				ring/Summer 2024:
21-Feb	6:30-8:00pm	Wednesday	SPC	Practice
25-Feb	4:30-6:00pm	Sunday		
26-Feb	7:00-8:30pm	Monday	SPC	Practice
28-Feb	6:30-8:00pm	Wednesday	SPC	Practice
3-Mar	3:00-5:30pm	Sunday	HREC	Workout and photo/media day Practice
4-Mar	7:00-8:30pm	Monday	SPC	Practice
6-Mar 9-Mar	6:30-8:00pm tba	Wednesday Saturday	SPC Phenom/Teammate	Tournament* Rock Hill or Spartanburg
3-iviai 10-Mar	tba	Sunday	Phenom/Teammate	Tournament* Rock Hill or Spartanburg
11-Mar	7:00-8:30pm	Monday	SPC	Practice
13-Mar	6:30-8:00pm	Wednesday	SPC	Practice
17-Mar	4:30-6:00pm	Sunday	LKN Charter HS	Workout
18-Mar	7:00-8:30pm	Monday	SPC	Practice
20-Mar	6:30-8:00pm	Wednesday	SPC	Practice
23-Mar	tba	Saturday	Spring Fling/ GYBC	Tournament* Charlotte or Hickory
24-Mar	tba	Sunday	Spring Fling/ GYBC	Tournament* Charlotte or Hickory
25-Mar	7:00-8:30pm	Monday	SPC	Practice
27-Mar	6:30-8:00pm	Wednesday	SPC	Practice
31-Mar	tba .	Sunday	Easter Sunday!	Enjoy your day!
1-Apr	7:00-8:30pm	Monday	SPC	Practice
3-Apr	6:30-8:00pm	Wednesday	SPC	Practice
6-Apr	tba .	Saturday	Lamelo Ball Inv.	Tournament* Charlotte
7-Apr	tba	Sunday	Lamelo Ball Inv.	Tournament* Charlotte
8-Apr	7:00-8:30pm	Monday	SPC	Practice
10-Apr	6:30-8:00pm	Wednesday	SPC	Practice
14-Apr	4:30-6:00pm	Sunday	HREC	Workout
15-Apr	7:00-8:30pm	Monday	SPC	Practice
17-Apr	6:30-8:00pm	Wednesday	SPC	Practice
19-Apr	tba .	Friday	IE Apache Memorial	Tournament* Knoxville, TN
20-Apr	tba	Saturday	•	Tournament* Knoxville, TN
21-Apr	tba	Sunday	•	Tournament* Knoxville, TN
22-Apr	7:00-8:30pm	Monday	SPC	Practice
24-Apr	6:30-8:00pm	Wednesday	SPC	Practice
27-Apr	tba	Saturday	Rise, Roundball Reg.	Tournament, Charlotte*
28-Apr	tba	Sunday	Rise, Roundball Reg.	Tournament, Charlotte*
29-Apr	7:00-8:30pm	Monday	SPC	Practice
1-May	6:30-8:00pm	Wednesday	SPC	Practice
5-May	4:30-6:00pm	Sunday	HREC	Workout
6-May	7:00-8:30pm	Monday	SPC	Practice
8-May	6:30-8:00pm	Wednesday	SPC	Practice
11-May	tba	Saturday	Phnx Invitational	Tournament, Winston-S/G-boro*
12-May	tba	Sunday	Phnx Invitational	Tournament, Winston-S/G-boro*
13-May	7:00-8:30pm	Monday	SPC	Practice
15-May	6:30-8:00pm	Wednesday	SPC	Practice
=	-	-		
18-May	tba	Saturday	Clash of Carolinas	Tournament, Charlotte*

19-May

20-May

22-May

26-May

tba

7:00-8:30pm

6:30-8:00pm

Sunday

Monday

Sunday

Wednesday

**Clash of Carolinas** 

SPC

SPC

Tournament, Charlotte\*

No workout offered this day

**Practice** 

**Practice** 

27-May		Monday	<b>Memorial Day</b>	Enjoy your day!
29-May	6:30-8:00pm	Wednesday	SPC	Practice
1-Jun	tba	Saturday	LBI	Tournament* Concord/Clt
2-Jun	tba	Sunday	LBI	Tournament* Concord/Clt
3-Jun	7:00-8:30pm	Monday	SPC	Practice
5-Jun	6:30-8:00pm	Wednesday	SPC	Practice
8-Jun	tba	Saturday	Bond, Jr Nationals	Tournament* Concord
9-Jun	tba	Sunday	Bond, Jr Nationals	Tournament* Concord
10-Jun	7:00-8:30pm	Monday	SPC	Practice
12-Jun	6:30-8:00pm	Wednesday	SPC	Practice
16-Jun		Sunday		No workout offered this day
17-Jun	7:00-8:30pm	Monday	SPC	Practice
19-Jun	6:30-8:00pm	Wednesday	Travel to MB	
23-Jun		Sunday		No workout offered this day
24-Jun	7:00-8:30pm	Monday	SPC	Practice
26-Jun	tba	Wednesday	Travel to MB	
27-Jun	tba	Thursday	NTBA Nationals	Myrtle Beach, Tournament*
28-Jun	tba	Friday	NTBA Nationals	Myrtle Beach, Tournament*
29-Jun	tba	Saturday	NTBA Nationals	Myrtle Beach, Tournament*
30-Jun	tba	Sunday	NTBA Nationals	Myrtle Beach, Tournament*
1-Jul		Monday	off	
3-Jul		Wednesday	off	
4-Jul		Thursday	4th of July	Enjoy your day!
7-Jul	4:00-6:00pm	Sunday	HREC?	Practice
8-Jul	7:00-8:30pm	Monday	SPC	Practice
10-Jul	7:00-8:30pm	Wednesday	SPC	Practice
12-Jul	tba	Friday	Phenom Hoop Nat.	Tournament, Bermuda Run*
13-Jul	tba	Saturday	Phenom Hoop Nat.	Tournament, Bermuda Run*
14-Jul	tba	Sunday	Phenom Hoop Nat.	Tournament, Bermuda Run*
15-Jul	7:00-8:30pm	Monday	SPC	Practice
17-Jul	7:00-8:30pm	Wednesday	SPC	Practice
19-Jul	tba	Friday	Travel to Atl. In pm	
20-Jul	tba	Saturday	<b>IE Summer Slam</b>	Atlanta, GA Tournament*
21-Jul	tba	Sunday	<b>IE Summer Slam</b>	Atlanta, GA Tournament*
22-Jul	tba	Monday	IE Summer Slam	Atlanta, GA Tournament*

<sup>\*</sup>Tournament schedules will be posted sometime Tuesday-Thursday each tournament weekend.

**SPC** = Sports Connection, 8626 Hankins Rd, Charlotte, NC 28269

**HREC** = Huntersville Rec Center, 11836 Verhoeff Dr, Huntersville, NC 28078







