



# ✿ Training Catalog – Fall 2025 ✿

## Smart Start Rowan

1329 Jake Alexander Blvd S. Salisbury, NC 28146



Register Online: [www.rowan-smartstart.org](http://www.rowan-smartstart.org)




# Training Rules & Expectations

## In-Person Expectation Overview




### Purpose

- Provide high-quality professional learning in a respectful and engaging environment.





### Attendance & Participation

-  **Full Attendance:** Participants must remain for the entire training to receive credit. Early departures may result in denial of credit.
-  **Sign-In:** Participants must sign in at the beginning of the session. Missing signatures may forfeit credit.
-  **Active Participation:** Ask questions, join discussions, and complete required activities.

### Professional Conduct




-  **Respectful Behavior:** Be respectful to trainers and other attendees. Disruptive or inappropriate behavior will not be tolerated.
-  **Electronic Devices:** Silence phones and avoid texting or unrelated device use unless directed as part of the session.
-  **Dress Code:** Dress appropriately for a professional learning environment.

### Credit Eligibility & Documentation






-  **Verification:** Trainers will verify participation through attendance logs and engagement.
  -  **Pre & Post Questionnaire:** Must be completed to receive credit.
  -  **Evaluation Form:** Required for certificate issuance.
  - ☐ **Accurate Information:** Name on sign-in sheet must match your official DCDEE documentation.
  -  **Full Expectations** are available on our website.
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# Virtual Expectations Overview

## Attendance & Participation




-  **Timeliness:** Join on time. Late arrivals may not be eligible for credit.
-  **Full Attendance:** Remain for the entire training.
-  **Engagement:**
  - Camera must be on (unless pre-approved for accessibility/technical reasons).
  - Participate in discussions, polls, breakout rooms, and activities.
  - Avoid multitasking or unrelated activities.

## Credit Eligibility & Documentation

-  **Verification:** Attendance verified by login data, engagement tracking, and visible participation.
-  **Pre & Post Questionnaire:** Required for training credit.
-  **Evaluation Form:** Must be completed for certificate issuance.
-  **Correct Name Usage:** Log in with your registration/official DCDEE name, or type full name into chat if not possible.
-  **Full Expectations** are available on our website.




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## How to Register

-  **Online:** [www.rowan-smartstart.org](http://www.rowan-smartstart.org)
-  **By phone:** (704)-603-3433
-  **By mail or in person:** Send registration form and payment to:  
*Smart Start Rowan*  
1329 Jake Alexander Blvd. S.  
Salisbury, NC 28146

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## Registration & Payment Information

-  **Online:** All major credit cards accepted at [www.rowan-smartstart.org](http://www.rowan-smartstart.org)
-  **By phone:** Trainings over \$10 may be paid by credit card.
-  **By mail or in person:** Pay by cash, check, or credit card with your registration form.


 **Spaces cannot be held without payment!**

*Note: Several trainings are provided by non-Smart Start Rowan employees. Please check the training calendar for registration instructions for those sessions.*

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## Center Trainings

We are available to provide **custom trainings** either **off-site at your center** or **at our office**.

- **\$ \$50 per hour** (with a 2-hour minimum) for standard trainings
  -  **CEU trainings:** \$35 per participant (minimum of 8 participants required)
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## Training Certificates

- **Certificate distribution:** Training certificates are distributed to participants when the session concludes for most trainings.
  - **CEU courses:** For some learning events, such as CEU courses, certificates are **mailed after successful completion**.
  - **Series trainings:** Some trainings are offered as a **series** with additional assignments to be completed outside of the scheduled training. Participants **must attend all sessions** in the series and **complete any assignments** to receive the training certificate.
  - **Replacement certificates:** Replacement training certificates **cannot be provided**.
    - Smart Start Rowan can issue an **official letter verifying participation** in a training **within 2 years** from the date of the training.
    - Please provide the **title and date** of the training and the **participant's name**.
    - The **first official letter is free**; afterwards, a **\$3.00 fee** will be charged.
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## Cancellations & Refunds

- **Participant cancellations:**
  - You may cancel **up to 24 hours prior** to the training date to receive **credit toward another training**.
  - A **substitute** may attend in your place.
  - Failure to cancel within 24 hours will result in **forfeiture of the registration fee**.
- **No-shows / partial attendance:**

- Registered participants who **do not attend** a session, or **do not complete** a series in its entirety, and **have not canceled** per policy, will **not receive a refund** and **cannot transfer** fees to another learning event.
  - **Provider cancellations:**
    - If Smart Start Rowan must cancel due to **inclement weather, staff emergency, or low enrollment**, your fee may be **applied to another training** or you may **request a refund**.
    - Money credited for canceled trainings will **expire 1 year** from the date issued.
    - If **fewer than 8 participants** are registered, the training **may be canceled**. Registered participants will be notified by **telephone**.
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## **More Information**

For more information on trainings, please contact  
**Betty Trujillo**, Early Education Program Manager  
**(704) 603-3351**


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## **We Value Your Feedback!**


Smart Start Rowan is committed to providing trainings that meet the needs of our community. We would love to hear your feedback!  
**Send your ideas for future trainings to:** [btrujillo@smartstartrowan.org](mailto:btrujillo@smartstartrowan.org)



## In-Person Trainings

### Changes from the ITERS-R to the ITERS 3

 Tuesday, October 7 | 6:30 pm - 8:30 pm


 Betty Trujillo


 Smart Start Rowan

 \$10 |  2.0 hrs



Join us for an informative session on the key differences between the ITERS-3 and the ITERS-R. This training will provide a clear understanding of the updated expectations and will help educators and childcare providers align their practices with the latest assessment criteria. This session is ideal for early childhood educators, administrators, and anyone involved in quality improvement initiatives. Participants will gain insights into the major changes between ITERS-R and ITERS-3; What the ITERS-3 focuses on; strategies to enhance classroom environments to meet the updated standards.

### Medication Administration in Childcare

 Thursday, October 16 | 6:30 pm - 8:30 pm






 Kimberly Cruz

 Smart Start Rowan


 \$10 |  2.0 hrs


This training provides child care providers with the knowledge and skills necessary to safely administer medication in early childhood settings, in accordance with North Carolina child care regulations and best practices. Participants will learn proper procedures for receiving, documenting, storing, and administering both prescription and over-the-counter medications. The training will also cover recognizing and responding to adverse reactions, communication with families and health care providers, and maintaining confidentiality.


By the end of this session, participants will be able to:



-  Identify state regulations related to medication administration in child care settings.
-  Demonstrate proper techniques for medication administration.
-  Accurately complete medication documentation forms.
-  Implement safe storage and handling practices for medications.
-  Understand their role in partnering with families to ensure children's health and safety.

### Lesson Planning for Infant toddler teachers

 Monday, October 27 | 6:30 pm - 8:30 pm

 Betty Trujillo

 Smart Start Rowan


 \$10 |  2.0 hrs


This training session offers practical strategies for designing engaging, developmentally appropriate lesson plans for infants and toddlers. Participants will explore how to incorporate sensory play, language development, and early social skills into lesson activities. By the end of the workshop,





educators will feel confident in creating nurturing and interactive learning experiences tailored to each child's developmental needs.

## Changes from the ECERS - R to the ECERS 3

 Monday, November 3 | 6:30 pm - 8:30 pm


 Betty Trujillo


 Smart Start Rowan

 \$ \$10 |  2.0 hrs



Join us for an informative session on the key differences between what the Environmental Rating Scales (ERS) assess in the ECERS-3 compared to the ECERS-R. This training will provide a clear understanding of the updated expectations, helping educators and childcare providers align their practices with the latest assessment criteria. This session is ideal for early childhood educators, administrators, and anyone involved in quality improvement initiatives. You will gain insights into the major changes between the ECERS-R and ECERS-3, what the ECERS-3 focuses on, and strategies to enhance classroom environments to meet the updated standards.

## Safe Handling

 Thursday, November 13 | 6:30 pm - 8:30 pm


 Kimberly Cruz


 Smart Start Rowan

 \$ \$10 |  2.0 hrs



This training, developed by the North Carolina Child Care Health and Safety Resource Center, covers the safe handling of children in child care to promote child and educator wellbeing. Participants will learn about safe handling and classroom management strategies that can help reduce the risk of child handling injuries. They will also be able to recognize and prevent common injuries in children and adults in child care settings

## Lesson Planning for Preschool Children

 Wednesday November 19 | 6:30 pm - 8:30 pm


 Betty Trujillo


 Smart Start Rowan

 \$ \$10 |  2.0 hrs



This training provides preschool teachers with effective strategies for creating engaging, developmentally appropriate lesson plans that support school readiness. Participants will explore how to integrate literacy, math, science, and creative play into daily plans while fostering social-emotional growth. By the end of the session, educators will have practical tools to design lessons that balance structure, creativity, and child-centered learning.

## Its Sids

 Tuesday, December 2 | 6:30 pm - 8:30 pm


 Betty Trujillo


 Smart Start Rowan

 \$ \$10 |  2.0 hrs



ITS-SIDS was developed by the NC Healthy Start Foundation's ITS-SIDS Project. This session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rules, and maintenance of the proper forms.

## EPR

 Thursday, December 11 | 6:00 pm -8:30 pm

 Kimberly Cruz

 Smart Start Rowan

 \$10 |  2.5 hrs


Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practices recommendations, and guidance on completing the online EPR Plan.









## Virtual Trainings

### **Supporting Infants and Toddlers on Their Path to Resilience**

 Thursday, October 23 | 6:30 pm - 8:30 pm

 Stephanie Dryer

 Virtual

 \$10 |  2.0 hrs

This session on trauma-responsive care begins with exploring how trauma may influence babies and toddlers. Participants will unpack why the experience of trauma can have a significant influence on their development. This session will also explore the concepts of risk and protective factors, as well as resilience. They will examine specific within-child and external protective factors and reflect on how to promote and strengthen each protective factor to foster resilience.



# Registration Form

Please complete this form to register for trainings. You may fill it out digitally and email it to us, or print and return with payment.

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Employer: \_\_\_\_\_

County: \_\_\_\_\_

Select Trainings:

☐ Changes from the ECERS-R to the ECERS 3 (Tuesday, October 6, 6:30 pm - 8:30 pm) - \$10 | 2.0 hrs

☐ Medication Administration in Childcare (Thursday, October 16, 6:30 pm - 8:30 pm) - \$10 | 2.0 hrs

☐ Supporting Infants and Toddlers on Their Path to Resilience (Thursday, October 23, 6:30 pm - 8:30 pm) - \$10 | 2.0 hrs

☐ Lesson Planning for Infant toddler teachers (Monday, October 27, 6:30 pm - 8:30 pm) - \$10 | 2.0 hrs

☐ Changes from the ECERS - R to the ECERS 3 (Monday, November 3, 6:30 pm - 8:30 pm) - \$10 | 2.0 hrs

☐ Safe Handling (Thursday, November 13, 6:30 pm - 8:30 pm) - \$10 | 2.0 hrs

☐ Lesson Planning for Preschool Children (Wednesday November 19, 6:30 pm - 8:30 pm) - \$10 | 2.0 hrs

☐ Its Sids (Tuesday, December 2, 6:30 pm - 8:30 pm) - \$10 | 2.0 hrs

☐ EPR (Thursday, December 11, 6:00 pm - 8:30 pm) - \$10 | 2.5 hrs

Total Payment: \$ \_\_\_\_\_

Register online at: [www.rowan-smartstart.org](http://www.rowan-smartstart.org)