

\*\*\*Updates to practice locations on Mondays/Wednesdays will happen after the first two weeks.\*\*\*

### Season Plan Charlotte Dream Elite 7th grade 2028-29 Spring/Summer 2023:

19-Feb	3:30-4:45pm	Sunday	HREC	Workout
22-Feb	7:30-9:00pm	Wednesday	SPC	Practice
26-Feb		Sunday		No workout offered, no gymspace.
27-Feb	7:30-9:00pm	Monday	SPC	Practice
1-Mar	7:30-9:00pm	Wednesday	SPC	Practice
5-Mar	4:00-6:00pm	Sunday	HREC	Workout and photo/media day
6-Mar	7:30-9:00pm	Monday	SPC	Practice
8-Mar	7:30-9:00pm	Wednesday	SPC	Practice
11-Mar	tba	Saturday	NTBA	Tournament* Concord/Clt
12-Mar	tba	Sunday	NTBA	Tournament* Concord/Clt
13-Mar	7:30-9:00pm	Monday	SPC	Practice
15-Mar	7:30-9:00pm	Wednesday	SPC	Practice
19-Mar	3:30-4:45pm	Sunday	HREC	Workout
20-Mar	7:30-9:00pm	Monday	SPC	Practice
22-Mar	7:30-9:00pm	Wednesday	SPC	Practice
25-Mar	tba	Saturday	Gators/Phenom	Tournament* Greensboro
26-Mar	tba	Sunday	Gators/Phenom	Tournament* Greensboro
27-Mar	7:30-9:00pm	Monday	SPC	Practice
29-Mar	7:30-9:00pm	Wednesday	SPC	Practice
1-Apr	tba	Saturday	Rise Clt/Hoops n dr.	Tournament* Charlotte or Hickory
2-Apr	tba	Sunday	Rise Clt/Hoops n dr.	Tournament* Charlotte or Hickory
3-Apr	7:30-9:00pm	Monday	SPC	Practice
5-Apr	7:30-9:00pm	Wednesday	SPC	Practice
9-Apr		Sunday	Easter Sunday!	Enjoy your day!
10-Apr	7:30-9:00pm	Monday	SPC	Practice
12-Apr	7:30-9:00pm	Wednesday	SPC	Practice
16-Apr	3:30-4:45pm	Sunday	HREC	Workout
17-Apr	7:30-9:00pm	Monday	SPC	Practice
19-Apr	7:30-9:00pm	Wednesday	SPC	Practice
22-Apr	tba	Saturday	Bond/ tba	Tournament* Winston-Salem
23-Apr	3:30-4:45pm	Sunday	HREC	Workout
24-Apr	7:30-9:00pm	Monday	SPC	Practice
26-Apr	7:30-9:00pm	Wednesday	SPC	Practice
30-Apr	3:30-4:45pm	Sunday	HREC	Workout
1-May	7:30-9:00pm	Monday	SPC	Practice
3-May	7:30-9:00pm	Wednesday	SPC	Practice
6-May	tba	Saturday	NTBA	Tournament* Concord/Clt
7-May	tba	Sunday	NTBA	Tournament* Concord/Clt
8-May	7:30-9:00pm	Monday	SPC	Practice
10-May	7:30-9:00pm	Wednesday	SPC	Practice
14-May	3:30-4:45pm	Sunday	HREC	Workout
15-May	7:30-9:00pm	Monday	SPC	Practice
17-May	7:30-9:00pm	Wednesday	SPC	Practice
20-May	tba	Saturday	Clash of Carolinas	Tournament, Charlotte*
21-May	tba	Sunday	Clash of Carolinas	Tournament, Charlotte*
22-May	7:30-9:00pm	Monday	SPC	Practice
24-May	7:30-9:00pm	Wednesday	SPC	Practice
28-May		Sunday		No workout offered this day

29-May		Monday	Memorial Day	No practice
31-May	7:30-9:00pm	Wednesday	SPC	Practice
3-Jun	tba	Saturday	NTBA States	Tournament* Concord/Clt
4-Jun	tba	Sunday	NTBA States	Tournament* Concord/Clt
5-Jun	7:30-9:00pm	Monday	SPC	Practice
7-Jun	7:30-9:00pm	Wednesday	SPC	Practice
11-Jun		Sunday		No workout offered this day
12-Jun	7:30-9:00pm	Monday	SPC	Practice
14-Jun	7:30-9:00pm	Wednesday	SPC	Practice
17-Jun	tba	Saturday	Bond	Tournament* Winston-Salem
18-Jun		Sunday		No workout offered this day
19-Jun	7:30-9:00pm	Monday	SPC	Practice
21-Jun	tba	Wednesday	Travel to MB	
22-Jun	tba	Thursday	NTBA Nationals	Myrtle Beach, Tournament*
23-Jun	tba	Friday	NTBA Nationals	Myrtle Beach, Tournament*
24-Jun	tba	Saturday	NTBA Nationals	Myrtle Beach, Tournament*
25-Jun	tba	Sunday	NTBA Nationals	Myrtle Beach, Tournament*

\***Tournament** schedules will be posted sometime Tuesday-Thursday each tournament weekend.

SPC = Sports Connection, 8626 Hankins Rd, Charlotte, NC 28269

HREC = Huntersville Rec Center, 11836 Verhoeff Dr, Huntersville, NC 28078

\*\*After the spring/summer season we will keep offering workout opportunities.

\*\*\*Fall season we see as an extension of spring-summer. September 1st - October 31st.

More details in July.\*\*

