

Season Plan Charlotte Dream Elite U16 Spring/Summer 2019:

Feb 10th	6:45-8:00pm	Sunday	HES	Workout and team activity
<i>Feb 17th</i>	<i>1:45-3:00pm</i>	<i>Sunday</i>	<i>HES</i>	<i>Volunteer workout free</i>
<i>Feb 24th</i>	<i>1:45-3:00pm</i>	<i>Sunday</i>	<i>HES</i>	<i>Volunteer workout free</i>
Feb 25 th	7:15-9:00pm	Monday	MIF	practice
Feb 27 th	7:15-9:00pm	Wednesday	MIF	practice
March 3rd	12:45-2:15pm	Sunday	MIF	Practice
March 4 th	7:15-9:00pm	Monday	MIF	practice
March 6 th	7:15-9:00pm	Wednesday	MIF	practice
<i>March 10th</i>	<i>2:45-4:00pm</i>	<i>Sunday</i>	<i>HES</i>	<i>Volunteer workout free</i>
March 11 th	7:15-9:00pm	Monday	MIF	practice
March 13 th	7:15-9:00pm	Wednesday	MIF	practice
March 16-17th		Tournament	Greensboro	
March 18 th	7:15-9:00pm	Monday	MIF	practice
March 20 th	7:15-9:00pm	Wednesday	MIF	practice
<i>March 24th</i>	<i>2:45-4:00pm</i>	<i>Sunday</i>	<i>HES</i>	<i>Volunteer workout free</i>
March 25 th	7:15-9:00pm	Monday	MIF	practice
March 27 th	7:15-9:00pm	Wednesday	MIF	practice
March 30-31st		Tournament	Newton	
April 1 st	7:15-9:00pm	Monday	MIF	practice
April 3 rd	7:15-9:00pm	Wednesday	MIF	practice
<i>April 7th</i>	<i>2:45-4:00pm</i>	<i>Sunday</i>	<i>HES</i>	<i>Volunteer workout free</i>
April 8 th	7:15-9:00pm	Monday	MIF	practice
April 10 th	7:15-9:00pm	Wednesday	MIF	practice
April 13-14th		Tournament	Winston-Salem	
April 15 th	7:15-9:00pm	Monday	MIF	practice
April 17 th	7:15-9:00pm	Wednesday	MIF	practice
April 20th	9:00-11:00am	Saturday	MIF	Practice, if home
<i>April 21st</i>		<i>Sunday</i>		<i>Easter Sunday</i>

April 22 nd	7:15-9:00pm	Monday	MIF	practice
April 24 th	7:15-9:00pm	Wednesday	MIF	practice
April 25-28th	Showcase	Tournament	Deep South Raleigh (leave Thursday before lunch)	
April 29 th	7:15-9:00pm	Monday	MIF	practice
April 30th	7:15-9:00pm	Tuesday	MIF	practice
May 5 th	2:45-4:00pm	Sunday	HES	Volunteer workout free
May 6 th	7:15-9:00pm	Monday	MIF	practice
May 8 th	7:15-9:00pm	Wednesday	MIF	practice
May 11th	9:00-11:00am	Saturday	MIF	Practice plus team activity
May 13 th	7:15-9:00pm	Monday	MIF	practice
May 15 th	7:15-9:00pm	Wednesday	MIF	practice
May 17-19th	Showcase	Tournament	ASGR Carolinas Tip Off, Charlotte	
May 20 th	7:15-9:00pm	Monday	MIF	practice
May 22 nd	7:15-9:00pm	Wednesday	MIF	practice
May 26 th		Sunday	Memorial Day weekend – no workout	
May 27 th		Monday	Memorial Day No practice	
May 29 th	7:15-9:00pm	Wednesday	MIF	practice
May 30th	7:15-9:00pm	Thursday	MIF	practice
June 1-2nd		Tournament	NTBA States	Charlotte
June 3 rd	7:15-9:00pm	Monday	MIF	practice
June 5 th	7:15-9:00pm	Wednesday	MIF	practice
June 10 th	7:15-9:00pm	Monday	MIF	practice
June 12 th	7:15-9:00pm	Wednesday	MIF	practice
June 12th-16th	Daytime workout opportunities with girls in your age from Sweden			
June 17 th	7:15-9:00pm	Monday	MIF	practice
June 19 th	7:15-9:00pm	Wednesday	MIF	practice
June 24 th	7:15-9:00pm	Monday	MIF	practice
June 26 th	7:15-9:00pm	Wednesday	MIF	practice
June 27th	7:15-9:00pm	Thursday	MIF	practice

June 29 th	9:00-11:00am	Saturday	MIF	Practice
July 1 st	7:15-9:00pm	Monday	MIF	practice
July 3 rd	7:15-9:00pm	Wednesday	MIF	practice
July 5-8 th	Showcase	Tournament	Run for the Roses, Louisville, KY	
July 8-9 th	Showcase	Tournament	Apache Paschall, Louisville, KY	
July 10-13 th	Showcase	Tournament	Battle of the Boro, Louisville, KY	
July 15 th	7:15-9:00pm	Monday	MIF	practice
July 17 th	7:15-9:00pm	Wednesday	MIF	practice
July 18 th	7:15-9:00pm	Thursday	MIF	practice
July 20-22 nd	Showcase	Tournament	ASGR The Big Event, Atlanta, GA	
July 24-25 th	Showcase	Tournament	LBI Carolina Live, Charlotte	
July 25 th	6:30pm	Team Dinner	Charlotte	

MIF = Mountain Island Fitness, 10030 Callabridge Ct, Charlotte, NC 28269

HES = Huntersville Elementary School, 200 Gilead Rd, Huntersville, NC 28078

If you would like to workout more than above each week or once in a while, our private training sessions are very good and you can also sign your daughter up for Tuesday night intense group skills training and Saturday AM sessions too – only for high level players. These options come with added cost.

**After the spring/summer season we will keep offering workout opportunities.

**College Elite Camps are good to attend in June and August. Realistic schools preferably.

****Most players will have some school games/workouts in June and of course those will take priority during those couple of weeks.**

***Fall workout opportunities will start after Labor Day and go on until school ball early November. We could also play a couple tourneys/ fall league if interested. More details in July.**

