

## The Purpose Pivot Audit

*A Reflection Guide for Leaders Who Sense There's More*

A Free Resource from GrindStone Coaching



### INTRODUCTION

There comes a moment in every accomplished leader's journey when success no longer satisfies the way it once did.

And yet, something feels misaligned.

This audit is not about tearing down what you have built. It is about discerning what naturally comes.

The **Purpose Pivot Audit** is a guided reflection designed to help you pause, assess, and realign. Inviting God to provide answers to those deeper questions of calling, peace, and purpose.



### HOW TO USE THIS AUDIT

- Set aside 15–20 uninterrupted minutes
- Answer intuitively there are no “right” answers
- Use a journal or the space provided
- Pray before you begin, asking: “*God, show me what You see.*”

### SECTION 1: SUCCESS CHECK-IN

Circle the number that best reflects your current reality.

**1. I feel fulfilled by my current work and leadership role.**

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

**2. My achievements still feel meaningful—not just impressive.**

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

**3. I feel at peace with the direction my life is heading.**

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

**4. My work aligns with my values and faith.**

1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

**Reflection:**

What patterns do you notice in your answers?

**SECTION 2: INNER TENSION & HOLY DISCONTENT**

Answer honestly and without reservation.

- What feels heavy, or forced right now?
- Where do you sense resistance?
- What part of your life feels out of sync?

**SECTION 3: ALIGNMENT AUDIT**

For each statement, choose **Yes**, **Sometimes**, or **No**.

- I regularly seek God before making decisions  
☐ Yes ☐ Sometimes ☐ No
- My schedule reflects what I say matters most  
☐ Yes ☐ Sometimes ☐ No
- I feel spiritually nourished, not depleted  
☐ Yes ☐ Sometimes ☐ No
- I am leading from conviction, not expectation  
☐ Yes ☐ Sometimes ☐ No

## SECTION 4: THE PIVOT QUESTION

Sit with this question before answering:

**What would I pursue if I knew God was leading the way?**

Don't filter. Don't rationalize. Write what rises.

**Journal Space:**

## SECTION 5: READINESS FOR CHANGE

Check all that apply:

- ☐ I sense God calling me to refine my work
- ☐ I am open to redefining success
- ☐ I want clarity before making my next move
- ☐ I desire alignment more than approval
- ☐ I'm ready to explore purpose beyond productivity

**Reflection Prompt:**

What is one small step toward alignment you could take this month?

## YOUR INVITATION

If this audit stirred something in you, you don't have to navigate it alone.

You're invited to schedule a **Purpose Discovery Call** a confidential, faith-centered conversation designed to help you discern what alignment looks like in this next season.

 *"Schedule a Purpose Discovery Call"* <https://scheduler.zoom.us/karen-saunders-yz8huh>

**We are here for you**

GrindStone Coaching serves women who are accomplished leaders, who are ready to realign success with God's purpose without burnout or compromise.