

M E N U

September 25 – September 29, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal (Cheerios) w/Milk Fresh Strawberries 2% Milk	Scrambled Eggs Whole Wheat Toast Fresh Fruit 2% Milk	Waffles Sausage Fresh Fruit 2% Milk	Hard Boiled Eggs Fresh Fruit Whole Wheat Toast 2% Milk	Pancakes Bacon Fresh Fruit 2% Milk
Morning Snack	Yogurt Fresh Fruit Water	Banana Granola Bar Water	Blueberry Muffin Water	Pineapple Squares Cheddar Cheese Crackers Water	Apple Slices Peanut Butter Water
Lunch	Grilled Ham & Cheese Sandwich Apple Sauce Water	Beef, Rice & Bean Bowl Mixed Steamed Veggies Water	Cheese Quesadilla Apple Sauce Water	Mini Hamburger Slider Air Fried Sweet Potato Fries Mixed Steamed Veggies Water	Pepperoni Pizza Mixed Steamed Veggies Water
Afternoon Snack	Honeydew Melon Ritz Crackers Water	Cucumber Sandwiches Cream Cheese Water	Pretzels & Peanut Butter Water	Berry Crepe Water	Carrots Ranch Dressing Water