Season Plan Charlotte Dream Elite 2021 Spring/Summer 2018:

Jan 21 st	6:45-8:00pm	Sunday	HES	practice
Jan 28 th	6:00-7:00pm	Sunday	HES	Volunteer workout
Feb 4th	5:00-6:00pm	Sunday	HES	Volunteer workout
Feb 11 th	6:45-8:00pm	Sunday	HES	practice
Feb 18th	6:00-7:00pm	Sunday	HES	Volunteer workout
Feb 24 th	9:00-11:00am	Saturday	MIF	practice
Feb 25 th	6:45-8:00pm	Sunday	HES	practice
Feb 26 th	7:15-9:00pm	Monday	MIF	practice
March 1 st	7:15-8:45pm	Thursday	HES	practice
March 3-4 th			Mt Airy	Tournament
March 5 th	7:15-9:00pm	Monday	MIF	practice
March 8 th	7:00-8:45pm	Thursday	Bradley MS	practice
March 11th	7:00-8:00pm	Sunday	HES	Volunteer workout
March 12 th	7:15-9:00pm	Monday	MIF	practice
March 15 th	7:00-8:45pm	Thursday	Bradley MS	practice
March 15 th March 17-18 th	7:00-8:45pm	Thursday	Bradley MS Greensboro?	practice Tournament
	7:00-8:45pm 7:15-9:00pm	Thursday Monday	·	
March 17-18 th			Greensboro?	Tournament
March 17-18th March 19 th	7:15-9:00pm	Monday Thursday	Greensboro? MIF Bradley MS	Tournament practice
March 17-18th March 19 th March 22 nd	7:15-9:00pm 7:00-8:45pm	Monday Thursday	Greensboro? MIF Bradley MS	Tournament practice practice
March 17-18 th March 19 th March 22 nd March 24 th	7:15-9:00pm 7:00-8:45pm Probably a 1-d	Monday Thursday ay event	Greensboro? MIF Bradley MS Winston-Salen	Tournament practice practice will decide around March 4 th
March 17-18 th March 19 th March 22 nd March 24 th March 25th	7:15-9:00pm 7:00-8:45pm Probably a 1-d <i>7:00-8:00pm</i>	Monday Thursday ay event <i>Sunday</i>	Greensboro? MIF Bradley MS Winston-Salen HES	Tournament practice practice Will decide around March 4 th Volunteer workout
March 17-18 th March 19 th March 22 nd March 24 th March 25th March 26 th	7:15-9:00pm 7:00-8:45pm Probably a 1-d <i>7:00-8:00pm</i> 7:15-9:00pm	Monday Thursday ay event <i>Sunday</i> Monday	Greensboro? MIF Bradley MS Winston-Salen HES MIF	Tournament practice practice Will decide around March 4 th <i>Volunteer workout</i> practice
March 17-18 th March 19 th March 22 nd March 24 th March 25th March 26 th March 29 th	7:15-9:00pm 7:00-8:45pm Probably a 1-d <i>7:00-8:00pm</i> 7:15-9:00pm	Monday Thursday ay event <i>Sunday</i> Monday	Greensboro? MIF Bradley MS Winston-Salen HES MIF	Tournament practice practice Will decide around March 4 th <i>Volunteer workout</i> practice practice, if home
March 17-18 th March 19 th March 22 nd March 24 th March 25 <i>th</i> March 26 th March 29 th	7:15-9:00pm 7:00-8:45pm Probably a 1-d <i>7:00-8:00pm</i> 7:15-9:00pm 7:00-8:45pm	Monday Thursday ay event <i>Sunday</i> Monday Thursday	Greensboro? MIF Bradley MS Winston-Salen HES MIF Bradley MS	Tournament practice practice Will decide around March 4 th <i>Volunteer workout</i> practice practice, if home Easter Sunday
March 17-18 th March 19 th March 22 nd March 24 th March 25 <i>th</i> March 26 th March 29 th April 1 st April 4 th	7:15-9:00pm 7:00-8:45pm Probably a 1-d <i>7:00-8:00pm</i> 7:15-9:00pm 7:00-8:45pm 7:30-9:00pm	Monday Thursday ay event <i>Sunday</i> Monday Thursday Wednesday	Greensboro? MIF Bradley MS Winston-Salen HES MIF Bradley MS	Tournament practice practice Will decide around March 4 th <i>Volunteer workout</i> practice practice, if home Easter Sunday practice, if home
March 17-18 th March 19 th March 22 nd March 24 th March 25th March 26 th March 29 th April 1 st April 4 th	7:15-9:00pm 7:00-8:45pm Probably a 1-d <i>7:00-8:00pm</i> 7:15-9:00pm 7:00-8:45pm 7:30-9:00pm 7:00-8:45pm	Monday Thursday ay event <i>Sunday</i> Monday Thursday Wednesday Thursday	Greensboro? MIF Bradley MS Winston-Salen HES MIF Bradley MS MIF Bradley MS	Tournament practice practice Will decide around March 4 th Volunteer workout practice practice, if home Easter Sunday practice, if home practice, if home
March 17-18th March 19th March 22nd March 24th March 25th March 26th March 29th April 1st April 5th April 8th	7:15-9:00pm 7:00-8:45pm Probably a 1-d <i>7:00-8:00pm</i> 7:15-9:00pm 7:00-8:45pm 7:00-8:45pm 7:00-8:45pm	Monday Thursday ay event <i>Sunday</i> Monday Thursday Wednesday Thursday <i>Sunday</i>	Greensboro? MIF Bradley MS Winston-Salen HES MIF Bradley MS MIF Bradley MS HES	Tournament practice practice Will decide around March 4 th Volunteer workout practice practice, if home Easter Sunday practice, if home practice, if home practice, if home

April 14-15 th			Fairly local	Tournament
April 16 th	7:15-9:00pm	Monday	MIF	practice
April 18 th	7:30-9:00pm	Wednesday	MIF	practice
April 19-22 nd			Deep South	Raleigh, leave around lunch Thursday!
April 23 rd	7:15-9:00pm	Monday	MIF	practice
April 26 th	7:00-8:45pm	Thursday	Bradley MS	practice
April 29 th	7:00-8:00pm	Sunday	HES	Volunteer workout
April 30 th	7:15-9:00pm	Monday	MIF	practice
May 3 rd	7:00-8:45pm	Thursday	Bradley MS	practice
May 5(-6 th)	(maybe both days)	Saturday	Winston-Saler	n Ballers R' Us Tournament
May 6 th	7:00-8:00pm	Sunday	HES	Volunteer workout
May 7 th	7:15-9:00pm	Monday	MIF	practice
May 10 th	7:15-9:00pm	Thursday	MIF	practice
May 13 th	7:00-8:00pm	Sunday	HES	Volunteer workout
May 14 th	7:15-9:00pm	Monday	MIF	practice
May 17 th	7:15-9:00pm	Thursday	MIF	practice
May 18-20 th			NTBA States	Charlotte
May 21 st	7:15-9:00pm	Monday	MIF	practice
May 24 th	7:00-8:45pm	Thursday	Bradley MS	practice
May 28 th			Memorial Day	– no practice
May 31 st	7:00-8:45pm	Thursday	Bradley MS	practice
June 4 th	7:15-9:00pm	Monday	MIF	practice
June 7 th	7:00-8:45pm	Thursday	Bradley MS	practice
June 9-10 th			NTBA South Ea	ast Regionals Charlotte

June 11th – June 24th off for school workouts and college elite camps etc. We will offer alternative training for players not offered school ball.

June 25 th	7:15-9:00pm	Monday	MIF	practice
June 28 th	7:00-8:45pm	Thursday	Bradley MS	practice
June 30 th	9:00-11:00am	Saturday	MIF	practice

July $1^{st} - 7^{th}$ off

July 8th	6:00-8:00pm	Sunday	MIF	practice
July 9th	8:00-9:15am	Practice at MIF	and Travel to L	ouisville, Kentucky
July 10-13 th			Battle of the B	oro Louisville, KY
July 16 th	7:30-9:00pm	Monday	MIF	practice
July 19 th	7:30-9:00pm	Thursday	MIF	practice
July 22 nd	7:30-9:00pm	Sunday	MIF	practice
July 23-24 th			LBI Carolina Liv	ve, Charlotte
July 26 th	7:30-9:00pm	Thursday	MIF	practice
July 27-28 th			LBI Summer Fi	nale, Charlotte

MIF = Mountain Island Fitness

HES = Huntersville Elementary School

Bradley = Francis Bradley Middle School, Huntersville

If you would like to workout more than above each week or once in a while, our private training sessions are very good and I can also put together small group sessions if interested. These options come with added cost.

We will get back together for a few sessions at the end of August. After that we start team practices right after Labor Day, to prepare for fall showcase events. More details in July.

