

# M E N U

September 04 – September 08, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Spinach & Cheese Omelet Whole Grain Toast Bananas 2% Milk	Bacon, Egg & Cheese Waffle Sandwich Strawberries 2% Milk	Cereal w/Milk Fresh Berries 2% Milk	Ham Scramble Whole Wheat Toast Fresh Fruit 2% Milk
Morning Snack		Strawberry Yogurt Water	Animal Crackers Apple Slices Water	Cinnamon Toast Blueberries Water	Banana & Blueberry Yogurt Smoothie Water
Lunch		Chicken & Rice Black Beans Tortillas Chips Fresh Fruit Water	Peanut Butter & Jelly Squares Water	Mini Hamburger Slider Air Fried Sweet Potato Fries Apple Sauce Water	Ham & Cheese Quesadilla Fresh Fruit Water
Afternoon Snack		Cheddar Cheese Squares Pretzels Water	Honey Grahams Cream Cheese Water	Baby Carrots Ranch Dressing Water	Cheddar Cheese Squares Apple Slices Water