

**Schedule:**

**To Be Announced**

Class starting dates are pending minimum enrollment of 6 participants.

**Days:**

- Monday 3:30-4:30 PM
- Wednesday 3:30-4:30 PM
- Friday 3:30-4:30 PM

Starting dates for courses are subject to change. Start dates may be delayed or canceled based on active enrollment for any given class. In the event a class is canceled due to under-enrollment, those enrolled will remain enrolled for the next class starting date.

A NEW WAY



Better alternatives – Better solutions



**A New Way**

**Adolescent  
Behavioral, Social and  
Moral Reasoning Skills  
Development Program**

**Offered By: Mark Jacocks**

**M.A. / N.C.C.**

at

The Transformation Center  
7209 Hamilton Acres Cir  
Chattanooga, TN 37421  
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**A New Way** is a skill development program offering choices for adolescents ages 12-17 that helps enable them to reduce aggressive behaviors and responses, improve social skills and peer interactions, while developing greater aptitude for moral reasoning through a psychoeducational program teaching new skill sets through instruction and role play. Youth are able to define and integrate alternate methods of interacting with others by assessing the success of practiced alternative methods during the interactive learning process.

**A New Way** operates within the theoretical model of Aggression Replacement Training as developed by Dr. Glick & Gibbs. Course delivery takes place during a 10-week program in which class is held 3 days a week. The 30 hours of class consist of presentation, role play, and interactive discussion. This program will require parental interaction to include meetings with program staff to assess successful implementation of course material at intervals throughout the program.



Behavior and aggression are addressed in the first meeting of the week. The second weekly class speaks to and addresses the development of social skills through discussion and role play. The final class of the week helps guide participants through the difficult tasks of making morally right decisions when faced with challenges both independently and within their peer groups.

#### **Program Cost:**

The program cost is \$35 per class for a total of \$1050 for the 10-week program. A discount of \$5 per class for prepayment in full will be awarded resulting in a program total of \$900. Cost is based on 30 hours of instruction. Classes may be lengthened on occasion to allow for holiday schedules. If dates are altered to accommodate holiday schedules 30 hours of instruction will still be provided by altering dates and/or times.

#### **Supplies:**

Materials are provided for class participants to maximize the opportunity for interaction and personal understanding. These materials include binder for reference and homework handouts, skill cards, and any other material presented during the course of the class.

#### **Structure:**

Groups are closed groups. Once a group begins there is no introduction of new members, allowing for continuation of the educational process in sequence. (Because of the class structure, cost for enrollment is contractual upon acceptance and non-refundable should a participant either refuse to attend or participate or be dismissed from the program.)

Every effort will be made to encourage participation and elicit responses and interaction during classes. Staff facilitating classes reserve the right to remove or dismiss any participant who becomes verbally or physically confrontational in a manner that is disruptive and preventing others from benefiting from the information presented during classes. Enrollees removed from class will be afforded opportunities to reintegrate into the class. If a third offence occurs, participants who have been repeatedly removed from class will be dismissed from the program.

#### **Supplemental Counseling Availability**

Individual counseling / training is available based on schedule availability and is subject to current rates for individual or family sessions. Scheduling for personal appointments takes place through The Transformation Center (423) 499-9335.