		August 12	August 16		
	Monday	Tuesday	Wednesday	Thursday	
ast	Waffles Sausage Bites Fresh Fruit 2% Milk	Cereal w/Milk Whole Wheat Toast w/Butter Fresh Fruit 2% Milk	Cheese & Bacon Omelet Whole Wheat Toast Fresh Fruit 2% Milk	Breakfast Bagel Sandwich (Fried Egg, Canadian Bacon, Cheddar Cheese) Fresh Fruit 2% Milk	Ham S Straw 2% M
Morning Snack	Cantaloupe Whole Grain Goldfish Water	Ritz Crackers Banana Slices Water	Sliced Strawberries Graham Crackers Water	Vanilla Yogurt w/Granola Water	Apple Chedo Water
Lunch	PB&J Sandwich Whole Grain Crackers Mixed Steamed Veggies Water	Breakfast for Lunch! (Blueberry Pancakes, Canadian Bacon) Orange Slices Water	Beef & Cheese Quesadilla Avocado Slices Water	Baked Chicken Breast Whole Wheat Dinner Roll Mixed Steamed Veggies Water	Peppe Grape Water
Afternoon Snack	Mini Pretzels Guacamole Water	Whole Grain Pita Crackers Hummus Water	Carrots Ranch Dressing Water	Apple Slices Cheddar Cheese Cubes Water	Anima Banar Water

## Friday

Scrambled Eggs wberry Slices Milk

le Sauce ddar Cheese Slices cer

peroni Pizza! be Slices er

mal Crackers ana Slices cer