



Weekly Menu

January 27 - January 31, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Whole Grain Cereal w/Milk (2%) Fresh Blueberries Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheddar Cheese Whole Wheat Crackers	Hotdog Squares Non-Pork Menu: Chicken Tenders Whole Wheat Toast Mixed Steamed Veggies Apple Sauce Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter & Banana Square Sandwich
Tuesday	Hard Boiled Egg Canadian Bacon Whole Wheat Toast Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Whole Wheat Peanut Butter Toast Banana Slices	Beef Quesadillas Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter & Apple Slices
Wednesday	Spinach & Cheddar Cheese Omelet Whole Wheat Toast Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Beans & Tortilla Chips	Turkey & Cheese Tacos (Tomatoes, Lettuce, Sour Cream) Apple Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple & Cheddar Cheese Slices
Thursday	Ham & Egg B'fast Sandwich Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Sauce Cheese Slices	Chicken Fried Rice Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Whole Wheat Crackers Cheddar Cheese Squares
Friday	French Toast Sausage Patty Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Fresh Fruit Bowl	English Muffin Pizza Mixed Steamed Veggies Orange Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Mini Cheese Quesadillas