

Ninja Art Group Program

headspace Werribee





















Feedback from Young people

"I've been part of the headspace Werribee art program for more than 2 years now & it has honestly been a key part of my recovery. While I was in a really dark place I felt accepted here; like I was able to express myself and heal through art in a safe place. Traditional therapy was never really the right thing for me so it has been amazing to find a voice in a creative way. I feel like there are so many people who benefit in so many ways from the creative arts. It's such an incredible way to find meaning in life again... even after all the hope has seemed lost. That's how it's been for me anyway. It's been so powerful to be a part of it."



What do you like the most about Ninja Art

look forward to M V * people like-minded Seeing : every week 0 1



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Awards and Recognition in Ninja Art

My favourite part of ninjaART is 'Ninja of the Week' where someone in the group gets a certificate for best art work, engaging with an activity or even socialising with others in the group. We also get special rewards like pencils, markers or even art books to encourage artwork outside of the group!

Thank You to the generous contributions and support from James Marcon Foundation in supporting Ninja Art



