		August 19	August 23		
	Monday	Tuesday	Wednesday	Thursday	
Breakfast	Cereal w/Milk Fresh Strawberries 2% Milk	Cheese & Spinach Omelet Hash Browns Fresh Fruit 2% Milk	Waffles Sausage Fresh Fruit 2% Milk	Hard Boiled Eggs Whole Wheat Toast Fresh Fruit 2% Milk	Break Fresh 2% M
Morning Snack	Blueberry & Cream Cheese Bagel Water	Animal Crackers Banana Slices Water	Banana Oat Granola Bar Water	Blueberry Muffins Water	Canta Wate
ch	Busy Kids Nachos (Beef, Cheddar Cheese, Tomato Cubes, Whole Black Beans, Sour Cream, Tortilla Chips) Water	Ham & Cheese Toasted Sandwich Apple Sauce Water	Chicken, Rice, Bean Bowl Fresh Fruit Mixed Steamed Veggies Water	Ham & Cheese Quesadillas Mixed Steamed Veggies Fresh Fruit Water	Pasta Mixed Fresh Wate
Afternoon Snack	Carrots Ranch Dressing Water	Cantaloupe Cubes Water	Apple Slices Peanut Butter Water	Cheddar Cheese Squares Ritz Crackers Water	Yogur Granc Wate



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