

Senior Services

Adventist Community Team Services (ACTS), 24914 Barton Road, Loma Linda (909) 796-8357
Provides help for seniors by providing meals on wheels.

Alzheimer's Association Helpline (800) 660-1993
Sponsors family support groups for care givers and provides information regarding medical, nursing, and respite care.

City of Fontana Emergency Grant Program (909) 350-6750
This city will assist very low income homeowners (seniors/disabled) with essential emergency repairs up to \$2,500.00 provided there is an immediate threat to health and/or safety.

Courtyard Apartments, 8185 Palmetto Avenue, Fontana (909) 356-8526
Senior Housing for ages 55 & older.

Department of Aging and Adult Services (909) 829-8515
Provides information for senior and individuals with disabilities (IE: housing, transportation, counseling, health program, utilities, and legal services). Visit web site: hss.sbcounty.gov/daas

Department of Aging Services, San Bernardino (800) 510-2020
Senior information for senior and individuals with disabilities (IE: housing, transportation, counseling, health program, utilities and legal services). In home support services and assistance. Senior employment, nutrition program, family caregiver support program and long-term care. Visit website: hss.sbcounty.gov/daas

Dino Papa Vero Apartments, 16707 Marygold Avenue, Fontana (909) 350-0575
Provides Senior Housing ages 62 & older. Accommodate mobility impaired

Fontana Crime Prevention Unit (909) 350-7758
Consists of a group of individuals and agencies serving the senior community to bring awareness of crime trends, fraud schemes, and safety hazards. Dissemination of protection and prevention information. Referral service for activities, support groups, and resources.

Fountains at Sierra Apartments, 16946 Ceres Avenue, Fontana (909) 854-8783
Provides Senior Housing ages 55 & older.

Frazer Community Center Shelter, San Bernardino (909) 889-4424
Provides emergency food, shelter, and clothing for elderly homeless people. Homeless Veterans Program available.

Gardens at Sierra Apartments, 16838 Ceres Avenue, Fontana (909) 854-7400
Senior Housing apartment complex.

Gloria Dei Lutheran Church, 17220 Merrill Ave, Fontana (909) 822-7212
Church with community and youth programs. Women and Men's groups. Help homeless find shelters other than our patio area, summer and winter.

Housing Authority of the County of San Bernardino (909) 983-1318
Provides referrals for senior housing.

Inland Fair Housing and Mediation Board, Upland (909) 984-2254
Educates/investigates housing discrimination complaints; mediates landlord/tenant disputes. Senior services provide assistance with renters' assistance/HEAP applications; housing counseling provides counseling on reverse mortgages and first time homebuyer classes. Visit web site: www.inmedbd.com

Senior Services

- Knopf Senior Center, Fontana** (909) 349-6990
Offers senior transportation program for Fontana senior residents age 55 and over. The service will transport residents to hospitals, doctors, shopping, and beauty shops within the city limits of Fontana, as well as to the Knopf Senior Center lunch program. To make reservations call (909) 428-8377 at least 48 hours in advance for an appointment. Free health assessments, including blood pressure checks, vision screening, hearing assessments, check-up on anemia, diabetes, and nutritional counseling. A nurse is available every 3rd Wednesday of each month from 9:00 a.m. – 12:00 p.m. Walk-in's welcome. Call (909) 387-4881 or 387-3173 for more information. Attorney services 2nd Monday from 9:00 a.m. – 12:00 p.m. by appointment only, call (909) 428-8376. Home cooked meals are served Monday through Friday at 11:30 a.m. for \$3.00 per person. Other activities available to Fontana residents are Bingo, craft club, pool room, senior cinema, Koffee Klatch, T.O.P.S., and Red Hat Society.
- Long Term Care Ombudsman Program** (909) 885-1597
Advocates for residents in nursing homes and residential care facilities, as well as home health care, and skilled nurses associations. Program receives, investigates, and works to resolve problems and complaints on behalf of these residents.
- Old-timers Foundation, Fontana** (909) 829-0384
Aid to seniors age 60 and over, assisting with rental rebates, and other legal paperwork. Help with minor maintenance in home. A place where seniors can fellowship with one another. Offers Bingo and potlucks. Daily meals are served at all senior centers in Fontana. Also provides meals on wheels to those seniors who are restricted to their homes. Also provides hot meals M-F 11:30am – 1:00pm
- Rancho Cucamonga Senior Center** (909) 477-2780
Offers help for seniors.
- Redwood Terrace Apartments, 8181 Redwood Avenue, Fontana** (909) 428-4100
Provides Senior Housing for ages 62 & older.
- RSVP West Valley (Retired and Senior Volunteer)** (909) 482-0355
Recruits and places seniors 55+ years for non-profit volunteer work to meet community needs in Bloomington, Chino, Chino Hills, Colton, Fontana, Grand Terrace, Montclair, Mt. Baldy Village, Ontario, Rialto, Rancho Cucamonga, and Upland. Seniors are trained how to protect themselves against fraud and how to survive the first critical 72 hours in the event of a major disaster. Also has a Preventing Falls class
- Senior Nutrition Services, Moreno Valley** (951) 342-3057
Provides meal delivery and more, call for details.
- Sonrise Senior Citizen Villa Apartments, 7222 Sierra Avenue, Fontana** (909) 355-8522
Senior Housing apartment complex.
- South Pointe Villa Apartments, Rialto** (909) 874-9110
Senior Housing- Low income section 8 allowed for ages 62 & older.
- Village at Sierra Apartments, 8684 Sierra Avenue, Fontana** (909) 350-2188
Senior Housing for ages 55 & older.