

The Duke of Edinburgh's Award

The Duke of Edinburgh's Award is a youth awards programme founded in the UK in 1956 by Prince Philip, Duke of Edinburgh, that has since expanded to 144 nations.

The awards recognise adolescents and young adults for completing a series of self-improvement exercises.

With assistance from adult Leaders, participants select and set objectives in Volunteering, Fitness, Skills & Expedition. This year, the expedition was to New Zealand for the Silver award participants.

Bronze: 3-6 mos. **Silver:** 6-9 mos. **Gold:** 12-18 mos.



This trip was one of the most eye opening, inspiring, jaw dropping, experiences of my life. It gave me passion and it helped me remember how beautiful life really can be.

Bella

I really enjoyed the views.

It was a really good experience being able to enjoy the views and get closer with everyone.

Lyam



The trip has completely changed my point of view on a lot of things around me – I have learnt to be in the moment and practice gratitude. I have learnt to be thankful for the little things and the big things that life gives you because they can be beautiful. The trip was physically, mentally and emotionally challenging but I would do it all over again in a heart beat. Thank you to the people that got all of us to New Zealand. I don't think any of us can actually put into words how grateful we are to have experienced the first international trip for PCYC and to have been surrounded by such beautiful people.

Siobhan



Words cannot describe how truly eye opening and beautiful the country of New Zealand is. Allowing me to grow as a person and gain understanding of my mental and physical capabilities, the NZ experience was an amazing opportunity for me to bond with my fellow youth and watch everyone overcome their own limitations – to become even stronger people.

Kyan



I noticed that a lot of the participants wished they were back in the comfort of their home during the first couple days of the trip, but by the time it was time to leave, they all wanted to stay a little longer.

New Zealand consolidated the perspective of how hard work and hardships can reward indescribable payoffs. The people we met, the places we visited, the lessons we learnt and the experiences we gained will always stay with us.

Caesar



This trip it was one of the most challenging, hardworking and rewarding experiences of my life. I learnt to connect with everyone, to form new relationships and memories I will treasure forever.

The trip to New Zealand pushed me to new limits. Each day was a new challenge, walking over mountains, through forests, down hills and jumping over creeks. At times it got tough but the strong support from my brother, new friends and camp leaders helped me push through the boundaries.

I am forever grateful to PCYC, OutBeyond, SMUK and other donators who got us there.

Maraea

