

PE 25/26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Dance- Nursery Rhymes	Gymnastics-Moving	Balls Skills-Hands	Dance-Ourselfs	Gymnastics-High low under	Ball skills Feet
Reception	Dance - Ourselfs	Gym - High low under	Ball skills-Hands	Ball skills- Feet	Locomotion-Running & Jumping	Games for understanding
Year 1	Locomotion Running Team Building	Gym Body Parts Attack and defense-Games	Dance- The Zoo Ball Skills- Feet	Ball Skills -Hands Gym Wide Narrow Curled	Locomotion Jumping Dance Heroes	Learning Through Play Health and Well Being
Year 2	Dance -Water	Balls Skills Feet	Gym Linking	Balls Skills-Hands	Attack v Defense	Striking Fielding -Rounders
Year 3	Hockey Dance -Wild Animals	Gym-Pathways Handball	Communication and tactics Netball	Athletics -Running Gym Symmetry Asymmetry	Footgolf Tennis	Basketball Cricket
Year 4	Hockey Tag Rugby	Gym -Bridges Football	Netball Dance - Space	Athletics Basketball	Dance - World War 2 Rounders	Tennis Rounders

	Dance - Cats	Game Sense	Running	Gym- Levels and directions	Kin Ball	Handball
Year 5	Netball Dance -The Circus	Gym -Counter balance & tension Hockey	Dance -Greeks Basketball	Gym - Flight Athletics - running	Health related fitness Tennis	Swimming
Year 6	Dance -Carnival Netball	Gym - Matching & Mirroring Tag Rugby	Hockey Basketball	Athletics Running Athletics Throwing/Jumping	Swimming	Swimming