



choose more choice.



Plans that fit all stages of life

Coverage options for you, your family, and your business

Individual and family plans

Our Trio HMO and PPO plans are designed to deliver choice for different budgets. They also come with anytime access to care and health plan information online. Call **(855) 225-1709** or visit bsca.com/coverme for more information.

Medi-Cal plans

If you or a family member qualify for Medi-Cal in Los Angeles or San Diego counties, you can enroll through our affiliate, Blue Shield of California Promise Health Plan, to get coverage for doctor visits, hospitalization, prescriptions, maternity, and more. Call **(866) 820-6009** for more information.

Small group plans

Promote your employees' health with Blue Shield health plans. Employees can access professional medical advice anytime and enjoy coverage while outside the state or country through Blue Shield Global Core. Call **(800) 325-5166** for more information.

Blue Shield of California Medicare plans

Looking for more coverage than what's provided in Original Medicare? We offer a number of Medicare Supplement, Medicare Advantage, and Prescription Drug plans that help you cover the costs of your different care needs.* For more information, call **(888) 273-8080** (TTY: 711), Monday through Friday from 8 a.m. to 8 p.m.

* Blue Shield of California is an HMO and PDP plan with a Medicare contract. Enrollment in Blue Shield of California depends on contract renewal.

More ways to stay covered

Protect your health and your loved ones with vision, dental, and life insurance.



Vision plans*

For as little as \$6.90 per month, you can cover your future vision care needs with access to one of the largest networks of vision care providers in California.



Dental plans

Protect your smile with a PPO or HMO dental plan and enjoy a range of dental benefits including preventive cleanings and preventive X-rays for \$0.



Life Insurance

Safeguard the future of the significant people in your life with individual term life insurance* plans, designed to help meet the need to pay for expenses such as funeral costs, daily expenses, or college tuition.

Call **(855) 225-1709** or visit bsca.com/coverme to learn more about vision, dental, and life insurance plans.

Be healthy and save

As a Blue Shield member, you get discounts on fitness centers, wellness products, vision services, acupuncture, chiropractic, massage therapy, LASIK surgery, and more.¹

Learn more at blueshieldca.com/wellnessdiscounts.

Blue Shield of California complies with applicable state laws and federal civil rights laws, and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Blue Shield of California cumple con las leyes estatales y las leyes federales de derechos civiles vigentes, y no discrimina por motivos de raza, color, país de origen, ascendencia, religión, sexo, estado civil, género, identidad de género, orientación sexual, edad ni discapacidad.

Blue Shield of California 遵循適用的州法律和聯邦公民權利法律，並且不以種族、膚色、原國籍、血統、宗教、性別、婚姻狀況、性別認同、性取向、年齡或殘障為由而進行歧視。

* Underwritten by Blue Shield of California Life & Health Insurance Company. Vision plans are administered by MESVision.

¹ These discount program services are not a covered benefit of Blue Shield health plans and none of the terms or conditions of Blue Shield health plans apply. Discount program services are available to all members with a Blue Shield medical, dental, vision, or life insurance plan.

Discount programs are administered by or arranged through the following independent companies:

- Alternative Care Discount Program – American Specialty Health Systems, Inc. and American Specialty Health Group, Inc.
- Discount Provider Network and MESVisionOptics.com – MESVision
- Weight control – Weight Watchers North America
- Fitness facilities – 24 Hour Fitness, ClubSport, and Renaissance ClubSport
- LASIK – Laser Eye Care of California, LLC; QualSight, Inc.; and NVISION Laser Eye Centers