## Season Plan Charlotte Dream Elite 2024 Spring/Summer 2019:

| Feb 3 <sup>rd</sup>                             | 1:45-3:00pm               | Sunday               | HES                        | Volunteer workout free     |
|---|---------------------------|----------------------|----------------------------|----------------------------|
| Feb 10 <sup>th</sup>                            | 1:45-3:00pm               | Sunday               | HES                        | Volunteer workout free     |
| Feb 17 <sup>th</sup>                            | 1:45-3:00pm               | Sunday               | HES                        | Volunteer workout free     |
| Feb 18 <sup>th</sup>                            | 6:00-7:30pm               | Monday               | MIF                        | practice, first official!! |
| Feb 21 <sup>st</sup>                            | 7:15-8:45pm               | Thursday             | MIF                        | practice @ MIF important   |
| Feb 24 <sup>th</sup>                            | 1:45-3:00pm               | Sunday               | HES                        | Volunteer workout free     |
| Feb 25 <sup>th</sup>                            | 6:00-7:30pm               | Monday               | MIF                        | practice                   |
| Feb 28 <sup>th</sup>                            | 7:15-8:45pm               | Thursday             | MIF                        | practice @ MIF important   |
| March 3 <sup>rd</sup>                           | <mark>2</mark> :45-4:00pm | Sunday               | HES                        | Volunteer workout free     |
| March 4 <sup>th</sup>                           | 6:00-7:30pm               | Monday               | MIF                        | practice                   |
| March 7 <sup>th</sup>                           | 7:15-8:45pm               | Thursday             | ALEX                       | practice starting @ ALEX   |
| March 9-10 <sup>th</sup>                        |                           | NTBA Spring Tip off  |                            | Tournament – Charlotte     |
| March 11 <sup>th</sup>                          | 6:00-7:30pm               | Monday               | MIF                        | practice                   |
| March 14 <sup>th</sup>                          | 7:15-8:45pm               | Thursday             | ALEX                       | practice                   |
| March 17 <sup>th</sup>                          | 2:45-4:00pm               | Sunday               | HES                        | Volunteer workout free     |
| March 18 <sup>th</sup>                          | 6:00-7:30pm               | Monday               | MIF                        | practice                   |
| March 21 <sup>st</sup>                          | 7:15-8:45pm               | Thursday             | ALEX                       | practice                   |
| March 24 <sup>th</sup>                          | 2:45-4:00pm               | Sunday               | HES                        | Volunteer workout free     |
| March 25 <sup>th</sup>                          | 6:00-7:30pm               | Monday               | MIF                        | practice                   |
| March 28 <sup>th</sup>                          | 7:15-8:45pm               | Thursday             | ALEX                       | practice                   |
| March 30-31 <sup>st</sup>                       |                           | NTBA Carolina Courts |                            | Tournament - Charlotte     |
| April 1 <sup>st</sup>                           | 6:00-7:30pm               | Monday               | MIF                        | practice                   |
| April 4 <sup>th</sup>                           | 7:15-8:45pm               | Thursday             | ALEX                       | practice                   |
| April 6 <sup>th</sup> Bond – Fastbreak Shootout |                           | eak Shootout         | Tournament – Winston-Salem |                            |
| April 8 <sup>th</sup>                           | 6:00-7:30pm               | Monday               | MIF                        | practice                   |
| April 11 <sup>th</sup>                          | 7:15-8:45pm               | Thursday             | ALEX                       | practice                   |
| April 14 <sup>th</sup>                          | 2:45-4:00pm               | Sunday               | HES                        | Volunteer workout free     |
| April 15 <sup>th</sup>                          | 6:00-7:30pm               | Monday               | MIF                        | practice, if home          |

| April 18 <sup>th</sup>  | 7:15-8:45pm   | Thursday  | ALEX   | practice, if home  |  |
|---|---|---|--|--|--|
| April 21 <sup>st</sup>  |   | Sunday  |  | Easter Sunday  |  |
| April 22 <sup>nd</sup>  | 6:00-7:30pm   | Monday  | MIF  | practice   |  |
| April 25 <sup>th</sup>  | 7:15-8:45pm   | Thursday  | ALEX   | practice   |  |
| April 27-28 <sup>th</sup>   |   | Tournament  | within an hour   | ish from Charlotte   |  |
| April 29 <sup>th</sup>  | 6:00-7:30pm   | Monday  | MIF  | practice   |  |
| May 2 <sup>nd</sup>   | 7:15-8:45pm   | Thursday  | ALEX   | practice   |  |
| May 4-5 <sup>th</sup>   |   | NTBA Carolina Courts  |  | Tournament – Charlotte   |  |
| May 6 <sup>th</sup>   | 6:00-7:30pm   | Monday  | MIF  | practice   |  |
| May 9 <sup>th</sup>   | 7:15-8:45pm   | Thursday  | ALEX   | practice   |  |
| May 12 <sup>th</sup>  | 2:45-4:00pm   | Sunday  | HES  | Volunteer workout free   |  |
| May 13 <sup>th</sup>  | 6:00-7:30pm   | Monday  | MIF  | practice   |  |
| May 16 <sup>th</sup>  | 7:15-8:45pm   | Thursday  | ALEX   | practice   |  |
| May 18-19 <sup>th</sup>   | y 18-19 <sup>th</sup> Tournament wit  |   | within an hour   | within an hour ish from Charlotte  |  |
| May 20 <sup>th</sup>  | 6:00-7:30pm   | Monday  | MIF  | practice   |  |
|   |   |   |  |  |  |
| May 23 <sup>rd</sup>  | 7:15-8:45pm   | Thursday  | ALEX   | practice   |  |
| May 23 <sup>rd</sup><br><i>May 26<sup>th</sup></i>  | 7:15-8:45pm   | Thursday<br>Sunday  |  | practice<br>weekend – no workout   |  |
|   | 7:15-8:45pm<br>7:15-8:45pm  |   |  |  |  |
| May 26 <sup>th</sup>  |   | Sunday  | Memorial Day   | weekend – no workout   |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup>  | 7:15-8:45pm   | Sunday<br>Tuesday   | Memorial Day<br>MIF  | weekend – no workout<br>practice   |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup><br>May 30 <sup>th</sup>  | 7:15-8:45pm   | Sunday<br>Tuesday   | Memorial Day<br>MIF<br>ALEX  | weekend – no workout<br>practice<br>practice   |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup><br>May 30 <sup>th</sup><br>June 1-2 <sup>nd</sup>  | 7:15-8:45pm<br>7:15-8:45pm  | Sunday<br>Tuesday<br>Thursday   | Memorial Day<br>MIF<br>ALEX<br>NTBA States   | weekend – no workout<br>practice<br>practice<br>Charlotte  |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup><br>May 30 <sup>th</sup><br>June 1-2 <sup>nd</sup><br>June 3 <sup>rd</sup>  | 7:15-8:45pm<br>7:15-8:45pm<br>6:00-7:30pm   | Sunday<br>Tuesday<br>Thursday<br>Monday   | Memorial Day<br>MIF<br>ALEX<br>NTBA States<br>MIF  | weekend – no workout<br>practice<br>practice<br>Charlotte<br>practice  |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup><br>May 30 <sup>th</sup><br>June 1-2 <sup>nd</sup><br>June 3 <sup>rd</sup><br>June 6 <sup>th</sup>  | 7:15-8:45pm<br>7:15-8:45pm<br>6:00-7:30pm<br>7:15-8:45pm<br>6:00-7:30pm                                       | Sunday<br>Tuesday<br>Thursday<br>Monday<br>Thursday   | Memorial Day<br>MIF<br>ALEX<br><b>NTBA States</b><br>MIF<br>ALEX<br>MIF                          | weekend – no workout<br>practice<br>practice<br>Charlotte<br>practice<br>practice  |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup><br>May 30 <sup>th</sup><br>June 1-2 <sup>nd</sup><br>June 3 <sup>rd</sup><br>June 6 <sup>th</sup><br>June 10 <sup>th</sup>   | 7:15-8:45pm<br>7:15-8:45pm<br>6:00-7:30pm<br>7:15-8:45pm<br>6:00-7:30pm                                       | Sunday<br>Tuesday<br>Thursday<br>Monday<br>Thursday<br>Monday   | Memorial Day<br>MIF<br>ALEX<br><b>NTBA States</b><br>MIF<br>ALEX<br>MIF                          | weekend – no workout<br>practice<br>practice<br><b>Charlotte</b><br>practice<br>practice<br>practice   |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup><br>May 30 <sup>th</sup><br>June 1-2 <sup>nd</sup><br>June 3 <sup>rd</sup><br>June 6 <sup>th</sup><br>June 10 <sup>th</sup>   | 7:15-8:45pm<br>7:15-8:45pm<br>6:00-7:30pm<br>7:15-8:45pm<br>6:00-7:30pm<br><b>Team Day Cam</b>                | Sunday<br>Tuesday<br>Thursday<br>Monday<br>Thursday<br>Monday<br><b>bp together with</b>              | Memorial Day<br>MIF<br>ALEX<br>NTBA States<br>MIF<br>ALEX<br>MIF<br>Swedish Girls                | weekend – no workout<br>practice<br>practice<br>Charlotte<br>practice<br>practice<br>practice<br>\$145/player incl lunch and shirt                         |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup><br>May 30 <sup>th</sup><br>June 1-2 <sup>nd</sup><br>June 3 <sup>rd</sup><br>June 6 <sup>th</sup><br>June 10 <sup>th</sup><br>June 12-16 <sup>th</sup>   | 7:15-8:45pm<br>7:15-8:45pm<br>6:00-7:30pm<br>7:15-8:45pm<br>6:00-7:30pm<br><b>Team Day Cam</b><br>6:00-7:30pm | Sunday<br>Tuesday<br>Thursday<br>Monday<br>Monday<br>Monday<br>bp together with<br>Monday<br>Thursday | Memorial Day<br>MIF<br>ALEX<br>NTBA States<br>MIF<br>ALEX<br>MIF<br>Swedish Girls<br>MIF<br>ALEX | weekend – no workout<br>practice<br>practice<br>Charlotte<br>practice<br>practice<br>practice<br>\$145/player incl lunch and shirt<br>practice             |  |
| May 26 <sup>th</sup><br>May 28 <sup>th</sup><br>May 30 <sup>th</sup><br>June 1-2 <sup>nd</sup><br>June 3 <sup>rd</sup><br>June 6 <sup>th</sup><br>June 10 <sup>th</sup><br>June 12-16 <sup>th</sup><br>June 17 <sup>th</sup><br>June 20 <sup>th</sup> | 7:15-8:45pm<br>7:15-8:45pm<br>6:00-7:30pm<br>7:15-8:45pm<br>6:00-7:30pm<br><b>Team Day Cam</b><br>6:00-7:30pm | Sunday<br>Tuesday<br>Thursday<br>Monday<br>Monday<br>Monday<br>bp together with<br>Monday<br>Thursday | Memorial Day<br>MIF<br>ALEX<br>NTBA States<br>MIF<br>ALEX<br>MIF<br>Swedish Girls<br>MIF<br>ALEX | weekend – no workout<br>practice<br>practice<br>Charlotte<br>practice<br>practice<br>practice<br>\$145/player incl lunch and shirt<br>practice<br>practice |  |

June 27<sup>th</sup> - June 30<sup>th</sup> NTBA Nationals, Myrtle Beach

MIF = Mountain Island Fitness, 10030 Callabridge Ct, Charlotte, NC 28269 ALEX = JM Alexander Middle School, 12010 Hambright Rd, Huntersville, NC 28078 HES = Huntersville Elementary School, 200 Gilead Rd, Huntersville, NC 28078

\*If you would like to workout more than above each week or once in a while, our private training sessions are very good and you can also sign your daughter up for Wednesday night Dream Big Basketball skills academy sessions 6:30-7:30pm at MIF. These options come with added cost.\*

\*\*After the spring/summer season we will offer opportunities during July and August also for all players that would like to.

\*\*\*Fall season will start right after Labor Day and we will practice/play a few tournaments/ fall league until school ball early November. More details in July.\*\*

