| | | | e 8th grade 2028 Sp | - |
|----------|-------------|-------------------|----------------------|--------------------------------------|
| 20-Feb | 7:00-8:40pm | Tuesday | HES | Practice |
| 22-Feb | 7:20-9:00pm | Thursday | JMA | Practice |
| 25-Feb | 3:00-4:30pm | Sunday | | |
| 27-Feb | 7:00-8:40pm | Tuesday | HES | Practice |
| 29-Feb | 7:20-9:00pm | Thursday | HES | Practice |
| 3-Mar | 3:00-5:30pm | Sunday | HREC | Workout and photo/media day |
| 5-Mar | 7:00-8:40pm | Tuesday | HES | Practice |
| 7-Mar | 7:20-9:00pm | Thursday | HES | Practice |
| 9-Mar | tba | Saturday | Phenom/Teammate | Tournament* Rock Hill or Spartanburg |
| 10-Mar | tba | Sunday | Phenom/Teammate | Tournament* Rock Hill or Spartanburg |
| 12-Mar | 7:00-8:40pm | Tuesday | HES | Practice |
| 14-Mar | 7:20-9:00pm | Thursday | HES | Practice |
| 17-Mar | 3:00-4:30pm | Sunday | LKN Charter HS | Workout |
| L9-Mar | 7:00-8:40pm | Tuesday | HES | Practice |
| 21-Mar | 7:20-9:00pm | Thursday | HES | Practice |
| 23-Mar | tba | Saturday | Spring Fling/ GYBC | Tournament* Charlotte or Hickory |
| 24-Mar | tba | Sunday | Spring Fling/ GYBC | Tournament* Charlotte or Hickory |
| 26-Mar | 7:00-8:40pm | Tuesday | HES | Practice |
| 28-Mar | 7:20-9:00pm | Thursday | HES | Practice |
| 31-Mar | tba | Sunday | Easter Sunday! | Enjoy your day! |
| 2-Apr | 7:00-8:40pm | Tuesday | HES | Practice |
| 1-Apr | 7:20-9:00pm | Thursday | HES | Practice |
| 5-Apr | tba | Saturday | Lamelo Ball Inv. | Tournament* Charlotte |
| 7-Apr | tba | Sunday | Lamelo Ball Inv. | Tournament* Charlotte |
| 9-Apr | 7:00-8:40pm | Tuesday | HES | Practice |
| L1-Apr | 7:20-9:00pm | Thursday | HES | Practice |
| 14-Apr | 3:00-4:30pm | Sunday | HREC | Workout |
| L6-Apr | 7:00-8:40pm | Tuesday | HES | Practice |
| L8-Apr | 7:20-9:00pm | Thursday | HES | Practice |
| 19-Apr | tba | Friday | IE Apache Memorial | Tournament* Knoxville, TN |
| 20-Apr | tba | Saturday | IE Apache Memorial | Tournament* Knoxville, TN |
| • | | - | • | Tournament* Knoxville, TN |
| 21-Apr | 7:00-8:40pm | Sunday Tuesday | IE Apache Memorial | Practice Practice |
| 23-Apr | • | - | HES | |
| 25-Apr | 7:20-9:00pm | Thursday | HES | Practice |
| 27-Apr | tba | Saturday | Rise | Tournament, Charlotte* |
| 28-Apr | tba | Sunday | Rise | Tournament, Charlotte* |
| 30-Apr | 7:00-8:40pm | Tuesday | HES | Practice |
| 2-May | 7:20-9:00pm | Thursday | HES | Practice |
| 5-May | 3:00-4:30pm | Sunday | HREC | Workout |
| 7-May | 7:00-8:40pm | Tuesday | HES | Practice |
| 9-May | 7:20-9:00pm | Thursday | HES | Practice |
| 11-May | tba | Saturday | Phnx Invitational | Tournament, Winston-S/G-boro* |
| 12-May | tba | Sunday | Phnx Invitational | Tournament, Winston-S/G-boro* |
| 14-May | 7:00-8:40pm | Tuesday | HES | Practice |
| 16-May | 7:20-9:00pm | Thursday | HES | Practice |
| 17-May | tba | Friday | IE Beast of the East | Tournament, Greensboro* |
| 18-May | tba | Saturday | IE Beast of the East | Tournament, Greensboro* |
| TO-IVIAV | | | | • |
| 19-May | tba | Sunday | IE Beast of the East | Tournament, Greensboro* |

| 23-May | 7:20-9:00pm | Thursday | HES | Practice |
|--------|-------------|-----------|----------------------|-----------------------------|
| 26-May | | Sunday | | No workout offered this day |
| 28-May | 7:00-8:40pm | Tuesday | HES | Practice |
| 30-May | 7:20-9:00pm | Thursday | HES | Practice |
| 1-Jun | tba | Saturday | LBI | Tournament* Concord/Clt |
| 2-Jun | tba | Sunday | LBI | Tournament* Concord/Clt |
| 4-Jun | 7:00-8:40pm | Tuesday | HES | Practice |
| 6-Jun | 7:20-9:00pm | Thursday | HES | Practice |
| 9-Jun | | Sunday | | No workout offered this day |
| 11-Jun | 7:00-8:40pm | Tuesday | HES | Practice |
| 13-Jun | 7:20-9:00pm | Thursday | HES | Practice |
| 16-Jun | | Sunday | | No workout offered this day |
| 18-Jun | 7:00-8:40pm | Tuesday | HES | Practice |
| 20-Jun | 7:20-9:00pm | Thursday | HES | Practice |
| 23-Jun | | Sunday | | No workout offered this day |
| 25-Jun | 7:00-8:40pm | Tuesday | HES | Practice |
| 27-Jun | 7:20-9:00pm | Thursday | HES | No Practice? |
| 29-Jun | tba | Saturday | Bond or GYBC | Tournament * Winston-Salem |
| 30-Jun | tba | Sunday | GYBC? | Tournament * Clt |
| 2-Jul | 7:00-8:40pm | Tuesday | HES | Practice |
| 4-Jul | | Thursday | 4th of July | Enjoy your day! |
| 7-Jul | 4:00-6:00pm | Sunday | HREC? | Practice |
| 9-Jul | 7:00-8:40pm | Tuesday | HES | Practice |
| 10-Jul | tba | Wednesday | Travel to KY | Practice in KY 6-7pm |
| 11-Jul | tba | Thursday | Run4Roses | Louisville, KY Tournament* |
| 12-Jul | tba | Friday | Run4Roses | Louisville, KY Tournament* |
| 13-Jul | tba | Saturday | Run4Roses | Louisville, KY Tournament* |
| 16-Jul | 7:00-8:40pm | Tuesday | HES | Practice |
| 18-Jul | 7:20-9:00pm | Thursday | HES | Practice |
| 19-Jul | tba | Friday | Travel to Atl. In pm | |
| 20-Jul | tba | Saturday | IE Summer Slam | Atlanta, GA Tournament* |
| 21-Jul | tba | Sunday | IE Summer Slam | Atlanta, GA Tournament* |
| 22-Jul | tba | Monday | IE Summer Slam | Atlanta, GA Tournament* |

^{*}Tournament schedules will be posted sometime Tuesday-Thursday each tournament weekend.

SPC = Sports Connection, 8626 Hankins Rd, Charlotte, NC 28269

HREC = Huntersville Rec Center, 11836 Verhoeff Dr, Huntersville, NC 28078

^{***}Fall season we see as an extension of spring-summer. September 1st - October 31st. More details in July.**



^{**}After the spring/summer season we will keep offering workout opportunities.