Season Plan Charlotte Dream Elite 2023 Spring/Summer 2019:

1:45-3:00pm	Sunday	HES	Volunteer workout free
1:45-3:00pm	Sunday	HES	Volunteer workout free
1:45-3:00pm	Sunday	HES	Volunteer workout free
7:15-8:45pm	Tuesday	MIF	practice - @ MIF IMPORTANT
6:00-7:30pm	Thursday	MIF	practice - @ MIF IMPORTANT
1:45-3:00pm	Sunday	HES	Volunteer workout free
7:15-8:45pm	Tuesday	MIF	practice - @ MIF IMPORTANT
6:00-7:30pm	Thursday	MIF	practice - @ MIF IMPORTANT
<mark>2</mark> :45-4:00pm	Sunday	HES	Volunteer workout free
7:15-8:45pm	Tuesday	H-REC	practice - @ H-REC STARTING
6:00-7:30pm	Thursday	ALEX	practice - @ ALEX STARTING
	NTBA Spring Tip off		Tournament – Charlotte
7:15-8:45pm	Tuesday	H-REC	practice
6:00-7:30pm	Thursday	ALEX	practice
2:45-4:00pm	Sunday	HES	Volunteer workout free
7:15-8:45pm	Tuesday	H-REC	practice
6:00-7:30pm	Thursday	ALEX	practice
2:45-4:00pm	Sunday	HES	Volunteer workout free
7:15-8:45pm	Tuesday	H-REC	practice
6:00-7:30pm	Thursday	ALEX	practice
	NTBA Carolina Courts		Tournament - Charlotte
7:15-8:45pm	Tuesday	H-REC	practice
6:00-7:30pm	Thursday	ALEX	practice
6:00-7:30pm	Thursday Bond – Fastbre		practice Tournament – Winston-Salem
6:00-7:30pm 7:15-8:45pm			
	Bond – Fastbre	eak Shootout	Tournament – Winston-Salem
7:15-8:45pm	Bond – Fastbre Tuesday	e ak Shootout H-REC	Tournament – Winston-Salem practice
	1:45-3:00pm 1:45-3:00pm 7:15-8:45pm 6:00-7:30pm 1:45-3:00pm 2:45-4:00pm 7:15-8:45pm 6:00-7:30pm 2:45-4:00pm 2:45-4:00pm 7:15-8:45pm 6:00-7:30pm 2:45-4:00pm 7:15-8:45pm 6:00-7:30pm 2:45-4:00pm	1:45-3:00pm Sunday 1:45-3:00pm Sunday 7:15-8:45pm Tuesday 6:00-7:30pm Sunday 1:45-3:00pm Tuesday 6:00-7:30pm Thursday 1:15-8:45pm Tuesday 6:00-7:30pm Thursday 1:15-8:45pm Tuesday 6:00-7:30pm Thursday 1:15-8:45pm Sunday 1:15-8:45pm Tuesday 1:15-8:45pm	1:45-3:00pm Sunday HES 1:45-3:00pm Tuesday MIF 6:00-7:30pm Thursday MIF 1:45-3:00pm Sunday HES 1:45-3:00pm Thursday MIF 1:45-3:00pm Sunday HES 1:45-3:00pm Sunday HES 1:45-3:00pm Tuesday MIF 1:45-3:00pm Tuesday MIF 6:00-7:30pm Thursday MIF 2:45-4:00pm Sunday HES 7:15-8:45pm Tuesday H-REC 6:00-7:30pm Thursday ALEX 7:15-8:45pm Tuesday H-REC 6:00-7:30pm Thursday ALEX

April 18 th	6:00-7:30pm	Thursday	ALEX	practice, if home
April 21 st		Sunday		Easter Sunday
April 23 rd	7:15-8:45pm	Tuesday	H-REC	practice
April 25 th	6:00-7:30pm	Thursday	ALEX	practice
April 27-28 th		Tournament	within an hour	ish from Charlotte
April 30 th	7:15-8:45pm	Tuesday	H-REC	practice
May 2 nd	6:00-7:30pm	Thursday	ALEX	practice
May 4-5 th		NTBA Carolina Courts		Tournament – Charlotte
May 7 th	7:15-8:45pm	Tuesday	H-REC	practice
May 9 th	6:00-7:30pm	Thursday	ALEX	practice
May 12 th	2:45-4:00pm	Sunday	HES	Volunteer workout free
May 14 th	7:15-8:45pm	Tuesday	H-REC	practice
May 16 th	6:00-7:30pm	Thursday	ALEX	practice
May 18-19 th		Tournament within an hour		ish from Charlotte
May 21 st	7:15-8:45pm	Tuesday	H-REC	practice
May 23 rd	6:00-7:30pm	Thursday	ALEX	practice
May 26 th		Sunday	Memorial Day	weekend – no workout
May 28 th	7:15-8:45pm	Tuesday	H-REC	practice
May 30 th	6:00-7:30pm	Thursday	ALEX	practice
June 1-2 nd		Tournament	NTBA States	Charlotte
June 4 th				
	7:15-8:45pm	Tuesday	H-REC	practice
June 6 th	7:15-8:45pm 6:00-7:30pm	Tuesday Thursday	H-REC ALEX	
June 6 th June 11 th				practice
	6:00-7:30pm 7:15-8:45pm	Thursday	ALEX H-REC	practice practice
June 11 th	6:00-7:30pm 7:15-8:45pm	Thursday Tuesday	ALEX H-REC	practice practice practice
June 11 th June 12-16 th	6:00-7:30pm 7:15-8:45pm Team Day Can	Thursday Tuesday Inp together with	ALEX H-REC Swedish Girls	practice practice practice \$145/player incl lunch and shirt
June 11 th June 12-16th June 18 th	6:00-7:30pm 7:15-8:45pm Team Day Cam 7:15-8:45pm	Thursday Tuesday op together with Tuesday Thursday	ALEX H-REC Swedish Girls H-REC ALEX	practice practice practice \$145/player incl lunch and shirt practice
June 11 th June 12-16 th June 18 th June 20 th	6:00-7:30pm 7:15-8:45pm Team Day Cam 7:15-8:45pm	Thursday Tuesday op together with Tuesday Thursday	ALEX H-REC Swedish Girls H-REC ALEX	practice practice \$145/player incl lunch and shirt practice practice

MIF = Mountain Island Fitness, 10030 Callabridge Ct, Charlotte, NC 28269
H-REC = Huntersville Rec Center, 11836 Verhoeff Dr, Huntersville, NC 28078
ALEX = JM Alexander Middle School, 12010 Hambright Rd, Huntersville, NC 28078
HES = Huntersville Elementary School, 200 Gilead Rd, Huntersville, NC 28078

If you would like to workout more than above each week or once in a while, our private training sessions are very good and you can also sign your daughter up for Wednesday night Dream Big Basketball skills academy sessions 6:30-7:30pm at MIF. These options come with added cost.

**After the spring/summer season we will offer opportunities during July and August also for all players that would like to.

***Fall season will start right after Labor Day and we will practice/play a few tournaments/ fall league until school ball early November. More details in July.**

