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July 10 – 14, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Busy Kids Breakfast Sammy (Egg, Sausage, Cheese) Banana 2% Milk	Cereal w/Milk Blackberries 2% Milk	Ham, Cheese, Spinach Omelet Orange Slices 2% Milk	Waffles Sausage Patty Fresh Fruit 2% Milk	Hard Boiled Eggs Whole Wheat Toast Strawberries 2% Milk
Morning Snack	Fruit Bar Water	Peanut Butter Apple Slices Water	Cheese Sticks Ritz Crackers Water	Banana Granola Bar Water	Apple Sauce Cheddar Cheese Slices Water
Lunch	Grilled Chicken Steamed Jasmine Rice Steamed Veggies Water	Cheese Quesadillas Mixed Steamed Veggies Pineapple Cubes Water	Chicken & Cheese Taquitos Jasmine Rice Black Beans Berries Water	Chicken Tenders Mashed Potatoes Fruit Water	Pepperoni Pizza Steamed Broccoli and Cauliflower Melon Cubes Water
Afternoon Snack	Berry Parfait Water	Goldfish Crackers Cheddar Cheese Squares Water	Animal Crackers Apple Sause Water	Peanut Butter & Jelly Squares Water	Beef Stick Cheddar Chese Water