centre

Underhill School and Children's Centre

Mays Lane, Barnet, EN5 2LZ

info@underhillcc.barnetmail.net

Outreach Venues

All Saints Church Hall
122 Oakleigh Road North
N20 9EZ

Queenswell Infant and Nursery School
Sweets Way
N20 0NQ

Hollickwood Primary School
Sydney Road
N10 2NL

Summerside Primary School
Crossway
N12 0QU

Barnwood N2
Tarling Road
N2 8HU

Hope Corner Community Centre
185 Mays Lane, EN5 2DY

East / Central Early Help Hub

- Providing help and support to children, young people and their families from birth, up to the age of 19 (or 25 if they have special educational needs or a disability).
- All families face challenges and sometimes need support. Early Help is about providing you with this at the right time.
- We operate from 3 geographical areas or 'hubs', which enable us to be closer to where families live.
- With our partners, we provide a range of services, some of which are accessible to everyone and others that are more targeted.

Newstead Children's Centre,

1 Fallows Close, East Finchley, N2 8LG

020 8359 3460

newstead@barnet.gov.uk

Covers the postcodes of: N2, parts of N3, parts of N10, N11, N12, parts of N14, EN4, EN5

Timetable is correct at time of printing

Monday	Tuesday	Wednesday	Thursday	Friday
 Face To Face Sessions ALL sessions will have limited spaces. Sessions marked with * require booking in advance Please contact host Children's Centre for more information or booking 				
Stay and Play at Coppetts Wood 0 – 5 years 9.15 – 10.45am	Stay and Play at Coppetts Wood 0 – 5 years 9.15 – 10.45am	Childminders' Stay and Play at Coppetts Wood 9.15am – 12.30pm	Stay and Play at Coppetts Wood 0 – 5 years 9.15 – 10.45am	Stay and Play at Coppetts Wood 0 – 5 years 9.15 – 10.45am
Outdoor Stay and Play for Children with Additional Needs at Hampden Way Nursery Community Garden 0 – 5 years 9.30 – 11am	Good Start, Great Start at St Margaret's nursery school* 2 – 4 years 6 week course 9.15 – 11.15am To book call 020 8449 5466 option 3 or email jholt@beva.org.uk Starts 10.05.2022	Outdoor Stay and Play at Hampden Way Nursery Community Garden 0 – 5 years 9.30 – 11am	Story Time Stay and Play at Underhill 0 – 5 years 9.15 – 10.45am Starts 28.04.2022	Boogie Mites at Underhill 0 – 5 years 9.15 – 10am Starts 29.04.2022
Stay and Play at Queenswell Infants School 0 – 5 years 9.30 – 11am	Childminders' Stay and Play at Newstead 9.30 – 11am Registered Childminders only	Nursery Show Around* at Hampden Way Nursery School from 9.45am To book call 020 8449 5466 option 3 or email admincc@beva.org.uk	Coppetts wood Stay and Play at Summerside Primary School 0 – 5 years 9.30 – 11am	Baby Group at St Margaret's Nursery School Non-walkers 9.30 – 11am
Coppetts Wood Stay and Play at Hollickwood Primary 0 – 5 years 9.30 – 11am	Baby Massage* at Coppetts Wood 8 weeks – 6 months 11am – 12noon To book email ssmith@coppettswood.barnet.sch.uk	Explore Barnwood at Barnwood N2 Walkers only 10 – 11am	Stay and Play at Newstead 0 – 5 years 10 – 11am	Parent and toddler Yoga* at Coppetts Wood 2 – 5 years 11 – 11.30am
Childminders' Stay and Play at Underhill 9.30 – 11.30am Registered Childminders only	Childminders' Stay and Play at Hampden Way Nursery Community Garden 1 – 2.30pm Registered Childminders only	Baby Group at All Saints Church Hall Non-walkers 10 - 11.30am	Baby Play at Coppetts Wood 0 – 12 months 1.15 – 2.15pm	Baby Play at Coppetts Wood 0 – 12 months 1.15 – 2.15pm
Movement and Drama* at Coppetts Wood 2 – 5 years 10 – 10.30am	Baby Play at Coppetts Wood 0 – 12 months 1.15 – 2.15pm	Spanish Lessons at Coppetts Wood 10 – 10.30am Booked Directly with Lingotot £5 per child	Rhyme Time at Hope Corner Community Centre 0 – 5 years 1.30 – 2.15pm Starts 28.04.2022	
Jumpers and Movers at Newstead Walkers Only 10 – 11am	Baby Massage* at Underhill 8 weeks – 4 months 1 – 2pm To book text Saydie 07718 648300 Starts 19.04.2022	Baby Stay and Play at Underhill Non-walkers 10.30am – 12noon Starts 27.04.2022	Indoor Stay and Play (Health and wellbeing information available) at St Margaret's Nursery School 0 – 5 years 1.30 – 3pm	
Introduction to Solid Foods at Underhill 1 - 2pm 09.05.2022 06.06.2022 04.07.2022 To book text Beverley 07950 791287	Messy Stay and Play at Underhill 1 – 5 years 1.15 – 2.15pm Starts 26.04.2022	Dance, Move and Regulate at Underhill 1 – 5 years 11.30am – 12.30pm Starts 04.05.2022	Outdoor Stay and Play at St Margaret's Nursery School 0 – 5 years 3.45 – 5pm	
Monday	Tuesday	Wednesday	Thursday	Friday

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Stay and Play at Underhill 0 – 5 years 1.15 – 2.15pm Starts 25.04.2022	Stay and Play at Newstead 0 – 5 years 1.30 – 2.30pm	Physical Stay and Play lead by Better Gym at St Margaret’s Nursery School 0 – 5 years 1.30 – 2.30pm	Nursery Show Around* at St Margaret’s Nursery School from 3.45pm To book call 020 8449 5466 option 3 or email admincc@beya.org.uk	
Baby Play at Coppetts Wood 0 – 12 months 1.15 – 2.15pm	Indoor Stay and Play at St Margaret’s Nursery School 0 – 5 years 1 – 2.30pm	Baby Massage* at All Saints Church Hall 2 months – 6 months To book call 020 8449 5466 option 3 or email jholt@beya.org.uk	Virtual Telephone Sessions – Thursdays	
Baby Massage* at Newstead 6 weeks – 6 months 2 – 2.45pm To book email Newstead@barnet.gov.uk		Baby Play at Coppetts Wood 0 – 12 months 1.15 – 2.15pm	Welfare Advice with Newstead To book call 020 8359 3460	
Stay and Play at Brookhill Nursery and Garden 0 – 5 years 3.45 – 5pm		Baby Stay and Play with baby self-weigh in at Newstead Non-walkers 2 – 3pm		
Nursery Show Around at Brookhill Nursery School* From 3.45pm To book call 020 8449 5466 option 3 or email admincc@beya.org.uk		Shake, Rattle & Roll Music* at Coppetts Wood 0 – 5 years 2.30 – 3pm	Welfare Advice with Underhill To book call 020 8449 2423	
		Outdoor Stay and Play at Brookhill Nursery and Garden 0 – 5 years 3.45 – 5pm		
Baby Self-Weighing Service Enabling parents/ carers to weigh their babies in the comfort of a Children’s Centre (under 1 years)				
Baby Weighing* at Underhill 9.15 – 11.30am To book text Maria 07718 648305		Baby Weighing Drop-in at St Margaret’s Nursery School 9.30am – 12.30pm	Baby Weighing* at Underhill 9.15 – 11.30am To book text Maria 07718 648305	
			Baby Weighing* at Newstead 1 – 4pm To book email Newstead@barnet.gov.uk	

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Adult Learning and Parenting Programmes

Monday	Tuesday	Wednesday	Thursday	Friday
Paediatric First Aid* at Underhill 9.15 - 11.15am 6 week course To book text Maria 07718 648305 Starts 25.04.2022	Family Links Parenting Puzzle* at Underhill 9.45am – 12.15pm 10 week course To book text Saydie 07718 648300 or Beverly 07950 791287 Starts 26.04.2022	ESOL* with Underhill in partnership with Barnet and Southgate College 9.15 – 11.15am To book text Maria 07718 648305 Starts 27.04.2022	Family Links Parenting Programme at Coppetts Wood 9.30 – 11.30am 10 week course To book email droberts-whiley@coppettswood.barnet.sch.uk Starts: 6 May 2022	Solicitor Drop-In Sessions at Underhill First Friday of each month 10am – 1pm
		Strengthening Families, Strengthening Communities Parenting Programme* at Newstead 10am – 1pm 12 week course To book call 020 8359 3460 Starts 27.04.2022	Being a Parent (bring up confident, happy, and co-operative children) at St Margaret's Nursery School 9.30 – 11.30am 8 week course To book email EYPH@barnet.gov.uk Starts: 21.04.2022	BOOST Sessions at Underhill Last Friday of each month 10am – 12pm Do you need help to upskill or obtain employment? BOOST offer free support including: -career guidance -job searching -training -cv training -interview skills To book text Maria 07718 648305

Midwifery

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> Face To Face Sessions Antenatal & Postnatal appointments arranged via your Midwife </div>  </div>				
Midwifery at Underhill Appointments only	Acacia Midwifery at Underhill Appointments only	Midwifery at Coppetts Wood Appointments only	Midwifery at Underhill Appointments only	Midwifery at Underhill Appointments only
Midwifery at Coppetts Wood Appointments only	Midwifery at Newstead Appointments only			Midwifery at Newstead Appointments only

Service Directory – Useful Contacts

Community Health Hub – 020 3633 4049 / 0800 772 3110
 Barnet Breastfeeding Support – 0800 246 1127
 Barnet Wellbeing Service (Mental Health Service for Adults) – 0333 344 9088
 Barnet Integrated Clinical Service (BICS) (Mental Health Service for Young People) – 07926 085495
 Citizens Advice Bureau – 0808 250 5708
 BOOST (Employment Support) – 0208 359 2442
 Free Early Years Education for 2/3/4 year olds – 0208 359 3052
 SOLACE Women's Aid (Domestic abuse support) – 0203 874 5003
 Somali and Bravanese Centre– 0207 018 6560

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