**Saturday Timetable- Long Course Training Bath and Millfield.**

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| --- | --- | --- |
| **Date** | **Venue** | **Time** |
| 24th February | Millfield | 16.30-18.30 |
| 24th March | Bath | 13.15-15.00 |
| 28th April | Millfield | 16.30-18.30 |
| 12th May | Millfield | 16.30-18.30 |
| 19th May | Bath | 13.15-15.00 |
| 9th June | Millfield | 16.30-18.30 |
| 16th June | Bath | 13.15-15.00 |
| 23rd June | Bath | 13.15-15.00 |
| 30th June | Bath | 13.15-15.00 |
| 7th July | Bath | 13.15-15.00 |
| 14th July  | Bath | 13.15-15.00 |

**Saturday Timetable- Short Course Training LEWESTON 6.30AM-8.15AM**

|  |  |  |
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| **Date** | **Venue** | **Time** |
| 17th March  | Leweston | 6.30-815am |
| 24th March – subject to numbers as Bath in afternoon | Leweston | 6.30-815am |
| 14th April | Leweston | 6.30-815am |
| 21st April | Leweston  | 6.30-815am |
| 26th May  | Leweston | 6.30-815am |

**Competitions**

|  |  |  |
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| **Date** | **Venue** | **Time** |
| Saturday 10th MarchSunday 11th March | Hengrove | Warm up 08.30Last race due to finish 18.15.  |
| EXETER MEET Saturday 14th AprilSunday 15th April | Millfield | TBC |
| SOUTH WEST REGIONALS YOUTHSaturday 5th May Sunday 6th May  | Plymouth  | TBC |
| SOUTH WEST REGIONALS AGESaturday 12th May Suday13th May  | Hengrove TBC  | TBC |
| SOUTH WEST REGIONALS AGESaturday 19th May Sunday 20th May  | Millfield TBC  | TBC |
| LAST CHANCE NATIONALS MEETLevel 1 Plymouth LeanderSat 26th – Monday 28th May  | Plymouth Life Centre | TBC |
| 1st STORM OWN MEET SUMMER SPRINTS2 & 3rd June 2018 | Oxley  | TBC |

**Easter Training**

**Good Friday 30th March , Sat 31ST March & Easter Monday 2nd April**

**9-11am Please confirm if attending all welcome but must book with Wendy. If not enough interest will cancel.**

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| **Date** | **Short Course** | **Time** | **Long Course** |  **Time** |
| Tuesday 3rd April | Leweston | 6.45-8.15pm | Millfield | 12.00-14.00pm |
| Wednesday 4th April | Leweston | 6.00-8.00pm | Millfield | 12.00-14.00pm |
| Thursday 5th April  | Leweston  | 6.30-8.00pm  | NONE | NONE  |
| Friday 6th April | Leweston | 4.30-5.30pm,5.30-6.30pm | Millfield | 12.00-14.00pm |
| Monday 9th April | Leweston | 6.45-8.15pm | Millfield | 11.00am-13.00pm |
| Tuesday 10th April | Leweston | 6.45-8.15pm | Millfield | 11.00am-13.00pm |
| Wednesday 11th April | Leweston | 6.00-8.00pm | Millfield | 09.00am-11.00am |
| Thursday 12th April | Leweston | 6.30-8.00pm | Millfield | 11.00am-13.00pm |
| Friday 13th April | Leweston | 4.30-5.30pm & 5.30-7.30pm | Millfield | 11.00am-13.00pm |

**May and June training same times unless advised.**