



87% of consumers include plant-based protein in their diet*



Om Noms

**READY-TO-EAT
PLANT-BASED PROTEIN**

Place throughout the menu.

Great on its own, and as poke bowl selection.

Brilliant on a sandwich, wrap, salad, or pasta.

Or pair with rice, potatoes or vegetables.

- ✓ Heat and serve in 5 minutes!
- ✓ Whole soybeans
- ✓ Non-GMO
- ✓ All natural
- ✓ High in protein
- ✓ Produced in Canada
- ✓ Women-owned

Bean thinking... let's move past imitation meats.
 Om Noms are the real alternative we've been waiting for.
 The transitional food that becomes transformative.



TERIYAKI

Ingredients: Soy curls (non-GMO, whole soybeans), Water, Tamari, (water, soybeans, salt, alcohol), Mirin (water, sweet rice, cultured rice (koji)), Extra Virgin Olive oil, Coconut sugar, Arrowroot powder, Powdered onion, Garlic, Ginger, Salt.

Contains: Soy

| Nutrition Facts Valeur nutritive | |
|--|----------------|
| Per 1 serving (60 g) pour 1 servir (60 g) | |
| Calories 140 | % Daily Value* |
| Fat / Lipides 7 g | 9 % |
| Saturated / saturés 2.5 g | |
| + Trans / trans 0 g | 13 % |
| Carbohydrate / Glucides 9 g | |
| Fibre / Fibres 3 g | 11 % |
| Sugars / Sucres 1 g | 1 % |
| Protein / Protéines 9 g | |
| Cholesterol / Cholestérol 0 mg | |
| Sodium 420 mg | 18 % |
| Potassium 400 mg | 9 % |
| Calcium 50 mg | 4 % |
| Iron / Fer 1.5 mg | 8 % |

*5% or less is a little, 15% or more is a lot
 *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Toast lightly in a pan over medium heat until browned. Add water to create a sauce that is thickened to liking. Add vegetables and rice or noodles.



ORIGINAL

Ingredients: Soy curls (non-GMO, whole soybeans), Water, Tamari (water, soybeans, salt, alcohol), Coconut sugar, Olive oil, Rice vinegar, Arrowroot powder, Powdered onion, Garlic, Mustard, Salt, Black pepper, Dried oregano, Basil, Thyme.

Contains: Soy, Mustard

| Nutrition Facts Valeur nutritive | |
|--|----------------|
| Per 1 serving (60 g) pour 1 servir (60 g) | |
| Calories 120 | % Daily Value* |
| Fat / Lipides 5 g | 7 % |
| Saturated / saturés 0.5 g | 3 % |
| + Trans / trans 0 g | |
| Carbohydrate / Glucides 11 g | |
| Fibre / Fibres 2 g | 7 % |
| Sugars / Sucres 3 g | 3 % |
| Protein / Protéines 8 g | |
| Cholesterol / Cholestérol 0 mg | |
| Sodium 360 mg | 16 % |
| Potassium 400 mg | 9 % |
| Calcium 50 mg | 4 % |
| Iron / Fer 2 mg | 11 % |

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Pan fry over medium heat until browned. Add specialty seasonings or sauces to suit any creation. Make delicious lettuce wraps, pizza, sandwiches, or salads.

| Teriyaki | | SYSCO | | Teriyaki/Original | |
|----------|----------------|---------------------------|--|-------------------|-----------------------|
| UNIT | 627987643909 | MEAT ALT ORIG 5592987 | | UNIT WEIGHT | 1 kg |
| CASE | 10627987643906 | | | UNITS PER CASE | 2 |
| Original | | SYSCO | | CASE WEIGHT | |
| UNIT | 628693181020 | MEAT ALT TERIYAKI 5593001 | | CASE DIM. (cm) | 22.86 X 22.86 X 22.86 |
| CASE | 10628693181024 | | | SERVINGS/CASE | ~30 |



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