



Weekly Menu

January 13 - January 17, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Whole Grain Cereal w/Milk (2%) Fresh Blueberries Non-Fat Milk - Over 2 Whole Milk - Under 2	Greek Yogurt Whole Wheat Crackers Fresh Berries	Ham & Cheese Quesadilla Mixed Steamed Veggies Apple Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Goldfish (Whole Wheat) Apple Slices
Tuesday	Waffles Sausage Fresh Strawberries Non-Fat Milk - Over 2 Whole Milk - Under 2	Grape Slices Goldfish (Whole Wheat)	Busy Kids Nachos (Beef, Beans, Cheese, Tomato, Sour Cream) Avocado Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter & Banana Square Sandwich
Wednesday	Scrambled Eggs Ham Whole Wheat Toast Orange Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Slices Cheddar Cheese Slices Whole Wheat Toast	Dino Chicken Nuggets Whole Wheat Crackers Mixed Steamed Veggies Avocado Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Banana Bread Muffin
Thursday	Whole Wheat French Toast Bacon Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheddar Cheese Whole Wheat Ritz Crackers	Grilled Cheese Sandwich Steamed Cauliflower Apple Sauce Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Slices Peanut Butter
Friday	Breakfast Burrito Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Sauce Cheddar Cheese Squares	Mini Hamburger Sliders Cheddar Cheese Air Fryer French Fries Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Whole Wheat Mini Quesadillas