Please contact these organizations for the most updated information. For some programs, appointments and / or proof of residency and income are required, so it is <u>important to call before visiting</u>.

Adventist Comm. Team Services (ACTS), 24914 Barton Rd. Loma Linda Provides food. For residents only. On Wednesdays. Mon Thur. 8am - 1pm and Fri. 8am - 12pm	(909) 796-8357
Beta Center Hunger Program, 209 W. Pearl Avenue, Pomona MonThru. 9am - 11:00a.m., 1:30pm - 3:00p.m. Bring proof of: address, identification and income.	(909) 622-7278
Bethesda Baptist Church, 1356 N. Mt. Vernon Avenue, San Bernardino Grocery distribution 1st Wednesday of month. West San Bernardino residents.	(909) 204-0022
Boys & Girls Club, 1180 W. 9th Street, San Bernardino Grocery distribution 2nd Tuesday of month from 8am-11am. Must have identification indicating zip code 92411.	(909) 888-6751
Calvary Chapel of Upland, 2060 W. 11th Street, Upland Food box distribution. One box per week. Monday- Thursday from 12pm - 4pm	(909) 931-3286
Catholic Social Services, 1800 Western Suite 107 San Bernardino Provides food, clothes and motel vouchers.	(909) 880-3625
Central City Lutheran Mission, 1354 N G St. San Bernardino Every Tuesday, 1st and 3rd Tuesday of the month	(909) 381-6921
Chino Neighborhood House, 13130 6th St. Chino, Chino Food Distribution M, T, W, F and Saturday 9am - 2pm	(909) 628-5608
Christian Missionary Alliance, 340 E. Evans Street, San Bernardino Grocery and clothing distribution 1st Saturday of month.	(909) 885-0012
Church of Christ, 331 W. Ninth Street, Upland One bag of foor on a first come, first serve basis for low income. The 2nd and 4th Monday of each month from 10am - 11am	(909) 982-1676
Church of the Nazarene, 1605 N. Sierra Way, San Bernardino Grocery distribution: Sundays 12pm after services and every Saturday except 1st Saturday of month, 8am-11am. First time need proof of address and S.S. card.	(909) 886-8104
Church of the Nazarene, 903 E. 3rd Street, San Bernardino Grocery distribution Monday 10am-11:30am and Wednesday 5:30pm-6:30pm and Hot Meals Wednesday 5:30pm-6:30pm	(909) 886-8104
Community Action Partnership of San Bernardino, 696 S. Tippecanoe Ave. San Bernardino (CAPSBC) Provides emergency shelter assistance, motel vouchers, emergency rental assistance, emergency food assistance, bus passes, food bank, and workfare program. Bring proof of income and identification.	(909) 723-1500
Delmann Heights Community Center, 2969 N. Flores Street, San Bernardino Grocery distribution on the 3rd Wed. 9am-11am. Need identification showing zip code 92407 or 92408.	(909) 888-6751
Cornerstone Compassion Center, 903 East 3rd Street, San Bernardino Provides emergency food and clothing.	(909) 888-1729

Echoes of Faith, 11255 Central Avenue. Ontario Provides food and clothing distribution on from 9a.m11a.m. and the 2nd Saturday of the month.	(909) 627-0927
Ecclesia Christian Fellowship, 1314 Date Street, San Bernardino Hot meals and grocery distribution. Must stay for service. Need identification. Every Wed except 1st Wed. 5pm-6:45pm. Grocery distribution 1st Wed 1pm-3pm	(909) 881-5551
Eleventh Street Baptist Church, 990 West 11th Street, Upland Small boxed food distribution. No specific day or hours. Food is distributed as needed until gone. Call for additional information.	(909) 982-6381
Emmerton Elementary, 1888 Arden Avenue, San Bernardino Grocery distribution for San Bernardino and Highland. Need identification with address. 120 baskets on first come, first serve basis. Parent Center on campus. 3rd Fri 1:30pm-4pm	(909) 388-6522
Family Services Association Redlands, 614 Lawton St. Redland, 92374 Mon. 9am - 12pm, Tues. 1:30pm - 6pm & Wed. 9am-12pm, Thus. closed, Fri. 9am -4:30pm. Provides to Redlands residents only food & clothing (appointment only). Homeless program is on Tues. mornings.	(909) 793-2673
First Lutheran Church, 9315 Citrus Ave. Fontana Gives out bags of groceries every second and fourth Saturday from 8:00am to 10:30am.	(909) 823-3457
First Presbyterian Church, 1900 N. 'D' Street, San Bernardino Grocery distribution 3rd Saturday of month. Emergency bags available Mon – Fri; one bag per month, per household not including 3rd Sat. distribution.	(909) 883-4177
First United Methodist, 262 N. Euclid Avenue, Upland	(000) 092 1245
Hot Breakfast Saturday 8am to 9am	(909) 982-1345
	(909) 463-0103 Ext. 809
Hot Breakfast Saturday 8am to 9am Food Warehouse / Water of Life - CityLink, 16815 Spring Street, Fontana	
Food Warehouse / Water of Life - CityLink, 16815 Spring Street, Fontana Tuesday and Thursday 2:00p.m. – 6:00p.m. Foothill Family Shelter, 1501 W. Ninth Street, Suite D, Upland Food distribution. Limited ti once per month. Serve Upland, Ontario, Montclair, Caremont, Pomona and Rancho Cucamonga residents. Proof of residency required and current id. Tuesday - Friday from	(909) 463-0103 Ext. 809
Food Warehouse / Water of Life - CityLink, 16815 Spring Street, Fontana Tuesday and Thursday 2:00p.m. – 6:00p.m. Foothill Family Shelter, 1501 W. Ninth Street, Suite D, Upland Food distribution. Limited ti once per month. Serve Upland, Ontario, Montclair, Caremont, Pomona and Rancho Cucamonga residents. Proof of residency required and current id. Tuesday - Friday from 8am to 12pm and 1pm to 5pm Frazee Community Center Family Crisis Center, 1140 W. Mill St, San Bernardino Provides food and shelter assistance. Offers hot meals MonFri. 11:00am - 1:00pm. Closed Sat. and	(909) 463-0103 Ext. 809 (909) 920-0453
Food Warehouse / Water of Life - CityLink, 16815 Spring Street, Fontana Tuesday and Thursday 2:00p.m. – 6:00p.m. Foothill Family Shelter, 1501 W. Ninth Street, Suite D, Upland Food distribution. Limited ti once per month. Serve Upland, Ontario, Montclair, Caremont, Pomona and Rancho Cucamonga residents. Proof of residency required and current id. Tuesday - Friday from 8am to 12pm and 1pm to 5pm Frazee Community Center Family Crisis Center, 1140 W. Mill St, San Bernardino Provides food and shelter assistance. Offers hot meals MonFri. 11:00am - 1:00pm. Closed Sat. and Sun. George Gibson Senior Center, 250 N. 3rd Avenue, Upland	(909) 463-0103 Ext. 809 (909) 920-0453 (909) 889-4424
Food Warehouse / Water of Life - CityLink, 16815 Spring Street, Fontana Tuesday and Thursday 2:00p.m. – 6:00p.m. Foothill Family Shelter, 1501 W. Ninth Street, Suite D, Upland Food distribution. Limited ti once per month. Serve Upland, Ontario, Montclair, Caremont, Pomona and Rancho Cucamonga residents. Proof of residency required and current id. Tuesday - Friday from 8am to 12pm and 1pm to 5pm Frazee Community Center Family Crisis Center, 1140 W. Mill St, San Bernardino Provides food and shelter assistance. Offers hot meals MonFri. 11:00am - 1:00pm. Closed Sat. and Sun. George Gibson Senior Center, 250 N. 3rd Avenue, Upland Grocery distribution Tuesday from 2pm - 3:30pm. Hot meals Monday - Friday 11:30am to 1pm Gloria Dei Lutherian Church, 17220 Merril Avenue, Fontana	(909) 463-0103 Ext. 809 (909) 920-0453 (909) 889-4424 (909) 981-4501

www.FontanaCAP.org 2

information form.

Greater Bethel Missionary Baptist, 222 E. 2nd Street, San Bernardino Grocery distribution3rdTuesday and 2ndThursday of month. Hot meals served 9am to 12pm on Monday, Wednesday, Saturday.	(760) 458-0370
Greater Cornerstone Church, 1604 N. 'G' Street, San Bernardino Grocery distribution. Need identification. On the 3rd Tues 10am	(909) 886-0095
Helping Hands Ministry of Mount Zion, 221 West California, Ontario Food bank Thursday at 9:30am - until food is gone.	(909) 460-0984
Helping Hands Pantry-SACH Norton, 1455 E. Third Street, San Bernardino Grocery distribution Sunday 8am - 11am and Sat. 1pm 3pm. USDA on 1st Friday of month. No ID necessary but must complete a questionnaire.	(909) 796-4222
His Hands, 877 North Campus Avenue, Upland Provides food & clothing M, T, W & TH 9am - 11:30am. For Upland and Rancho Cucamonga residents only	(909) 981-8110
Home of Neighborly Services, 839 N. Mt. Vernon Ave. San Bernardino Provides Emergency food and clothing for children, emergency food baskets. Assisting only San Bernardino, Highland and Colton residents. Tue 3pm - 5pm and 3rd Thurs. of each month 9am	(909) 885-3491
Inland Valley Council of Churches, 1095 W. Grand Ave. Pomona Food Bank in Pomona, Ontario, Claremont and San Dimas. Monday- Friday 9am-11am and 1pm - 3pm. www.inlandvalleyhopepartner.org	(909) 622-3806
Inter City Volunteers, Pomona Provides food and help with housing needs.	(909) 865-8853
Isaiah's Rock, 13031 7th St. Chino Provides groceries on Wed. and Fri. 9am-12pm. Meals and pastries are available 7 days a week. Email: doublin1923@aol.com	(909) 628-8808
Jefferson Hunt Elementary, 1342 Pumalo Street, San Bernardino Grocery distribution. Service first 96 families. Need address verification (identification or utility bill). 1st Fri 11:30am	(909) 881-8178
Jesucristo Es La Verdad, 705 S. Cypress Ave., Ontario Food bank 1st Wednesday of each month	(909) 319-3750
Living Waters, Apple Valley, 21811 Ottawa Rd., Apple Valley Food pantry Friday 2pm - 4pm , bring a valid I.D	(760) 247-6488
Lord's Table, 15512 6th Street, Victorville Hot meals served 11am-12pm Monday-Friday. 3rd Friday of each month food give-a-away	(760) 241-2043
Lytle Creek Recreation Center, 380 South 'K' Street, San Bernardino Hot meals: 11:30am - 1pm Mon Thu. Age 63+ donation of \$1.75, Younger guests or seniors \$3.75. Any child 1 – 18 is free from 12pm to 1pm.	(909) 384-5424
Manna Missionary Baptist Church, 2525 Etiwanda Avenue, San Bernardino Grocery distribution. Need identification. On the 2nd Tues 10am	(951) 712-3135

Mary's Mercy Center, 641 Roberds St., San Bernardino Provides emergency food distributions the 2nd, 3rd, and 4th Wed. of the month 1:30-3:00pm. Also offers hot meals 6 days a week except Fri. 11:30-1:30. Showers are available for women Mon. and Wed., and for men Tues. and Thurs. 8:30-12:00. Clothing and toiletries available on shower days.	(909) 889-2558
Meals on Wheels Ontario- 1017 N. Glenn Ave., Ontario Upland- 869 N. Euclid Ave., Upland Provides home-delivered meals services to people in need.	(909) 983-0203 (909) 981-0377
Mountain View Community Church, 8833 Palmetto Ave. Fontana Food distribution 10 am - noon 1st and 3rd Wednesday and 4th Sat. of each month. Seasonal food baskets at Thanksgiving and Christmas. ID required and can receive only once a month. NA/AA meetings. Mental and family counseling by appointment only. Visit web site: www.mviewcc.org.	(909) 357-9377
New Life Christian Center, 205 S. Campus Avenue, Upland Hot Meal on the last Wednesday of each month at 7:00am	(909) 982-5632
North Town Community Center, 10071 Freon Blvd Rancho Cucamonga 1st Monday of every month 9am-11am. For Rancho Cucamonga residents only	(909) 941-7465
Ontario Christian Center, 1336 N. Baker Auenue Ontario Food bank Fridays at 5pm.	(909) 983-5269
Operation Grace, 1595 E. Art Townsend Dr., San Bernardino Food Bank on 4th Tues. of each month from 9:00am	(909) 382-8540
Our Lady of Hope, 6885 Del Rosa Avenue, San Bernardino	(909) 884-6375
Grocery distribution. Must live in city limits, have address verification (Identification or utility bill). Food Pantry on Mon, Tues, Wed. 9am - 11am and on the 3rd Fri. 12pm - 2pm. Anyone can access.	
Our Lady of Mt. Carmel, 10079 8th St. Rancho Cucamonga Distributions every Tuesday from 3:00 – 4:30 p.m. Poof of Rancho Cucamonga Residency required.	(909) 987-2717
PAL Center, 2450 Blake Street, San Bernardino Grocery distribution Wednesdays after 3pm.	(909) 887-7002
Perris Hill Senior Center, 780 E. 21st Street, San Bernardino Hot meals: Age 60+ donation of \$1.75, Younger guests of seniors donation of \$3.75. Mon Thu. 11:30am - 12:30pm	(909) 384-5436
San Bernardino Community Church, 2372 E .Lynwood Drive, San Bernardino Grocery distribution 3rd Saturday 8am - 12pm. Need identification. Clothing distribution.	(909) 486-4471
San Bernardino High School, 1850 N. 'E' Street, San Bernardino Grocery distribution. Distributed in the sports complex. Need identification. On the 3rd Thurs 10am	(909) 881-8217
San Bernardino Senior Center, 600 W. 5th Street, San Bernardino Hot meals: Age 60+ donation of \$1.75, Younger guests of seniors donation of \$3.75. Mon Fri. 11:30 - 12:30pm	(909) 384-5430

Set Free Christian Fellowship, 473 W. Baseline Street, San Bernardino	(909) 383-2323
Bread give-away Sunday thru Monday 8am-9am., Grocery distribution on Fridays, 8am-11am. Spaghetti dinner Wednesday after 6:30pm service. and Pizza; Thursdays with NA/AA meetings 7pm	1.
Showers of Blessing Church, 166 E. 46th Street, San Bernardino Grocery distribution 2nd Saturday 11am-1pm	(909) 421-1513
Sierra Vista Community Church, 1589 Ninth Street, Upland Food distribution on Friday from 2pm - 5pm. Need ID Breakfast is served on designated Saturdays throughout the year. Can also receive groceries and clothing 9am -11am Call for dates.	(909) 946-7822
SOVA, PIVCC, Ontario Food distribution MonThurs. 9 - 11:30 a.m. and 1:30 - 3:30 p.m. Utility Assistance, rental assistance and Hotel vouchers. Must show proof of income, address, identification for everyone in household	(909) 391-4882
Spirit of Hope, 1820 E. Highland Avenue, San Bernardino Grocery distribution last Tuesday of each month 10am to 12pm.	(909) 882-2961
St. Anthony's Church, 1640 Western Avenue, San Bernardino Grocery distribution 2ndWednesday 6pm-8pm. 92407 and 92411. Need identification and proof of address. Bread giveaway Wednesdays at 9pm	(909) 831-2182
St. George Catholic Church, 17895 San Bernardino Avenue, Fontana Helping Hands Ministry - 5 to 6:30pm every 3rd Tue. of the month; please bring a valid picture ID and proof of residency within parish boundaries (W-Sierra N-Randall E-Pepper S-Valley)	(909) 877-1531
St. George Catholic Church, 505 N. Palm Ave. Ontario Food pantry Wednesday. 8:00- 10:00 a.m. Bring a valid I.D showing proof of Ontario residence. Come early to line up, supplies run out after the first 35 are served.	(909) 983-2637
St. Johns Episcopal Church, 1407 N. Arrowhead Avenue, San Bernardino Grocery distribution every Wednesday 11am-1pm. Mandatory sign up between 9am and 10am.	(909) 889-1195
St. Joseph Catholic Church His Hands Ministry, 877 N. Campus, Upland Food distribution. Limited to once per month for Upland and Rancho Cucamonga residents only, must have proof of residency. Clothing is available for those in need.	(909) 981-8110
Rock Church/World Outreach Center, 2345 S. Waterman Avenue, San Bernardino Grocery distribution Sunday at 10am and 12pm services for those that attend. Grocery distribution weekly on Thursdays 8am-10am.	(909) 825-8887
T.E.L.A.C.U. Sierra Vista, 650 W. 6th Street, San Bernardino Grocery distribution. Need identification and proof of income. Primarily for complex residents but will distribute whatever is left after residents. On the 2nd Wed 1:30pm-5pm	(909) 884-9490
Temple Community Outreach Center, 808 Medical Center, San Bernardino	(909) 383-9588
Grocery and clothing distribution and hot meals Fridays at 11:30am "Step" class offered before meal	
The Salvation Army, 746 W. 5th Street, San Bernardino Hot meals: Need to be there by 4:30pm to get a number. Grocery distribution 2nd and 4th Tuesdays. Must be there by 10am.	(909) 888-1336

The Home of the Neighborly Services, 839 N. Mt. Vernon Avenue, San Bernardino Bread give away on Tuesdays after 3pm. Grocery distribution 3rd Thursday of month at 9am.	(909) 885-3491
The Way World Outreach, 3701 N. Sierra Way, San Bernardino Grocery distribution weekly on Saturdays at 10am.	(909) 884-7117
The Way World Outreach, 375 W. 7th Street, San Bernardino Grocery distribution weekly on Wednesdays and Fridays at 12pm.	(909) 884-7117
Trinity Christian Fellowship, 8158 Tippecanoe Avenue, San Bernardino Grocery distribution. Only for residents of San Bernardino. Need identification and proof of residence. On the 3rd Sat 11am-1pm	(951) 347-8997
True Vine Training Center, 123 N. Mt. View, San Bernardino Hot Meals Sundays 2pm – 3pm. Clothing distribution	(909) 708-1796
Vermont Elementary School, 3695 Vermont Street, San Bernardino Grocery distribution. Need identification. On the 1st Thurs 10:30am	(909) 880-6658