

M E N U

September 30 – October 04, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Ham Scrambled Eggs Whole Wheat Toast Fresh Fruit 2% Milk	Cereal w/Milk Fresh Fruit 2% Milk	Waffles Sausage Fresh Fruit 2% Milk	Hard Boiled Eggs Whole Wheat Toast Fresh Fruit 2% Milk	Pancake Sausage on a Stick Fresh Fruit 2% Milk
Morning Snack	Strawberry Yogurt Cheese Stick Water	Mandarin Oranges Pretzels Water	Peanut Butter Apple Sauces Water	Apple Sauce Cheddar Cheese Squares Water	Mini Quesadillas Water
Lunch	Meatballs Mixed Steamed Veggies Apple Sauce Water	Beef Quesadillas Mixed Steamed Veggies Fresh Fruit Water	Bean & Cheese Burrito Mixed Steamed Veggies Fresh Fruit Water	Chicken Fajita Roasted Potatoes & Carrots Water	English Muffin Pizza Mixed Steamed Veggies Fresh Fruit Water
Afternoon Snack	Blueberry Muffin Water	Bagel Bites w/Cream Cheese Water	Beans w/Tortilla Chips Water	Carrots Ranch Dressing Water	Yogurt w/Granola Water