

# M E N U

August 21–August 25, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Strawberries 2% Milk	Spinach Omelet Toast Fresh Fruit 2% Milk	Breakfast Burrito (Eggs, Sausage, Cheese) 2% Milk	Waffles Sausage Fresh Fruit 2% Milk	French Toast Sticks Fresh Fruit 2% Milk
Morning Snack	Fresh Fruit Bowl Pretzels Water	Vanilla Yogurt Blueberries Water	Goldfish Crackers Pretzels Cheddar Cheese Squares Water	Banana Oat Granola Bar Water	Berry Bowl Water
Lunch	Beef, Rice & Beans Tortillas Fresh Fruit Water	Grilled Cheese Sandwich Apple Sauce Mixed Steamed Veggies Water	Grilled Chicken Jasmine Mixed Steamed Veggies Toast Water	Chicken Taquitos Rice Beans Mixed Steamed Veggies Water	English Muffin Pizza Mixed Steamed Veggies Water
Afternoon Snack	Apple Slices Cheddar Cheese Squares Water	Bagel Strawberry Cream Cheese Water	Apple Cheddar Cheese Slices Water	Baby Carrots Ranch Dressing Water	Apple Slices Peanut Butter Water